2027 Selection Requirements for U23 Australian Rowing Team and World University Games Team

Updated Nov 2026

Please Note: Rowing Australia Limited ("RA") may review and update these Selection Requirements at any time, including by announcing and publishing further or varied requirements and standards from time to time prior to the relevant selection event or trial and the publication or notification shall take effect in accordance with the RA Selection Policy.

Background:

The Rowing Australia (RA) Underage National Selection Policy – Under 19 and Under 23 (Selection Policy) outlines the broad selection criteria for all rowers and coxswains and can be viewed on the RA website at https://rowingaustralia.com.au/national-team-selection.

This document operates as an appendix to the RA Under 19 and Under 23 Selection Policy and outlines the activities that rowers and coxswains must complete to be eligible for selection consideration for the Australian Under 23 and World University Games Team.

All Athletes must complete all activities stipulated in these Selection Requirements unless:

- expressly provided otherwise in these Selection Requirements; or
- granted an exemption for Extenuating Circumstances in accordance with the Selection Policy.

Key Principles and Important Notes:

- If an athlete is granted an exemption from a required activity, they can still be considered for selection. However, an exemption does **not** automatically give the athlete access to extra trials, seat racing, or additional opportunities.
- RA may choose not to send boats in some categories if this does not align with its performance priorities.
- RA's priority is Olympic and Paralympic success at LA 2028. For this reason:
    - lightweight athletes will only be considered if there is a realistic medal chance.
- Specific lightweight requirements are outlined later in this document.

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Specific Activity Details:

Selection Requirement	Note(s)	2027 U23 Team – WUG Dates AUS Based athletes	2027 U23 Team, US Based athletes
November Domestic 5km Time Trial	**6**	18 – 21 November 2026	N/A
2000m Ergometer Test #1	**5**	23 - 30 November 2026	1 – 30 November 2026
Invitations to National Time Trial	**6**	1 December 2026	1 December 2026
National 5000m Time Trial & Assessments	**6**	9 – 12 December 2026	9 – 12 December 2026 (If available)
December Domestic 5km Time Trial	**6, 9**	16 – 19 December 2026	16 – 19 December 2026 (If available)
5000m Ergometer Test #1	**5**	1 February 2027	1 January – 1 February 2027
2000m Ergometer Test #2	**5, 9**	8 March 2027	8 February - 8 March 2027
Australian Rowing Championships	**7, 9**	15 – 21 March 2027	N/A
Invitations to National Selection Regatta Announced (AUS and US)	**8**	25 March 2027	25 March 2027
2000m Ergometer Test #3	**5**	5 April 2027	
National Selection Regatta and Testing (Penrith)	**8**	15 – 18 April 2027	N/A
WUG Team Announced		TBA	
National Selection Regatta and Testing (Princeton)	**8**	N/A	9 – 12 June 2027
National Selection Regatta and Testing (Varese)	**8**	6 – 8 July 2027	6 – 8 July 2027
U23 World Championships Team Announced		12 July 2027	12 July 2027
2027 World Championships – Plovdiv, Bulgaria		27 July – 1 August 2027	27 July – 1 August 2027
2027 World University Games – Chungcheong, South Korea	**14**	2 – 4 August 2027	2 – 4 August 2027
Selection Activity	**See Note**	**Selection – Activity Dates, AUS Based athletes**	**Selection – Activity Dates, US Based athletes**
Closing date of athlete and coaching nomination forms	**1, 2, 3, 14**	30 November2026	30 November2026
December National Training Camp		12 – 15 December 2026	12 – 15 December 2026 (If available)
Closing date for completion of coxswain CVs	**4**	22 December 2027	22 December 2027

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NOTES:

1) Athletes attempting selection in the U23 Team must be 22 years of age or younger on 31 December in the year of selection. Please refer to the Rowing Australia website for the full nomination and eligibility requirements for national team selection (National Team Selection Eligibility-team-selection)

2) **Closing date for completion of athlete nomination forms:**
Athletes seeking selection must complete the online nomination form by 30th November 2026.

   a. Online Nomination form can be found at: https://forms.gle/c32L3mKQCvyYPUG67

3) **Coach nominations**
Coaches wishing to be considered for the Australian Under 23 and World University Games Teams must complete the online EOI nomination form found on the Rowing Australia website https://forms.gle/nqEWSTQ1EA6yCZ2z7 by 17:00 AEDT on 30th November 2026

4) **Closing date for completion of coxswain CVs:**
Coxswains must submit a coxing CV, including two coaching referees by 17:00 AEDT on 22nd December 2026 to jlane@rowingaustralia.com.au.

