

# POCKET GUIDE

TASMANIA  
AUSTRALIAN  
**ROWING**  
CHAMPIONSHIPS  
23 - 29 MARCH 2026



# Welcome

Welcome to the 2026 Australian Rowing Championships (#ARC26) at the stunning Lake Barrington, a venue steeped in rowing history and host of the 1990 World Rowing Championships. For the week ahead, this iconic course once again becomes the centre of Australian rowing.

We are thrilled to return to Tasmania to celebrate everything that makes our sport special and to welcome clubs, schools, athletes, officials and volunteers from across the country.

To our returning volunteers, welcome back and thank you for your continued support. For those joining us for the first time, we hope this is the beginning of a long connection with one of Australia's most iconic national sporting events.

Throughout the regatta you will see legendary clubs and schools with proud traditions, current members of the Rowsellas, and the next generation of athletes who may one day represent Australia on the world stage — perhaps even at the 2032 Summer Olympics in Brisbane. None of this would be possible without the dedication, knowledge and enthusiasm of our volunteers.

On behalf of Rowing Australia, I would like to sincerely thank the incredible community of volunteers who contribute their time and energy to bring this regatta to life. Sport relies on the passion and generosity of volunteers, and we are deeply grateful for your support.

Your safety and enjoyment throughout the week are important to us. Please take the time to familiarise yourself with the event's health, safety and emergency procedures. If you have any questions or require assistance, a member of the Events Team will be happy to help.

Thank you again for volunteering at the 2026 Australian Rowing Championships. I look forward to seeing you on site as we deliver another outstanding regatta together.

Sarah Cook OLY  
**Chief Executive Officer, Rowing Australia**

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# PART 1

## EVENT

# OVERVIEW

TASMANIA AUSTRALIAN  
**ROWING**  
CHAMPIONSHIPS  
23 – 29 MARCH 2026



## 1. GENERAL EVENT INFORMATION

### 1.1 ARC 2026

The Australian Rowing Championship features a week-long regatta with the nation's best rowers competing in over 100 events. This includes the Australian Open Rowing Championships, Australian Open Schools Rowing Championships and the King's and Queen's Cups Interstate Regatta where athletes from across the country compete to be crowned the best in the country in their respective boat classes.

The ARC is an annual event which is held in different host states annually. In 2026, the ARC will be held at Lake Barrington International Rowing Course in Tasmania. The event has been held previously at the below locations:

- 2025 – Lake Barrington International Rowing Course, TAS
- 2024 – Sydney International Regatta Centre, NSW
- 2023 – Champion Lakes Regatta Centre, WA
- 2022 – Nagambie Lakes Regatta Centre, VIC
- 2021 – Lake Barrington International Rowing Course, TAS
- 2013-2019 – Sydney International Regatta Centre, NSW
- 2012 – West Lakes, SA

Anyone can compete at the ARC; there is no qualification to attend the event. There is a selection element for the Australian Rowing Team linked to some events.

Events on offer are categorised as School, Under 17, Under 19, Under 21, Under 23, Open, Lightweight or Para.

The ARC is a great opportunity for athletes from neighbouring nations to compete at a high level and get some excellent racing experience.

Hong Kong will be joining us for the ARC in 2026, bringing roughly 10 athletes to compete in the event.

A great history of the Australian Rowing Championships is available through the website: [www.rowinghistory-aus.info](http://www.rowinghistory-aus.info)

Detailed historical results are also available through [www.rowingaustralia.com.au/arc](http://www.rowingaustralia.com.au/arc)

## 1.2 Rowing Australia

Rowing Australia is the event organiser of the ARC.

It is Rowing Australia's vision *"To inspire our community to achieve excellence and wellbeing through the sport of rowing."*

The values that support this vision are:

INTEGRITY – Ethically and transparently be accountable and responsible for our sport.

TEAMWORK - Achieve collective success by pulling together all levels of sport in one direction.

RESPECT - Genuinely embrace diversity and invite and value contributions from everyone in our community

COURAGE - Seek and encourage innovative thinking and brave actions to shape our legacy.

The ARC will provide a unique opportunity for the rowing community to race alongside National Training Centre athletes and witness their potential firsthand.

Beyond the racing, an interactive exhibition space will showcase the achievements and stories of young rowers in the community. It will also feature educational resources on technique, nutrition, and training, providing valuable knowledge to help develop the next generation of champions.

## 1.4 Event Site

The 2026 ARC will be held at the Lake Barrington International Rowing Course (LBIRC) in Tasmania. Lake Barrington International Rowing Course, located in Northwest Tasmania is the site of a world-standard rowing course and in 1990 World Rowing Championships was held. Other events include the annual

Tasmanian Independent School's Head of the River rowing regatta and has been the site for several Australian Rowing Championships since 1984.

Since its construction as water storage for the generation of electricity in 1969, Lake Barrington has developed as a focus for water and nature-based recreation in northwest Tasmania. The Lake forms part of the Mersey-Forth run-of-rivers hydro power scheme that comprises seven water storage/lakes and four rivers. The Lake is also a valuable source of drinking water for the Northwest Coast of Tasmania.

Lake Barrington is a popular venue for a variety of activities including rowing, waterskiing, jet-skiing, wakeboarding, kayaking, fishing, camping, picnicking and sightseeing and is recognised as a significant recreational asset as a venue for State, National and International sporting events, particularly rowing, kayaking and water-skiing.

Due to the mix of topography and land tenure surrounding the Lake recreational access to the Lake and its shoreline is restricted to a limited number of sites with the three key sites being the Kentish Park, Lake Barrington Park and the Rowing Course.

The rights and responsibilities for management of the LBIRC rest with Rowing Tasmania in conjunction with Kentish Council and Hydro Tasmania.

## 1.5 Event Dates and Times

### Event dates and hours of operation

Activity	Start	Finish
Pre-event training	Sat 21 March, from 7am	Sun 21 March, 7pm
Volunteer briefing	Sun 22 March, from 2pm	Sun 22 March, to 3pm
Event (competition)	Mon 23 March, from 8am	Sun 29 March, by 4.30pm

## On-water training

### Competitor training

**Training on the course during competition days** shall be from 7:00am (daylight permitting) until 15 minutes prior to the first race of the day, and from approximately 15 minutes after completion of the last race of the day. Outgoing pontoons will be closed at 6:20pm with all crews to be off the water, by 7:00pm. Training bow numbers will not be handed out past 6.20pm and all crews must be off the water by 7:00pm

### Training during racing

On-water rescue services (water safety) will be on the water at all training and competition times.

Training will be permitted at all times, with a training bow number that can be collected from Athlete Services (limited available), around the perimeter of the competition lake, as per the published maps.

## Gate opening/closing times on competition days

### Opening times

Gates open at 6am for competitors

Gates open at 7am for spectators

### Closing times

Gates close to spectators ½ hour after the last race

Gates close to athletes and accredited personnel at 7:00pm

Venue must be vacated by all athletes and accredited personnel by 7:30pm

The start time for racing will be 8am each day with racing finishing approximately 5.30pm. Race numbers and start & finish times are subject to change following the close of entries. Coaches and athletes should be instructed to check draws and current schedules available online and at the venue.

For the final race schedule, go to [Rowing Australia Regattas](#)

### 1.6 Event Schedule

The following table details the 2026 ARC competition event and race summary.

Event	Mon 23 Mar	Tues 24 Mar	Wed 25 Mar	Thurs 26 Mar	Fri 27 Mar	Sat 28 Mar	Sun 29 Mar
<b>Australian Open Rowing Championships</b>							
Heats	X	X	X	X	X	X	
Repechages		X	X	X	X	X	
Semi-Finals			X		X	X	
Finals				X	X	X	X
<b>Australian Open Schools Rowing Championships</b>							
Heats				X	X		
Repechages					X	X	
Semi-Finals						X	
Finals							X
<b>Australian Rowing Championships - Sprints</b>							
						X	
<b>King's and Queen's Cups Interstate Regatta</b>							
							X

## 1.7 Off-Water Event Series

All events can be viewed and booked through

<https://rowingaustralia.com.au/arc-club-competitor-info>

Function	Date & Time	Location	Description
<b>Opening Ceremony</b>	Monday, March 23 Lunchbreak	Spectator Zone	Winning state and territories return their King's and Queen's Cup Regatta trophies as championships gets underway. Stick around for a quick Q&A diving into each state and territories preparations for the 2026 King's and Queen's Cups

			Regatta. This event will happen around the lunch break on Monday in the Spectator zone.
<b>Lunchtime Learnings</b>	Wednesday March 25, Thursday March 26 & Saturday March 28 Lunchbreaks	Athlete Lounge, Reeconian Centre	During the lunchbreaks, we will be presenting sessions on various topics of interest including How to row the Quad fast, Female high-Performance Coaching and Beach Sprints.
<b>Learn &amp; Load</b>	Wednesday March 25 – 5:30pm- 7:00pm	Rotunda	On Wednesday March 25 at 5:30pm however this may adjust in line with racing schedule. Presented by Rowing Australia this is an opportunity for young rowers to learn from Australia's top performance athletes while they carb load with a free pasta dinner! It will be held outside the Rotunda, at LBIRC.
<b>“Women in Sport” Breakfast</b>	Friday March 27 10:00am- 11:00am	RA Hospitality Lounge	Featuring a panel discussion celebrating the amazing achievements of women in sport. The panel will be hosted by Sarah Cook, CEO of Rowing Australia, and features Christine MacLaren, National Para-Rowing Lead Coach , Caroline Pijpers Coach at Canberra Girls Grammer as well as female NTC athletes.

