

2027 Event Requirements for Senior (Olympic & Paralympic) Australian Rowing Team

Approved & Updated Aug 2026

Please Note: Rowing Australia Limited ("RA") intends to review these Selection Requirements by no later than September of each year but may review and update these Selection Requirements at any time, including by announcing and publishing further or varied requirements and standards from time to time prior to the relevant selection event or trial and the publication or notification shall take effect in accordance with the RA Selection Policy.

Background:

The Rowing Australia (RA) National Selection Policy – Senior Team (Selection Policy) outlines the broad selection criteria for all rowers and coxswains and can be viewed on the RA website at <https://rowingaustralia.com.au/national-team-selection>.

This document operates as an appendix to the RA Selection Policy and outlines the activities that rowers and coxswains must complete to be eligible for selection consideration for the Australian Senior Team.

All Athletes must complete all activities stipulated in these Event Requirements unless:

- expressly provided otherwise in these Selection Requirements; or
- granted an exemption for Extenuating Circumstances in accordance with the Selection Policy.

Key Principles and Important Notes:

- If an athlete is granted an exemption from a required activity, they can still be considered for selection. However, an exemption does **not** automatically give the athlete access to extra trials, extra seat racing, or additional opportunities to enter a selected or priority boat.
- Athletes invited into a National Training Centre (NTC) must also meet all requirements set out in the NTC Invitation Guidelines.
- RA may choose not to send boats in some categories if this does not align with its performance priorities.
- RA's priority is Olympic and Paralympic success at LA 2028. For this reason:
 - non-Olympic and non-Paralympic boat classes are not a priority;
 - athletes selected as reserves for Paralympic crews may also be raced in non-Paralympic events at World Cups or international regattas;
 - lightweight athletes will only be considered in exceptional situations where there is a realistic medal chance.
- Specific lightweight requirements are outlined later in this document.
- With at least 7 days' notice, RA may schedule National Team testing and assessments even if those sessions are not listed in this document. Generally these will take place within the NTC environment.
- Crews and scullers may be confirmed at any stage during the selection process to support crew development and planning.

Specific Activity Details:

Selection Requirement	See Note(s)	2027 Senior Team - Selection Requirement Dates
5000m Ergometer Test #1	3	9 November 2026
November Domestic 5km Time Trial	4	18 – 21 November 2026
2000m Ergometer Test #1	3	30 November 2026
National 5000m Time Trial & Assessments	4	9 – 12 December 2026
December Domestic 5km Time Trial	4	16 – 19 December 2026
5000m Ergometer Test #2	3	1 February 2027
2000m Ergometer Test #2	3	8 March 2027
Australian Rowing Championships	8	15 – 21 March 2027
Invitations to National Selection Regatta Announced	6	25 March 2027
2000m Ergometer Test #3	3	5 April 2027
National Selection Regatta and Testing	6, 10	16 – 18 April 2027
World Cup Training Squads Announced	9	20 April 2027
World Cup Crews Announced	9	7 May 2027
World Cup I - TBA	10	11 – 13 June 2027
World Cup II – TBA	10	25–27 June 2027
World Cup III - TBA	10	9 – 11 July 2027
World Championships Team Announced	9	No later than 26 July 2027
2026 World Championships – Lucerne, Switzerland	10	22 – 29 August 2027

Selection Activity	See Note(s)	Selection – Activity Dates
Closing date for completion of athlete and nomination forms	1	14 August 2026
Closing date for completion of coxswain CVs	2	4 September 2026
Olympic Class Athletes 30 Minute R20 Ergometer (Para rowers 5000m)	3	Week commencing 29 March 2027

NOTES:

1) Closing date for completion of athlete nomination forms:

Athletes seeking selection must complete the online nomination form by 14 August 2026.

Athletes who have already submitted an NTC Expression of Interest are automatically considered nominated.

Online Nomination form can be found at:

<https://forms.gle/Byh5kPfUDXSFUDha8>

2) Closing date for completion of coxswain CVs:

Coxswains must submit a coxing CV, including two coaching referees by 17:00 AEDT on the date specified in these Selection Requirements to wdiplock@rowingaustralia.com.au.

The CV should outline:

- coxing history
- results and achievements
- relevant experience

Selectors may also require:

- recordings; and/or
- an interview.

3) Ergometer Testing

Performances will be assessed against the National ergometer benchmarks available at <https://44155094.fs1.hubspotusercontent-na1.net/hubfs/44155094/2025-2028%20RA%20Performance%20Benchmarks.pdf>

Minimum 2000m Ergometer Standards are in place for invitations to both the December 2026 National 5000m Time Trial & Assessments and the April 2027 National Selection Regatta and Testing.