The CV should outline:
   a. coxing history
   b. results and achievements
   c. relevant experience

Selectors may also require:
   d. recordings; and/or an interview

1) **Ergometer Testing**
Performances will be assessed against the National ergometer benchmarks available at Flat Water Benchmarks and PARA Benchmarks

Minimum 2000m Ergometer Standards are in place for invitations to the April 2027 Under 23 National Selection Regatta.

Minimum 2000m Ergometer Standard – Olympic

Category	Minimum Standard
Men	6:15.0
Women	7:10.0

Minimum 2000m Ergometer Standard – Paralympic

Category	Minimum Standard
PR3 Men	6:53.0
PR3 Women	7:52.0

All testing must be completed in line with RA ergometer testing protocols and, on the dates, specified in the Selection Requirements. Protocols available on the RA Website at:
Ergometer Testing Protocols

2) **Domestic and National 5000m Time Trials**
November Domestic 5km Time Trial

Athletes must race:
- 1x (single scull)

Selectors may approve a 2- entry in exceptional circumstances.

Performance in the November 2000m ergo and November Domestic 5km Time Trial will help determine invitations to the National December 5km Time Trial and Assessments. Invitations to the National December Time Trials and Testing will be issued no later than 1 December 2026. Selectors may also conduct further assessments after the 5km time trials.

December National 5km Time Trial and Assessment
Participation is by invitation only.

Invitation decisions will be based on:
- November Domestic 5km Time Trial
- November 2000m ergometer performances

Athletes not invited to the National 5km Time Trial are still eligible for Under 23 / WUG Team selection, but they must complete the December Domestic 5km Time Trial, in either the 1x or 2-.

Para rowing athletes will complete 2 x 2k Time Trial followed by assessments.

3) **Australian Rowing Championships:**

Minimum Participation Requirement
   a) Athletes must race in at least **two events**
   b) One event will be either the 1x and 2-
   c) at a maximum of **one event for their State or Territory**, if selected (Interstate Regatta only)

Para athletes
   d) must race in their classified boat class
   e) must race for their State/Territory if selected

4) **Selection Trials:**
Participation is by invitation only.

Penrith Selection Regatta (Aus based athletes)
Under 23 Invitations will be based on:
- Performances at the Australian Rowing Championships in the pair and single scull
- Nominally the selectors will invite 12 sweep and 10 scullers, (Men and Women) subject to performance, to the selection regatta
- Additionally, outside of the above invitations athletes that that meet the benchmark standard in the November or March 2k ergometer test will be invite

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- Results from testing and assessments, including other boat classes
- The criteria in the RA Selection Policy, 2.3, 2.4, 2.5

Princeton Selection Regatta (US based athletes)
Under 23 Invitations will be based on:

- All ergometer and testing performances and general criteria found the RA Underage Selection Policy, 2.3, 2.4, 2.5
- Additionally, outside of the above invitations athletes that that meet the benchmark standard in the November or March 2k ergometer test will be invited.
- At the selectors discretion Aus based athletes may be invited to trial at the US selection regatta

WUG Invitations will be based on:

- A combination of performances at both the NSW State Championships and Australian Rowing Championships
- All other ergometer and testing performances and general criteria found the RA Underage Selection Policy, 2.3, 2.4, 2.5
- Athletes invited as Under 23 athletes may also be considered be considered for WUG

5) **Lightweight athletes:**
There is:
- no **RA or program funding** for lightweight crews; and
- any National Team touring for lightweight athletes will be **fully self-funded**.

Maximum Weights

Period	Men	Women
Before 1 January 2027	75.0 kg	62.0 kg
February 5km Ergo Test	73.5 kg	60.0 kg
Selection Trials	72.5kg	59.0kg

Lightweight athletes must also comply with Rowing Australia and World Rowing lightweight rules, including any event-specific or crew-average requirements.

6) **Team Announcements**
   a) World Championship team – 12 July 2027

7) **General:**
   a) References to "rowers" include both male and female rowers.
   b) References to "athletes" include eligible rowers and coxswains.
   c) References to a "crew" include a single sculler.

8) **Senior A selection:**
U23 athletes who are also seeking Senior A selection will need to satisfy the requirements set out in the Senior A Event Requirements, At the point where such athletes are no longer in contention for Senior A selection, they must then satisfy the remaining requirements set out in these U23 Selection Requirements.

9) **Extenuating circumstances:**
All athletes must complete all activities stipulated in these U23 Selection Requirements unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this.

10) **World University Championships:**
Athletes that are eligible for selection onto the World University Championships team (see points below) will be considered for selection
- Must be at least 18 and no older than 25 years of age on 31 December 2027
- Academic Status: Must be one of the following:
  - Officially registered as a student proceeding toward a degree or diploma at a university or similar institute recognized by their country's academic authority.
  - A former student who graduated in the calendar year immediately preceding the event.
  - Athletes seeking selection must complete the online nomination form.

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