<b>Row Nation Erg Relay</b>	Friday March 27 Lunchbreak	Spectator Zone	As seen at the Golden Oar Regatta, participants register interest to compete in the RowNation Erg Relay alongside a school teammate and two Rowsellas in a 4 x 500m challenge, with prizes to be won.
<b>Henley Royal Regatta Info Session</b>	Friday March 27 2pm-4pm	RA Hospitality Lounge	A session for schools and clubs to learn about entering the Henley Royal Regatta. This session is designed for clubs and schools considering competing at Henley Royal Regatta in 2026 or in future years. The Stewards will provide practical guidance on the entry process, qualification pathways, key timelines, and what to expect when racing at the Regatta.
<b>The Inaugural ARC Social</b>	Friday March 27, 6:00pm- 10:00pm	The Bridge Hotel, Forth	Kick back and enjoy a relaxed Friday night at the iconic The Bridge Hotel in Forth. The bar will be open from 6:00pm until late, with live music from 8:00pm–10:00pm and food available throughout the evening. This is a casual Tassie Welcome hosted by the Pub for the rowing community; a chance for parents, families, friends and over-18 competitors to

			come together, meet new people, and celebrate the ARC week in great company.
<b>Tastes of Tasmania</b>	Saturday March 28 & Sunday March 29 11am-4pm	Regatta Bar	Showcasing local food and beverages, this event gives spectators a chance to taste local produce and purchase to take home. There will be a selection of wines, distilleries and food products all from Tasmania.
<b>VIP Hospitality Function [Invitation Only]</b>	Sunday March 29 12:00pm-4:00pm (room open from 10:00am)	RA Hospitality Lounge	Guests and VIPs attending the Rowing Australia VIP Hospitality Lounge are provided with a complimentary event accreditation as well as food and beverages.
<b>Volunteer Thank You Function</b>	Sunday March 29 5:00pm	Rotunda	Join us in celebration following the last race of the event. Our volunteers are imperative to our operation, and we would like to take a moment to say Thank you and celebrate the conclusion of the event as a team.

### 1.8 Regatta Village

The Australia Rowing Championships welcomes several traders into the Regatta Village and Boat builder area.

Traders in the Regatta Village include:

- **776BC** - Event Sponsor supplying a range of technical apparel
- **Bont** – Rowing shoes and RP3 erg supplier

- **Golden Oar** – Promotion of the Golden Oar Regatta
- **Herbal Sisters** - a shared passion between two sisters for the natural world and its healing potential. Every product is handcrafted with care, combining age old wisdom with modern understanding to bring you the best of nature's remedies.
- **Kentish Council** – Local council showcasing local products and tourism options
- **Pontoon Sports** – Rowing and Sports Apparel
- **The Regatta Shop** – Official Event Merchandiser
- **Row Nation** - Indoor Rowing Activation
- **Rowing Crew Co** - Supporter-focused rowing merchandise, lifestyle apparel and activewear, including hoodies, t-shirts, singlets, caps, socks, tote bags and water bottles.
- **Study and Play USA** - Study & Play USA will be advertising services in assisting Australian high school athletes achieve rowing scholarships to the United States College system.
- **Sport Integrity Australia** – National sporting authority
- **Scotch Oakburn College** - Education Institution for Early Learning to Year 12 - Launceston, Tasmania
- **Zhik** - Unisuits (Performance and Fuzed), Spandex Tops, Headwear, Coaching Gear and wet weather gear.

Boat Builders in the Boat Park include:

- **Croker Oars** - Oar repair and servicing
- **Concept2** - Oar repairs - strength erg demo - general oar advice and quotations
- **Perfect Balance Rowing** - Swift rowing boats, Filippi rowing boats, Against rowing shoes, Coxorb electronics, Braca rowing oars, rowing trestles and other rowing accessories
- **Rowfit International Pty Ltd** - Supply and display of rowing spare parts
- **Row Pairs** – Marketing Hudson boats. Offering Rowpairs repair services. Selling small merchandise items for Rowpairs. Selling Hudson spare parts.
- **Rowgear** – Rowing components and equipment
- **Sykes** – Boat repairs and servicing

- **Wintech** – Service of rowing boats and oars and the sale of spare parts for the boats should they be required.

## 2. VENUE ACCESS AND TICKETING

Please refer to maps at the end of this guide.

### 2.1 Venue Address

Lake Barrington International Rowing Course - 512 Staverton Rd,  
Promised Land, TAS 7306

### 2.2 Accreditation

Entry to the ARC event is via a valid accreditation pass or event ticket. Accreditation is issued to all athletes and to approved support staff and coaches. Accreditation is also issued to workforce including staff, volunteers and key contractors and service providers. During the event, Accreditation will be issued from the Accreditation and Event Management Office at the entry of the site.

Staff and volunteer sign in and sign out is taking place at the Event Management Office. Please ensure you sign in when you arrive for your shift and sign out before leaving the site. You will be provided with accreditation when you sign in and you must return to the Event Management Office before concluding your shift.

### 2.3 Car Parking

Car parking for the event is free. Car parking for all workforce including volunteers and contractors will be in P2, P3, P4 and P5. P1 will accommodate accessibility and bus parking. Selected VIPs will have reserved parking for the Sunday event only within P1 and at the front of P2.

- **P1** – VIP, Accessible & Bus Parking
- **P2** – Staff, Volunteers, Traders, Competitors, General Public
- **P3, P4 & P5** – Staff, Volunteers, Competitors, General Public
- **Tasmazia Parking** – Boat Trailers

## 2.4 Transport

### BUSES

Internal around car parking areas

- There will be internal shuttle buses running around the car parking areas on Saturday 28 March 10:00am-6:30pm and Sunday 29 March 9:00am-5:00pm, doing a continuous loop of the car parks.
- If there are elderly, frail or people with special needs who require assistance between car parks, there is a golf buggy and a 12-seater bus available to assist.  
To arrange this, please contact Event Control via radio or phone (**0487 753 163**).

## 2.5 Accessibility Requirements

If an accessible patron needs assistance or is unable to travel from the Main Entrance to the spectator area, please contact Event Control via phone (**0487 753 163**) or radio and they will organise a shuttle to transport the patron.

**Accessible parking:** Accessible parking will be in the P1 car park in marked spaces.

**Accessible toilets:** There are accessible toilet facilities in the below:

- Boat Park Portable Toilet
- Toilet Block behind the Reeconian on Team Tents Hill
- Reeconian Centre
- Davies Bay Lodge

## 2.6 Ticketing

The ARC 2026 is a ticketed event. Tickets are managed by Ticketmaster and can be bought from Ticketmaster agencies via the event website, Ticketmaster website and phone. Tickets will be scanned or torn at the main entrance. For on the day purchase, a box office will be located at the main entrance.

Please note: General Admission allows entry into the event. There are no restrictions on seating with the exception of the VIP area.

Ticket prices can be seen below:

Category	Date	Price
General Admission (per day)	Monday 23 - Wednesday 25 March	\$29
General Admission (per day)	Thursday 26 – Saturday 28 March	\$42
General Admission (per day)	Sunday 29 March	\$55
Family Passes	Monday 23 - Wednesday 25 March	\$64/day
Family Passes	Thursday 26 – Saturday 28 March	\$92/day
Family Passes	Sunday 29 March	\$121/day
General Admission (weekend pass)	Saturday 28 – Sunday 29 March	\$82
Season Passes	GA Weekly Pass	\$229
Season Passes	Family Weekly Pass	\$480
Season Passes	Family Weekend Pass	\$180
Season Passes	Open Schools Event Pass	\$165
Children 6 & under	Monday 23 - Sunday 29 March	FREE
Car Parking	Monday 23- Sunday 29 March	FREE

## 2.7 Food and Beverages

Food and beverages can be purchased from the public catering food vendors which are located throughout the site. There is no ATM facility on site.