Minimum 2000m Ergometer Standard – Olympic

Category	Minimum Standard
Men	6:10.0
Women	7:05.0

Minimum 2000m Ergometer Standard – Paralympic

Category	Minimum Standard
PR1 Men	8:03.0
PR1 Women	9:28.0
PR2 Men	7:45.0
PR2 Women	8:54.0
PR3 Men	6:53.0
PR3 Women	7:52.0

All testing must be completed in line with RA ergometer testing protocols and, on the date, specified in the Selection Event Requirements. Protocols available on the RA Website at:

<https://44155094.fs1.hubspotusercontent-na1.net/hubfs/44155094/2000m-and-5000m-Ergometer-Protocol-2020-Onwards.pdf>

30-Minute Ergometer Protocol

Available on the RA Website at:

<https://44155094.fs1.hubspotusercontent-na1.net/hubfs/44155094/30%20min%20Fixed%20Rate%20Protocol%20V2.0.pdf>

Exemptions

NTC athletes are exempt from the 8 March 2027 2000m Ergometer.

4) Domestic and National 5000m Time Trials November Domestic 5km Time Trial

Athletes must race:

- 1x (single scull)

Selectors may approve a 2- entry in exceptional circumstances.

PR3 athletes may be directed to row sweep or scull.

NTC Scholarship and performance in the November 5000m ergo and November Domestic 5km Time Trial will help determine invitations to the National December 5km Time Trial and Assessments. Invitations to the National December Time Trials and Testing will be issued no later than 27 November 2026.

December National 5km Time Trial and Testing

Participation is by invitation only.

Invitation decisions will be based on:

- November 5km performances
- 2000m ergometer performances

Athletes not invited to the National 5km Time Trial are still eligible for Senior Team selection, but they must complete the December Domestic 5km Time Trial.

Selectors may also conduct further assessments after the 5km time trials.

Para rowing athletes will complete 2 x 2k Time Trial followed by assessments.

NTC Athletes receive an automatic invitation.

5) Lightweight athletes:

There is:

- no RA or program funding for lightweight crews; and
- any National Team touring for lightweight athletes will be fully self-funded.

Maximum Weights

Period	Men	Women
Before 1 January 2027	75.0 kg	62.0 kg
February 5km Ergo Test	73.5 kg	60.0 kg
Selection Trials	72.5 kg	59.0 kg

Lightweight athletes must also comply with Rowing Australia and World Rowing lightweight rules, including any event-specific or crew-average requirements.

6) Selection Trials:

Participation is by invitation only.

Invitations will be based on:

- Australian Rowing Championships performances
- singles and pairs results in the relevant categories
- results from testing and assessments
- the criteria in the RA Selection Policy

NTC athletes automatically receive an invitation to the National Selection Regatta.

Invitations will be issued by 25 March 2027.

7) **Crew boat assessments and testing:**

Crew boat testing will be part of National Selection Regatta. However, assessments will generally be conducted through the National Training Centres with a minimum of 7 days' notice.

Selectors may determine:

- crew combinations
- seat racing partners
- seat racing formats
- additional ergometer or performance tests

These activities are used to help selectors assess rowers against the selection criteria.

8) **Australian National Rowing Championships (ARC), Champion Lake, Perth:**

The ARC is a club regatta and interstate championship; RA is supportive and encouraging of NTC athletes competing for their clubs and states. All Olympic athletes seeking National Team selection must race at the ARC.

Minimum Participation Requirement

Athletes must race in at least three events, including:

- at least **two events for their club**
- at least **one event for their State or Territory**, if selected

Athletes must race in **no more than one State/Territory event**.

Event Requirements by Athlete Type

Scullers

- must race the 1x for their club.

Sweep athletes

- must race the 2- for their club.

Para athletes

- must race in their classified boat class
- must race for their State/Territory if selected

Selectors may nominate additional 2- combinations for ARC racing.

Club and state coaches are encouraged to contact NTC athletes and coaches early with their ARC plans.

9) **Team Announcements**

Announcement	Date
World Cup Training Squad	20 April 2027
World Cup Crews	7 May 2027
World Championship Team	No later than 26 July 2027

10) **World Rowing Championships Boat Minimum Selection Standard:**

Selectors will use testing, domestic racing and international performances to assess whether a crew is capable of meeting the standard required for LA 2028 qualification.

During the domestic season, selectors will compare crews against each other and against RA Gold Medal Times to judge their potential to reach the World Championship minimum selection standard set out below.

Boat Class (Male and Female)	Olympic Qualification Positions - 2027 World Championships (TBC)	Australian Minimum Selection Standards (TBC)
1x	10	Top 12
2x	10	Top 12

4x	7	Top 9
2-	10	Top 12
4-	7	Top 9
8+	5	Top 8
PR1 1X	TBC	Top 8
PR2 Mixed 2X	TBC	Top 8
PR3 Mixed 2X	TBC	Top 6
PR3 Mixed 4+	TBC	Top 6

During the international season, selectors will also consider:

- World Cup performances
- Australian results compared to international opponents
- other international regatta performances
- extenuating circumstances such as injury, illness or crew changes

Selectors may also consider **young senior athletes** outside these standards where appropriate.

Selectors may change the composition of a boat after World Cup I or World Cup II if they believe that change improves the boat's performance potential. If this occurs, the modified crew can still be selected for later World Cups or the World Championships.

11) **General:**

- References to "rowers" include both male and female rowers.
- References to "athletes" include eligible rowers and coxswains.
- References to a "crew" include a single sculler.