BYO alcohol is not permitted. The Regatta Bar will be located on the flat at the 1750 mark and will operate from on Monday 23 March to Sunday 29 March.

The Regatta Bar will operate on the following times:

- Monday 23 March – 12:00pm-4:00pm

- Tuesday 24 March – 12:00pm-4:00pm
- Wednesday 25 March – 11:00am to 6:30pm
- Thursday 26 March – 11:00am to 6:30pm
- Friday 27 March– 11:00am to 6:30pm
- Saturday 28 March – 11:00am to 6:30pm
- Sunday 29 March – 11:00am to 4:30pm

## 2.8 Key Locations on Venue

- **ADMINISTRATION** - Athlete Services is located in the Reeconian's Centre (GRID I6)
- **ATHLETE WARM UP** – Kentish Boat Shed (GRID L6)
- **ATHLETE WEIGHING** – Sam La Compte Boat Shed (GRID J6)
- **BOAT BUILDERS** - Located in the grass between the entrance and the Kentish Shed. (GRID M6)
- **BOAT RACKS** - Located on the grass, north of the 1750 mark. (GRID M5-P5)
- **BOAT WEIGHING** - Located in a temporary structure outside of the Kentish Boat Shed. (GRID L6)
- **BOW NUMBERS** - Bow numbers are available from the Southern end of the Reeconian Centre. (GRID I6)
- **EVENT CONTROL** - Located in Davies Bay Lodge and is responsible for monitoring all radio communication on CH 1 & 2. If unattainable by radio communication, phone **0487 753 163**. All First Aid and other incidents are to be reported to event control who will then communicate the information on to the relevant personnel. (GRID B2)
- **EVENT MANAGEMENT OFFICE** - Located at the main entrance. This is where accreditation can be collected and where all contractors and workforce sign in. Role specific equipment and radios are also collected here. (GRID N6)
- **FIRST AID** - Located near the Kentish Boat Shed and in Davies Bay Lodge. (GRID L6 + B2)
- **LOST AND FOUND** - All lost and found property must be registered at the Reeconian's Centre during bump in and out, and at the **Event Management Office** (near main entry) during the event. (GRID N6) Please direct all persons to these locations for

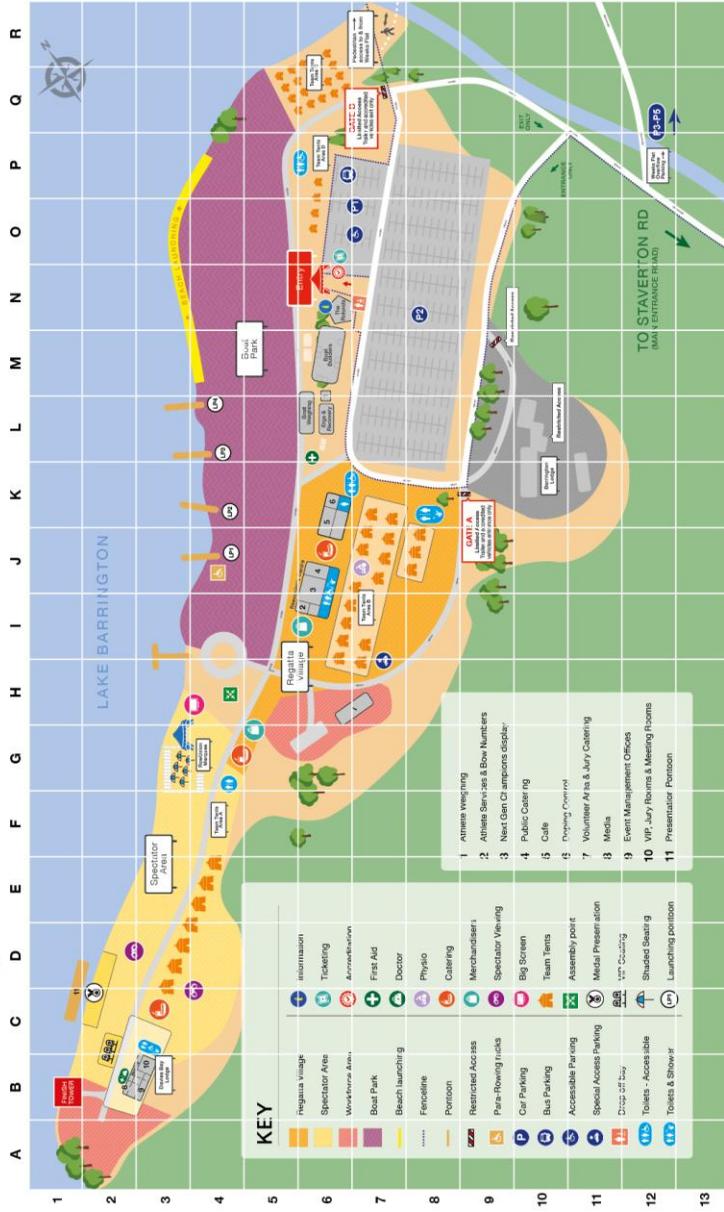
reclaiming of property. Unclaimed items will be turned over to venue management at the conclusion of bump-out.

- **LOST PERSON** - If any child or person that is missing or lost should be reported as soon as possible, to Event Control via radio or phone (**0487 753 163**) if you do not have a radio). Obtain as much information as you can, e.g. name, gender, appearance, clothes and last seen location. The location for all lost persons to be reunited is at the Information Tent at the entry of the Spectator Zone. Once a person has found/reunited please inform Event Control immediately. (GRID N6)
- **MERCHANDISE** - Located in the spectator zone to the South of the Reeconian's Centre, in the Regatta Village (GRID E-G4)
- **OFFICIAL MERCHANDISE** - Official Australian Rowing Championships merchandise is located in The Regatta Shop marquee on the in the spectator Zone. (GRID F4)
- **PAY PHONE** - No pay phones are available on site
- **PHYSIOTHERAPY** – Provided by PhysioTas and located in Team Tents Area A on the flat behind the Reeconian Centre. (GRID J7)
- **SECURITY** - Security will be provided by Eagle Security and RSA personnel for the event.
- **TASTES OF TASMANIA** – Located in the Regatta Bar area on Saturday 28 and Sunday 29 March (GRID F-G3)
- **TEAM TENTS** - Located behind the Reeconian's Centre, or in the Boat Park. Only team tents with marked and allocated sites are allowed to be erected. Enquiries about locating a prebooked tent site or purchasing a tent site should be directed to the Event Management Office.
- **TOILETS** - Located in various locations around the venue. Please be considerate of others and **DO NOT SMOKE** in these toilets.
  - Temporary Toilets on the Northern end of the site near the Boat Park (GRID P5)
  - Permanent Toilets at the Sam Le Compte Building (GRID K6)
  - Permanent Toilet block on the Team Tents hill behind the Reeconian's Centre (GRID K8)
  - Permanent Toilets in the Reeconian Centre (GRID I6)
  - Temporary Toilet block near the Regatta Bar in the spectator zone (GRID G4)

- Permanent Toilet in Davies Bay Lodge (GRID C3)
- **VIP** - The Rowing Australia VIP Function will operate from the RA Hospitality Lounge on Sunday 29 March only (GRID C3)



# VENUE - OVERVIEW



### 3. OPERATIONAL GUIDELINES

*All athletes and competitors are encouraged to follow safe health practices, including washing hands regularly and wearing footwear at all times when not competing. Any serious health issues including sickness should be reported to the Medical Centre behind the Finish Tower.*

#### 3.1 Working On Site

Volunteers should attend the volunteer briefing to ensure all important information is covered. Your coordinator will also brief you daily and you should always follow the directions from your coordinator and all RA staff. They will be recognisable by their navy blue T-shirts.

- Please make yourself familiar with the location of all entry, service and emergency gates on site, and refer to the correct name and/or number, particularly in the case of an emergency. Please, where possible, use coordinates reference in the site map.
- Please use your initiative and pick up any litter while walking through the venue. Advise staff in the Event Management Office if bins are full and need replacing or if toilets are not clean and/or needing supplies. Latex gloves will be available in the Event Management Office. If any areas require cleaning or restocking, please contact Event Control via radio or phone **(0487 753 163)**
- The sale of any goods, or collections by charities other than those authorised by ARC Management is not permitted within the event precinct.

Please report any of the above occurrences or suspicious behaviour immediately to the Event Management Office or via radio to Event Control. If the subject matter to be reported is of a sensitive nature,

please request that the Site Manager comes to you rather than broadcasting the details via radio or calling them on a mobile phone.

### 3.2 Occupational Health & Safety (Work Health and Safety)

Please observe all WH&S standards and TAS WorkSafe guidelines including:

- **all volunteers and staff have to wear covered footwear when on shift.**
- only operate equipment or machinery if you are authorised and properly trained/licensed to do so,

Rowing Australia and LBIRC promote a smoke free workplace. ARC 2026 is also supporting the 'Smoke Free Event' and 'SunSmart' principles. If you absolutely must smoke, please find a place out of public view in one of the designated smoking areas.

Due diligence and 'duty of care' requires everyone involved to be committed to carry out their legal duties, assess the risks and hazards within the site on an on-going basis and take all reasonable precautions with respect to those risks to prevent harm.

Hazards are anything with the potential to harm you, property or the environment. Hazards arise from the working environment, use of equipment and substances, poor work design, systems or procedures and behaviour. Controlling the risk from hazards reduces injuries. If you identify any risks or hazards, please inform the Event Management Office immediately.

Manual handling includes lifting, lowering, pushing, pulling, carrying, holding or restraining objects. Use mechanical aids if possible. Never move anything that is too heavy or awkward for you. Use correct lifting techniques.

### 3.3 Important Phone Numbers

ARC Event Management understands it is sometimes difficult to contact a staff member. Please consider the following:

- Always leave a message, including date, time and nature of your call
- Send a SMS outlining your enquiry and stating your name
- If you are unable to reach a specific staff member, please contact the Volunteer Coordinator so we can follow up for you.
- If you are in doubt about who is the best contact, please call the Volunteer Coordinator who will be able to advise.

#### **ARC Management – On Site (from Monday 16 March 2026)**

<b>ROLE</b>	<b>CONTACT NO.</b>
<b>Site Manager</b>	<b>0415 784 498 / 0452 272 977</b>
<b>Event Control</b>	<b>0487 753 163</b>
Emergency/Medical (event period)	0434 559 951
<b>Volunteer Coordinator</b>	0437 099 721
LBIRC Venue Management	0417 141 346

All staff and volunteers will be issued a list of key ARC phone numbers.

### 3.4 Lost and Found

All lost and found property must be registered at the Reeconian’s Centre during bump in and out, and at the Event Management Office during the event.

Please direct all persons to these locations for reclaiming of property.

Unclaimed items will be turned over to venue management at the conclusion of bump-out.

### 3.5 Lost person

If any child or person that is missing or lost should be reported as soon as possible, to Event Control via radio or phone (**0487 753 163**) if you do not have a radio). Obtain as much information as you can, e.g. name, gender, appearance, clothes and last seen location. The location for all lost persons to be reunited is at the Event Information Tent at the entry of the Spectator Zone (Ref: H5). Once a person has found/reunited please inform Event Control immediately.

### 3.6 Emergency and Incident Response Procedures

Although it is difficult to outline procedures that take into account every possible scenario this section aims to provide directions to assist in the event of an emergency or unexpected incident. First Aid will be provided throughout the whole event, including bump-in and bump-out.

**During the event it is important that you do not call 000 unless specifically requested to do so by the Site Manager, Event Control, First Aid or Security.** If a member of the public has advised you that they have contacted 000, please advise Event Control immediately.

Please be aware that you may be asked to assist by meeting an Ambulance or other Emergency Services vehicle at a designated Emergency Access Gate and to guide them to a specific location so please familiarise yourself with key locations using the map provided.

#### **Types of Emergencies**

Most incidents/emergencies that occur on site at ARC are first aid, missing people, weather or security related. Some examples of an incident or emergency could be:

The first response to the above emergencies is always the same:

- Contact Event Control by radio or phone

- Provide details of the incident including the type, urgency and location

These actions are the most important part of dealing with any emergency as, once this information has been reported to Event Control, the ARC Management Team will respond in accordance with the ARC Emergency Response Plan and will organise the necessary assistance and guidance to deal with the incident.

### Handling Emergencies

Discovered by staff member:	Discovered by others
<ul style="list-style-type: none"> <li>• EVACUATE – move persons away from any immediate danger</li> <li>• ISOLATE – Deploy staff to prevent persons entering dangerous area</li> <li>• COMMUNICATE – Inform your supervisor / Event Control on radio or phone (<b>0487 753 163</b>)</li> </ul>	<ul style="list-style-type: none"> <li>• Stay calm</li> <li>• Wait for Instructions from your supervisor</li> <li>• Stay off radios unless required</li> <li>• Survey area for any potential issues</li> <li>• Report any non-normal situations</li> </ul>

Please record accurate details on the incident and complete an incident report. Following any incident, including medical emergencies, damaged property and lost and found persons, an Incident Report Form must be completed/returned to the Event Management Office.

A person reporting an incident or emergency may also be:

- Asked to provide additional information
- Requested to assist with the incident
- Required to provide a written incident report

Incident Report Forms can be obtained from the Event Management Office (near main entry)

### FIRST AID / INCIDENT RESPONSE

#### EVENT CONTROL

Radio – On all Channels

Phone – **0487 753 163**

Venue on **0417 141 346**

Remain calm and provide the following detail;

- **Your location** - Siting reference to a nearby landmark (i.e. Reeconian's Centre)
- **Exactly what has happened** - (i.e. First Aid required or incident)
- **Details of the injury** (if relevant) and how it happened.
  - **Where possible please gather the following information:**
    - Patients age, gender and any medical history
    - Whether the patient is awake/conscious, breathing and if there is any serious bleeding or chest pain.
    - Details of the injury and how it happened

***Remain on line while Event Control organise a response.***

Closest Hospital is Mersey Community Hospital, Latrobe TAS 7307

**If required evacuate to assembly areas:**

- Land: Adjacent to Power Boat Launching Ramp
- Water 1: Start Line
- Water 2: Wilmot Boat Ramp

### **Fire Extinguishers**

Fire extinguishers and fire hoses will be located in the following areas:

Event Management Office, Kentish Shed, Regatta Bar, Reeconian's Centre, and Davies Bay Lodge.

### **How to use a Fire Extinguisher**

- Pull out safety pin
- Press top handle and aim at the base of the flames
- Sweep side to side, under the flames

## **3.7 Communications and Event Control**

The preferred method of communication on site during ARC will be via radio using multiple radio channels. When the use of a radio is not possible, or inappropriate, mobile phones may be used.

<b>RADIO CHANNEL</b>	<b>TALKGROUP TITLE</b>	<b>FUNCTIONAL GROUPS</b>
Channel 1	Field of Play	Jury/Umpires, On-Water Rescue, On-water Safety, Medical Centre, Ambulance, Athlete First Aid, Marshalls
Channel 2	Event Operations	Boat Park, Spectator Services, Info Booths, Accreditation, Ticketing, Car Parking, Time Keeping
Channel 3	Presentations	BMA, Ceremonies Manager, Ceremonies Volunteers, Commentators
Channel 4	Medical Talk	Talk channel for On-water Rescue, Medical Centre, Ambulance and Athlete First Aid – to ensure medical issues once reported are discussed on a private line
Channel 5	Talk	General discussion channel for all user groups to ensure extended discussions do not hold up operations channels
Separate Network	Rowing Tasmania	Venue Staff, Venue Contractors

### **Radio Networks**

The following two-way radio network talk groups will operate for this the ARC 2026 event:

‘Event Control’ is the designated control point that will monitor all ARC 2026 radio communications and log the details of incidents and emergencies on relevant radio channels. During an incident or emergency situation, the rostered Event Control officer will liaise with the relevant emergency service agency representative/s.

ARC Event Control’s primary purpose is for the provision of safety, emergency and general operational information between the event team, the workforce including staff, volunteers, contractors, security and first aid.

### 3.8 Using a Radio

When issued a radio, it is part of your role to **monitor radio communications** and keep the radio safe (it is recommended that you secure it to your belt and clip the microphone to your collar so that you know where it is and so you can hear important messages).

Ensure your radio is set to the correct channel prior to use and the following protocol should be followed by all users of radios:

- All radios are numbered and must be signed out at the Event Management Office on arrival for the start of a shift or visit and signed back in at the completion of a shift or visit, or at the end of each day, depending on the role and location.
- To communicate, push-to-talk (PTT) and hold to speak. Don't speak immediately, always wait 2-3 seconds then send your message. Release the button to receive.
- Complete a radio check as soon as the radio has been issued to ensure that the radio is functional, turned on, on the correct channel and at a suitable volume.
- Always listen to ensure calls are not missed.
- Keep the radio in a safe place at all times and, where possible, keep out of hearing of the public.
- All operators should listen before talking on the radio to ensure that another transmission is not interrupted.
- Transmissions should be clear, concise and informative. Shouting into the microphone will distort the words.

The term 'Standby' implies to please wait while information is being obtained. The phrase 'All Stations Standby' means do not transmit until ARC Event Control or their delegate gives the all clear.

- All transmissions will be received and heard by others including, on some occasions, members of the public,

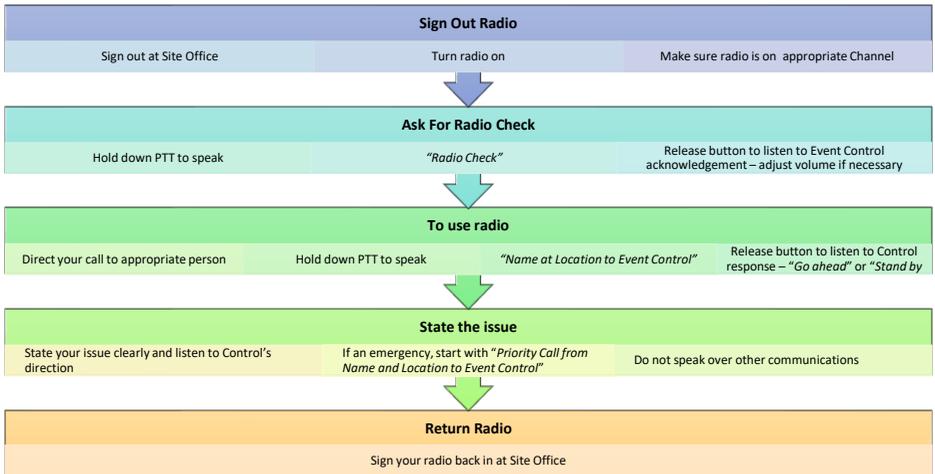
therefore, personal views, inappropriate language and offensive remarks are not tolerated.

- Information of a confidential or sensitive nature should not be discussed over airways. Event Control is to be advised that a personal visit is required or that a phone call is necessary.
- Report any damage or misplaced radios immediately to the Event Management Office.
- All radios will need to be placed in chargers overnight.
- Where your radio fails or you cannot make the call over the radio for other reasons, the Event Control number is **0487 753 163** (this is not for public distribution).
- For missing persons, collect details of name, age, description, last seen location before calling Event Control with the details. Where someone makes a report to you looking for a missing person, wait with the person and remain in the immediate area where the person was last seen. Call through the details of the missing person via radio. After 10 minutes, move with the person to the Information Tent while you await reunion or further action from Event Management.

### **Priority Call**

The words 'Priority Call' should precede any call where an emergency, first aid or safety issue is being reported e.g. 'Event Control this is Gate A, Priority Call, First Aid assistance required'. Once a priority call has been made all other radio users on the channel must refrain from any radio communication until Event Control has confirmed normal radio usage can be resumed.

***Be aware that members of the public may overhear communications***



With over 30,000+ visitors expected to attend the ARC, you will be required to deal with a variety of people of varying nationalities, personalities and disabilities including visitors with;

- Vision Impairments.
- Hearing Impairments.
- Mobility Impairments.
- Intellectual Impairments.
- English as an Additional Language or Dialect.

Please ensure that you;

- Are polite and courteous at all times.
- Are considerate and patient. Take time to try to understand the needs of each individual.
- Offer assistance and ask if assistance is required. If assistance is required of a sensitive nature, contact the Site Manager or Event Control via phone.
- Look directly at the person with whom you are speaking.
- Do not shout.
- Be mindful of your attitude. Do not be condescending or patronising.
- Make instructions clear and concise and avoid complex sentences.

### **Offensive Communication**

Offensive communication is not acceptable. Treating all customers politely and equitably will improve the overall standard of customer service and help remove barriers in communication.

### **Complaints**

All visitor comments, including complaints, criticisms and suggestions are important. If an irate or disgruntled visitor confronts you, subtly steer them away from the main counter/gate to minimise disruption.

- Listen to the person's complaint and ensure you advise them that ARC Management value their feedback.
- Invite the person to complete a Feedback Form that can be located at the Information Tent (map ref. H5) or Event Management Office (map ref. N6). It is preferable for the information to be recorded in their words. The actions of focusing on writing calms the person down and can reduce anger, frustration etc. If the person does not want to write it down, you should document the incident/issue. Attempt to obtain a contact name and address to enable ARC Management to respond.
- If you consider that the incident/issue requires immediate attention report to Event Control or your supervisor.
- Thank the person for taking the time to pass on any information or feedback and advise them that the details will be forwarded to ARC Management.
- Do not physically restrain or touch any visitor.

### **Visitor Feedback**

Regardless of whether the feedback is positive or negative, all feedback is useful to assist ARC Management with developing and improving the delivery of ARC. Please invite visitors to complete a Feedback Form (available at the Information Tent and Event Management Office). Remember to always thank visitors for their feedback, comments and support.

### 3.10 Dealing with the Media

ARC and Rowing Australia have approved protocol that must be followed when dealing with media enquiries.

- No staff/volunteers are to talk to any media
- All media enquiries must be directed to **Nick Jones** (**media@rowingaustralia.com.au**) or via 0467 637 737
- If Nick is unavailable, please contact Event Control.
- Only event accredited media are permitted on site.
- The Media Centre will be located in Davies Bay Lodge

# PART 2

# VOLUNTEER

# ROLES &

# FAQS

TASMANIA  
**AUSTRALIAN  
ROWING**  
CHAMPIONSHIPS  
23 – 29 MARCH 2026



## 1. VOLUNTEER TEAM

Volunteers will assist the event in various roles to ensure the event is running smoothly for competitors and that spectators have a great experience.

We have divided roles into 4 different teams:

### 1.1 Spectator Services Roles

Volunteers will assist with controlling entry and exit points at the event such as checking tickets and accreditation and providing general information and directions to spectators to ensure spectators have a great and safe experience.

If you enjoy engaging with people and providing customer service and making people smile, these roles are for you.

### 1.2 Rowing Related Roles

Volunteers will assist in roles that help us run the competition effectively and ensure competitors have a great experience. Rowing related roles include handing out bow numbers, time keeping, boat holding, presentation and victory pontoon assistance.

If you love rowing, you will enjoy these roles. Knowledge of the sport and competition is beneficial but not essential.

#### **Boat Holder**

The Boat Holder supports fair and orderly boat racing by holding boats and follow instructions of the aligner at the start of each 2000m race.

#### **Boat Park Assistant**

Monitor and control the entry, unloading, storage and exit of boats and boat trailers within the ARC boat park.

### **Bow Number Officer**

Provide and implement a system for the distribution and return of boat bow numbers.

### **Timekeeper**

Ensure accurate timing of races at the specified distances.

Timekeepers work within a small team to time keep as required at the 500m, 1000m, 1500m and race finish.

### **Presentation Assistant**

Assists in the smooth running of medal presentations and presenters and keeping the ceremony area under control.

### **Presentation Tray Holders**

Assists with holding the trays of medals on the presentation pontoon at victory ceremonies and ensures the correct medals are handed to the appropriate athletes.

### **Victory Pontoon Assistant**

Assists with boat holding at victory ceremonies and ensures smooth rotation of boats approaching and leaving the victory pontoon area.

## **1.3 Operational Roles**

Volunteers will assist in roles that support a smooth running of the competition and related services. This includes roles such as media assistance, event management office assistance, driver, Boat Park Assistance, Runner and coordinating printing and distributing information.

### **Event Management Office Runner/all-rounder**

The Event Management Office Runner/All-rounder assists operations by driving a minivan and transporting people as required. They will also assist with general admin and runner tasks.

### **Event Management Office Assistant**

Assists the Event Management Office and is the first point of contact for Volunteers and Service Providers.

### **Catering Assistant**

Assists the Catering Manager and helps organise the breakfasts and lunches for the event.

### **Drone Spotter**

Assist the livestream team by keeping the drone insight.

### **Print and Distribution Assistant & Runner**

This role will cover both print and distribution as well as general Runner duties. Print & Distribution duties will be required before and after racing, the Runner role will be required during racing (depending on the race schedule but between 8am and 5pm).

## **1.4 Specialised Roles**

There are a number of specialised roles that are undertaken by staff, contractors and volunteers which require specific qualifications and/or experience. These include:

- Technical Tower Staff
- Boat Driver
- Athlete Services and Administration
- Commentators
- Officials

### **Project Team Coordinators**

Coordinators are responsible for the co-ordination of their specific area. This includes liaising with event officials, other coordinators and supervising a team of volunteers for their specific area to ensure a smooth running of the competition and event.

## **2. FREQUENTLY ASKED QUESTIONS.**

We have prepared an FAQ section with the most common questions. If you have more questions, please get in touch with the

Volunteer Team on 0437 099 721 or [volunteers@rowingaustralia.com.au](mailto:volunteers@rowingaustralia.com.au). We are here to help.

## 2.1 Questions

### **My friend/family member and I would like to volunteer together, can we?**

Please select your shifts through the online system together. If you have difficulties with this, please contact the volunteer team.

### **Will I need to complete a Working with Children check?**

A valid Tasmanian Working with Children Check (or interstate equivalent) will be required for some volunteer roles. Volunteers in these roles will be contacted with further information.

### **Do I need to complete the Sport Integrity Safe-guarding Children and National Integrity Framework Training?**

Rowing Australia takes integrity seriously and we strive for all rowing events to be safe, fair, and inclusive. When volunteering to assist at a Rowing Australia event, we require all volunteers to complete the 'Safeguarding Children and Young People in Sport Induction' and "National Integrity Framework' courses. This course is free and has been developed by Sport Integrity Australia (SIA). This education is available as an eLearning course which can be accessed on the SIA website by registering for an account at [SIA eLearning](https://elearning.sportintegrity.gov.au/login/index.php) -

<https://elearning.sportintegrity.gov.au/login/index.php> and is a short course to complete.

### **Do I have to wear my ARC volunteer uniform?**

Yes, the volunteer uniform (t-shirt and cap) is required to be worn for the duration of each shift. Enclosed shoes must be worn. Long Socks and Long pants are also recommended where possible.

### **Can I watch the competition for free if I volunteer?**

Yes, volunteers are welcome to come early or stay after their shift to spectate. For example, if your shift is in the morning, you may stay for the remainder of the day at no cost.

### **Are volunteers covered by insurance?**

Yes, Rowing Australia provides Voluntary Workers Accident Insurance cover for volunteers assisting with the event.

### **What qualifications and experience do I need?**

Volunteers come from a range of backgrounds and age groups and are united by a love of the outdoors, enjoy interacting with people, have an interest in rowing and sport, and an eagerness to learn and be a part of the event Team. All applications will be considered.

### **What training will I need to do?**

To ensure volunteers have the necessary skills and information to perform their assigned roles effectively, an onsite briefing will take place on Sunday 22 March at 2pm onsite. The training will include information about the event, roles and operational requirements.

A brief onsite induction will be conducted at the start of each shift with your project team leader. Event information will also be available in digital format.

### **I have volunteered before; do I still need to do the training?**

Yes, training is compulsory for all volunteers. Each event is different in experiences, expectations, processes, and procedures. It is important for the entire event workforce, including volunteers, staff and contractors, to be appropriately informed to be able to perform their allocated tasks and responsibilities, and to understand all current emergency procedures.

### **What will I be given to enable me to perform my role?**

You will be provided with a volunteer uniform, an accreditation pass, a printed manual as well as briefing sessions and cheat sheets where relevant.

You are required to wear your uniform and accreditation pass at all times for the duration of your shift. You will also be provided with onsite support during the event to enable you to perform your role with confidence and to the best of your ability.

You will be provided with any equipment required to perform your role effectively. If you feel like you are missing any information, please contact the volunteer team.

### **What if I need to cancel?**

If you need to cancel at any time after you have registered, you will need to notify the Volunteer Coordinator as soon as possible to enable a replacement to be organised. Please call 0437 099 721.

### **Can I take a break during my shift?**

Yes, you are not expected to do the whole shift without a break. Volunteers will be given reasonable breaks when needed.

Your supervisor on the day will discuss breaks with you at the start of your shift. Please communicate with your supervisor if you have any specific requirements or require additional breaks.

### **I've changed my address/phone/name, what should I do?**

You can update your details in the volunteer portal at any time. Alternatively, send your change of details to us as soon as possible, by email to [volunteers@rowingaustralia.com.au](mailto:volunteers@rowingaustralia.com.au).

### **HELP, my question wasn't answered here!**

It's OK, we're here to help with any other questions that you might have.

Please send your question by email to [volunteers@rowingaustralia.com.au](mailto:volunteers@rowingaustralia.com.au), or contact the Volunteer Team directly on 0437 099 721.

# PART 3

# CONTACT

AUSTRALIAN  
**ROWING**  
CHAMPIONSHIPS



## 1. CONTACT CHANNELS

### 1.1 Website

- The event website is <https://rowingaustralia.com.au/arc>
- The program is free to download online via the website.
- Daily Draws can be found on the event website:  
Club and Competitor Information > Daily Draws
- Daily results sheets and a link to live results can be found on the event website: Club and Competitor Information > Results > ARC Results – 2026

### 1.2 Social Media

To interact on social media during the event please use the following channels and hashtags:

- YouTube  
Rowing Australia will be posting video content via its YouTube channel ([www.youtube.com/RowingAustraliaOfficial](http://www.youtube.com/RowingAustraliaOfficial)).
- Live Streaming (Broadcast)  
Rowing Australia will be live-streaming racing the entire week via the Rowing Australia YouTube page
- Facebook  
The RA Facebook page will provide updates and imagery which is [www.facebook.com/RowingAustralia](http://www.facebook.com/RowingAustralia)  
We encourage you to tag Rowing Australia in your posts and use the hashtags: #ARC26 #DiscoverTasmania
- Instagram  
The Rowing Australia Instagram account will post images throughout the event. You can follow the Instagram account @RowingAustralia and we encourage you to tag RA in your Instagram posts, along with the hashtags #ARC26 #DiscoverTasmania

○ Twitter

We'd love to see your behind-the-scenes photos from the event. Snap and share your pics by tagging @RowingAust  
#ARC26  
#volunteer  
#teamwork  
#DiscoverTasmania

## 2. COMPLAINTS

Regardless of whether the feedback is positive or negative, all feedback is useful to assist ARC Management with developing and improving the delivery of ARC. Please invite visitors to complete a Feedback Form that can be located at the Information Tent (map ref. N6). Remember to always thank visitors for their feedback, comments and support

As an alternative, feedback can be directed to  
[info@rowingaustralia.com.au](mailto:info@rowingaustralia.com.au)

## 3. ROWING AUSTRALIA CONTACT DETAILS

*\*outside event times*

Rowing Australia

Telephone: 02 6100 1115

Email: [info@rowingaustralia.com.au](mailto:info@rowingaustralia.com.au)

Website: [rowingaustralia.com.au/arc](http://rowingaustralia.com.au/arc)

### **Postal Address**

Rowing Australia  
PO Box 7147  
Yarralumla ACT 2600

### **ARC 2026 Address:**

Lake Barrington International Rowing Course  
512 Staverton Rd  
Promised Land, TAS 7306

# PART 4

# TERMS &

# CONDITIONS

AUSTRALIAN  
**ROWING**  
CHAMPIONSHIPS



## 1. ARC 2026 CONDITIONS OF ENTRY

Any person who enters this venue agrees to be bound by the following conditions:

1. Rowing Australia Limited ("RA") management reserves the right to refuse entry.
2. Patrons are admitted into the venue at their own risk.
3. RA will not be held responsible for any damages to, loss or theft of a patron's personal property.
4. Alcoholic beverages may not be taken into or from the venue. Smoking is only permitted in the designated smoking areas.
5. Patrons must not have in their possession at the venue any item that has the potential to cause injury or public nuisance, nor any other item deemed unsuitable by RA.
6. Patrons causing a disturbance or refusing to comply with requests from RA staff or their representatives may be evicted from the venue.
7. Dogs must be on a leash.
8. Drones are not permitted at the event.
9. Patrons are bound by the rules and policies of RA, which are available at [www.rowingaustralia.com.au](http://www.rowingaustralia.com.au)
10. Patrons must comply with the Ticketmaster Purchase Policy, which is available at [www.ticketmaster.com.au/h/purchase.html](http://www.ticketmaster.com.au/h/purchase.html)

## 2. LAKE BARRINGTON VENUE CONDITIONS OF ENTRY

### *Temporary Conditions of Entry*

Rowing Tasmania is committed to providing a safe, healthy, and enjoyable environment for all patrons and staff.

In support of this, entry into a Rowing Tasmania venue is subject to specific conditions. As part of a staged response in returning to normal business operations, additional conditions must be applied to ensure we:

- Deliver programs, activities, and services which comply with current Government restrictions

This policy applies to any person entering a Rowing Tasmania self-managed venue.

### **Conditions of Entry:**

- may vary according to the types of programs, activities, and services
- are subject to the requirements of Rowing Tasmania Management and Government direction
- must be read in conjunction with the conditions of sale appearing on the terms and conditions of your membership or booking.

The Standard Conditions of Entry will remain in force and be applied in conjunction with the following current government restrictions. Importantly, please note the following

### **Venue regulations**

The purpose of these Regulations is to:

1. Prevent any damage to the **Lake Barrington** International Rowing Centre ("Venue");
2. Protect visitors from suffering any physical injury or harassment while at the Venue; and
3. Notify of risks in engaging in recreational activities at the Venue.

The co-operation of all visitors is sought to preserve and protect the Venue for the enjoyment of all. The following is a list of activities that are prohibited at the Venue.

**IF ANY VISITOR CARRIES OUT ANY OF THE LISTED PROHIBITED ACTIVITIES, THEY WILL BE ASKED TO LEAVE THE VENUE IMMEDIATELY AND MAY BE REPORTED TO TASMANIA POLICE.**

**Within the Venue, the following activities are strictly prohibited:**

- Use of indecent, obscene, insulting, or threatening language or images;
- Being intoxicated;
- Being in possession of or under the influence of illicit drugs;
- Behaving in an offensive or indecent manner;
- Smoking and e-cigarettes (except where designated smoking areas are provided)
- Failing to comply with a reasonable request or direction from a Venue authorised person;
- Depositing any domestic or industrial waste;
- Leaving any litter except in the litter receptacles provided;
- Polluting any waterways;
- To drive, ride or park any vehicle including motor vehicles or bicycles on any grassed or landscaped area
- unless so directed by a Venue authorised person;
- To drive or park on any pathways without prior approval from a Venue authorised person;
- To drive, ride, park or act in a manner contrary to any signs;
- Abandoning any vehicle;
- To damage, destroy or remove any grassed area, tree, plant, or other vegetation;
- To dig any soil or deface any rocks;
- To damage, destroy or remove any building, structure, or equipment;
- To capture, annoy, injure, kill or otherwise interfere with any animal including wildlife;
- Interfering in any way with any habitat;
- Causing a nuisance through the use of radios, music players, or any other broadcasting equipment;

- Protesting and exhibiting protest banners that are offensive to other users;
- To play or practice golf, archery, or any activity that might be hazardous to others;
- Lighting a fire or using barbeque heat beads (N.B.: The use of portable gas cooking equipment is acceptable);
- Discharging fireworks unless authorised to do so for a recognised event;
- To carry, discharge, or otherwise have within one's possession or control any firearm or any other weapon including knives;
- Camping or residing within the Venue other than regattas or designated events.
- Throwing rocks into the lakes;
- Entering areas that are fenced off, locked, or closed to the public or designated 'authorised personnel' areas;
- Obstructing an authorised person from performing his/her duties;
- Riding a skateboard or recreational motorised scooter anywhere within the Venue; or

**Activities that are prohibited without the Venue's permission**

In addition, the following activities are strictly prohibited within the Venue without prior written permission from Venue Management:

- The collection of money;
- The sale or hire of any goods or services;
- Conducting amusements, entertainment, venue tours, personal training or performances;
- Participation in, or organisation of, any protest, march, demonstration, or public meeting;
- The display or distribution of any advertising or political material;
- Commercial filming (whether cinematic or video) or photography;

- The erection of any structures such as marquees, awnings, etc. without the permission of the Venue.
- To erect, place or affix any banners or signage within the Venue or on any Venue infrastructure;
- The use of any public address system including a hand-held megaphone;
- Bringing any animals, other than assistance animals/dogs, on to the site;
- The operation of motorised DRONES, model aircraft, boats or cars; and
- Conducting any kind of survey of visitors to the Venue.

#### **Attention dog owners.**

Dogs are only permitted in the Venue if the following conditions are satisfied at all times:

- Dogs must be on a leash;
- Dogs must be kept under control;
- Dogs are prohibited from wading or swimming in the lakes;
- Dog owners must collect their dog's faeces and deposit them in the receptacles provided;
- Dogs are not permitted within the café areas and all buildings, assistance dogs are exempt.

#### **Speed limits**

- The speed limit for all motor vehicles and cyclists is 20 KPH.

#### **Motorists**

Motor vehicles at the Venue:

- Must remain on sealed roads, apart from designated camping areas and be driven in accordance with all signs;
- Must be parked in designated parking areas in accordance with signs, not on any other areas including any grassed areas, unless directed by a Venue authorised person; and

## **Cyclists**

All cyclists must:

- Wear a helmet;
- Not hang on to any motor vehicle to be towed or pushed.

## **Risk warning to all visitors**

- Visitors participate in recreational activities at the Venue at their own risk.
- LBIRC has unfenced access to the Lakes as well as roads that at times are used by vehicles. Parents are required to supervise children at all times.

### 3. ARC EVENT PARTNERS

THANK YOU TO ALL  
2026 ARC PARTNERS, SUPPLIERS  
AND SUPPORTERS

HOSTED BY



STRATEGIC SPONSOR



PRINCIPAL PARTNER



MAJOR PARTNER



OFFICIAL PARTNERS



EVENT PARTNERS



# PART 5

# FORMS &

# MAPS

AUSTRALIAN  
**ROWING**  
CHAMPIONSHIPS



# 1. Incident Report Form

## INCIDENT/ACCIDENT CATEGORY (mark as appropriate)

<input type="checkbox"/> Missing Person	<input type="checkbox"/> First Aid	<input type="checkbox"/> Bomb Threat
<input type="checkbox"/> Noise Complaint	<input type="checkbox"/> Fire	<input type="checkbox"/> Suspicious Person/Item
<input type="checkbox"/> Crowd Incident	<input type="checkbox"/> Emergency Evacuation	<input type="checkbox"/> Intoxication
<input type="checkbox"/> Theft/Robbery	<input type="checkbox"/> Emergency Services required	<input type="checkbox"/> Unauthorised Activities
<input type="checkbox"/> Damage – Accidental	<input type="checkbox"/> Slip/Trip/Fall Incident	<input type="checkbox"/> Hazard Identified
<input type="checkbox"/> Damage – Malicious/Criminal	<input type="checkbox"/> Other (please specify) _____	

## DETAILS OF INCIDENT/ACCIDENT

Date:		Location:
Time:		
Reported by:	Name:  Telephone No:	Address:
Description of Incident/Accident (continue over page if required): _____ _____ _____ _____ _____		

## DETAILS OF THEFT/DAMAGE/OTHER

Were Police called? <input type="checkbox"/> Yes <input type="checkbox"/> No	Did they attend? <input type="checkbox"/> Yes <input type="checkbox"/> No
Name of Police Officer:	
Contact Station:	Telephone No:
Details of Theft/Damage (continue over page if required): _____	

### DETAILS OF PERSON INVOLVED/INJURED

Person involved:	Name:	Address:
	Telephone No:	

### DETAILS OF INJURIES & TREATMENT

Was First Aid required?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Name of First Aid Officer:
Was an Ambulance requested?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Did the person go to Hospital? <input type="checkbox"/> Yes <input type="checkbox"/> No
Name of Hospital:		
Details of Treatment (continue below if required): _____ _____ _____		

### DETAILS OF ANY WITNESS OR OTHER PERSON INVOLVED

Name:	Telephone No:
Name:	Telephone No:
Name:	Telephone No:

### ADDITIONAL/OTHER INFORMATION

_____ _____ _____ _____ _____ _____
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## 2. Rowing Terminology

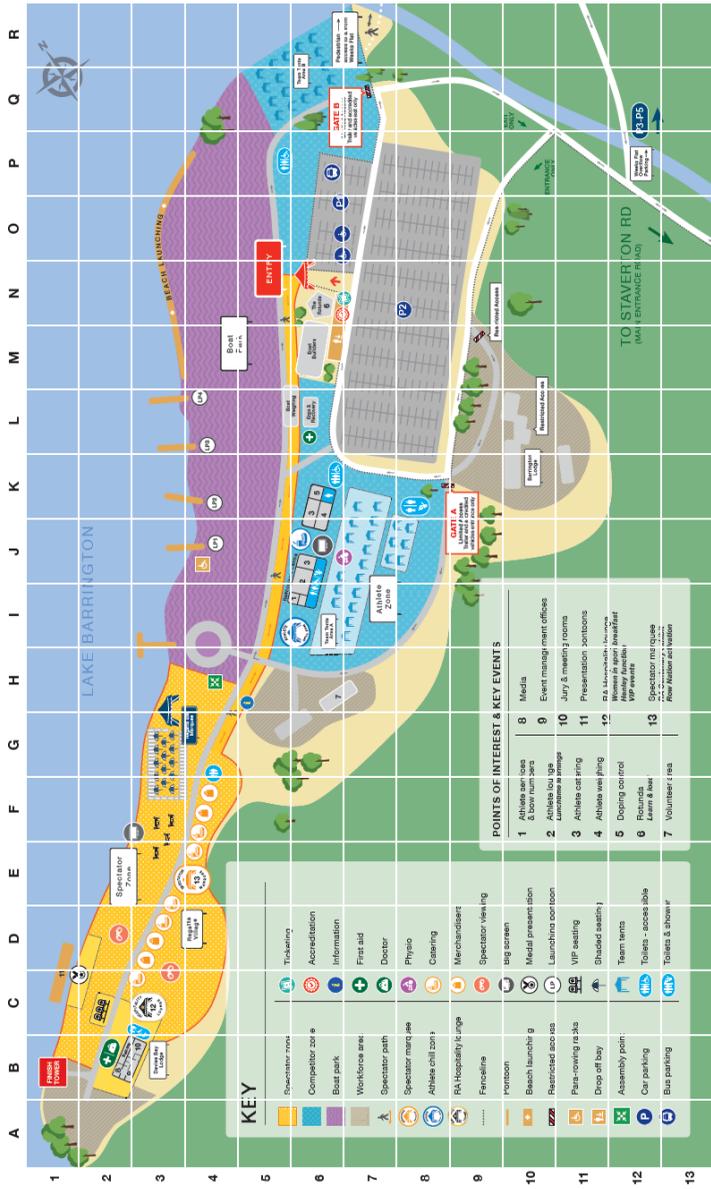
Boat Types/ Event Naming		
1x	Single Scull – 1 sculler	Boats where each rower has two oars each.
2x	Double Scull – 2 scullers	
4x	Quadruple “Quad” Scull – 4 scullers	
4x+	Coxed Quadruple “Quad” Scull – 4 scullers plus cox	
2-	Coxless Pair - 2 sweep oared rowers	Boats where each rower has one oar each.
4-	Coxless Four - 4 sweep oared rowers	
4+	Coxed Four - 4 sweep oared rowers plus cox	
8+	Coxed Eight - 8 sweep oared rowers plus cox	
U17	Under 17 years of age	Calculated on the 31 <sup>st</sup> of December of the year of competition.
U19	Under 19 years of age	
U21	Under 21 years of age	
U23	Under 23 years of age	
Open (O)	Open to all competitors.	
LW	Open to Lightweight Rowers	
Para	Para events open to competitors with an eligible impairment and have been formally classified according to the Rowing Australia Para Rowing Competition Regulations.	
Club	Club events are open to competitors who are members of the same club, have not in the past year been selected for a Senior or U23 National team, and are not nominated for a Senior or U23 National team.	
Sprint	Events contested over 500 metres.	

<b>Rowing Terminology</b>	
'Back it'	To row in reverse to manoeuvre the boat to a desired position.
Backsplash	Water splashed back towards the bow by the blade as it enters the water.
Blade/Spoon	The part at the end of the oar which goes into the water.
Bow	The front end of the boat. The first part of the boat to cross the finish line.
Bow Ball	A 5cm rubber ball fitted to the bow of the boat as a safety device. A compulsory fitting.
Bow Number	An alpha-numeric number that each racing crew has attached to their bow to identify their race (the alpha) and their lane number (the numeric).
Bow Seat	The rower closest to the front or bow of a crew boat when looking towards the bow.
Bowside	The right or starboard side of the boat when looking towards the bow.
Catch	The catch is the front end of the stroke where the oar is placed into the water
Catching a Crab	A "crab" is when the oar gets stuck in the water and impedes the progress of the boat.
Check it	Is when the crew, or some members of the crew put their oar into the water and hold it still to stop the boat from moving
Collar/Button	A wide plastic ring placed around the sleeve of an oar. The button stops the oar from slipping through the oarlock.
Cox Box	A brand name, but also a common term used for a speaker system that the coxswain uses to be heard throughout the boat. It can also show stroke rate, boat speed and time etc. to the coxswain.
Coxswain or Cox	The person who is responsible for steering a coxed boat and making race calls to the crew. Not all boats have a cox. The cox may either sit in the stern of the boat or lie down in the bow of the boat. The cox faces the direction the boat is going.
Distance	All races except Sprint events are over the Olympic distance of 2,000 metres.
Drive	The part of the stroke where the oar is in the water
Easy or Easy Oar	To stop rowing
Ergometer, Ergo or Erg	An indoor rowing machine.

<b>Rowing Terminology</b>	
Event Progression	Each event will be conducted over several rounds, the number of which varies depending on the number of entries. Most commonly a heat, repechage, semi-final, and final. Most events use elimination rounds to whittle down to A and B Finals, with the exception of 4x, 4+ and 8+ School events, which have Finals for all crews.
Feather	When the oars are turned so the blade is parallel with the water
Finish	The end of the drive where the oars are released from the water.
Foot Stretcher	Apparatus for holding the feet firmly in the boat.
Lightweight	Lightweight rowers need to meet certain weight requirements to race.
Rating	The number of strokes taken per minute.
Recovery	The part of the stroke where the oar is out of the water, when the rower is moving forward to the catch. The beginning of the stroke.
Repechage	Races in which the best-placed of those who failed to win heats compete for a place in the final or semi-final.
Rigger	An attachment to the side of the boat which holds the oar.
Sculler	A rower who rows with two oars, one in each hand.
Seat number	A rower's position in the boat counting up from the bow. In an eight, the person closest to the bow is "bow," the next is 2, followed by 3, 4, 5, 6, 7 and finally "stroke."
Slide	Runners on the deck of each seat that guide the wheels of the rower's seat during the stroke.
Splits or Split time	A way to describe a boat's pace by measuring the time it has taken a crew to row a specified distance. Usually expressed as time/500m.
Square	When the blade is at right angles to the water.
Stern	The rear end/back of the boat. Last part of the boat to cross the finish line.
Stroke	The entire cyclical movement of the oar going through the water, finish and recovery and going back in again.
Stroke Seat	The rower closest to the stern of the boat.
Strokeside	The left or port side of the boat when looking to the bow.
Sweep	Rowers who row with one oar/boats where each rower has one oar.

<b>Rowing Terminology</b>	
Wash	The wake from another boat.
Washing out	A technical fault where a rower's blade comes out of the water during the drive, rather than being held in the water for leverage through the entire drive.

# VENUE - OVERVIEW



# VENUE - OVERVIEW



### KEY

	Spectator zone		Ticketing
	Competitor zone		Accreditation
	Back park		Information
	Workforce area		First aid
	Spectator path		Medical
	Spectator marquee		Physio
	Athlete chill zone		Catering
	RA Hospitality lounge		Merchandisers
	Fencing line		Spectator viewing
	Ponoon		Big screen
	Beach launching		Medal presentation
	Restricted access		Launching point
	Para-rowing racks		VIP seating
	Drop off bay		Shaded seating
	Assembly point		Team tents
	Car parking		Toilets - accessible
	Bus parking		Toilets & shower

### POINTS OF INTEREST & KEY EVENTS

1	1 Athlete bar/lounges & bar numbers	8	Media
2	2 Athlete lounge	9	Event management offices
3	3 Athlete catering	10	Jury & meeting rooms
4	4 Athlete weighing	11	Presentation pontoons
5	5 Doping control	12	RA Hospitality lounge (Member RA sport breakfast VIP events)
6	6 Rounds	13	Spectator marquee (RA Competitors outdoor Row Australia tent)
7	7 Volunteer area		

# PART 6

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AUSTRALIAN  
**ROWING**  
CHAMPIONSHIPS



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