National Training Centre Invitation Guidelines
Season 2026/2027

Updated and approved November2026

Rowing Australia's (RA) objective is, on an annual basis, to select the best possible team to represent Australia with the best chance of producing podium performances and winning Gold medals at the World Championships and the Olympic and Paralympic Games. The National Training Centre's (NTC's) play an integral role in supporting this objective through daily training environments providing world class coaching, support staff, equipment, and support.

This document outlines both the criteria and process for athletes seeking to be invited to be part of the RBNTC (Canberra) and HPNTC (Penrith). These centres are home to the Classic Men's program, Classic Women's program and PR3 Para Program.

RA recognises that athletes moving to the NTC's are committing fully to the achievement of their full athletic potential. We are equally committed to supporting our rowers to achieve their sporting goals, and to assisting the broader personal and professional development of our athletes.

In addition to supporting athletes to develop and progress to podium performances at the international level, athletes that are invited to train at the NTC will be provided with:

- resources and support to proactively pursue vocational, educational and professional opportunities through the RA Athlete Wellbeing and Engagement service;
- concentrated support to assist new athletes transitioning into the NTC, including the consideration of individual circumstances for athletes moving as part of Intake 2; and
- concentrated support to assist athletes departing the NTC to transition into other aspects of their rowing or personal lives.

An athlete that wishes to be considered for selection to the 2027 Senior National Team must also nominate for consideration to be invited to an NTC.

Invitations to the NTC's:

The priority for the NTC's for the 2026-27 season is to develop athletes capable of achieving qualification and delivering medal winning performances at the 2027 World Rowing Championships and have the potential to medal at the 2028 Los Angeles Olympic and Paralympic Games.

The Performance Director will invite athletes to the NTC's for the 2026-27 season based on these Invitation Guidelines and an assessment of the athletes' ability to contribute to these priorities. The NTC placement will be for a period commencing from the date the athlete is required to attend the NTC and continuing until December after the 2027 World Rowing Championships. For the removal of any doubt, the NTC environment will be focused entirely on athletes and crews in selected Olympic and Paralympic Class boats post the 2027 Selection Trials. Individual plans will be determined for any NTC athlete not selected to the Australian Rowing Team through the 2027 Selection process. The maximum number of places available at each NTC will be determined by the Performance Director in their sole and absolute discretion.

Factors to be considered in determining the maximum number of places may include (amongst other things):

(a) availability of funding;

(b) program priorities;

(c) availability of NTC resources.

The NTC scholarship is a 12 month scholarship with the objective of focussing on athletes that are capable of Olympic and Paralympic success, however, places may be reviewed after the Benchmark event, December Selection Trials, April World Cup Selection and the final World Championship selections **(See Annexure 1)**. NTC Scholarship reviews and assessments will be performance based and consistent with these Guidelines and RA Performance Benchmarks and Standards, along with the athletes potential for Olympic and Paralympic success at LA2028. All athletes will be considered as working towards selection and performance at the 2028 Los Angeles Olympic and Paralympic Games.

Athletes who are transitioning from the NTC after these review points will receive a minimum of 8 weeks Athletes Support Payment and an ILPP.

Camps
RA runs a coordinated High-Performance System and from time to time athletes on the cusp of NTC and Senior A selection will be invited to training in the NTC environment. RA will support these athletes transport, accommodation and meals (or per diem).

Australia A
Australia A is the "Team behind the Team" offering opportunities for young seniors to make the step to the NTC and ART. This includes being a bridge between talented graduating Australian rowing students abroad and the NTC's and ART. This program enables integration into the ART post the World Cup Series. This program will also facilitate camp scenarios for these student athletes to prepare for the NTC selection process.

Australian Rowing Team
Athletes who make the ART and are not an NTC scholarship holder, and are required to relocate, will receive flights in and out of the NTC's, accommodation and meals (or per diem). For all non NTC scholarship holders, a small incidental allowance may also be considered budget depending.

There will be two priority intakes for the 2026-27 season as follows:

Intake 1 (see Note E): The following athletes will be invited to train at the NTC as part of Intake 1:

The Benchmark Event Performance Standard is relevant to Intake 1, being the first round of invitations to the NTC (see **Note E**). The Benchmark Event Performance Standard is determined by the Performance Director in his sole and absolute discretion.

Olympic/Paralympic Class Boats: athletes that were selected onto the 2026 Australian Rowing Team and placed in the top 4 places at the Senior Benchmark Event (2026 World Rowing Championships) will receive an automatic invitation to the NTC. The Performance Director has sole discretion to extend this to top 6 places.

Intake 2 (see Note I): The second intake will be determined by the performance of athletes invited to the December National Senior Selection Trials and Assessments. (see **Note F**). Intake 2 invitations to the NTC will be made on the following criteria:

- previous international performances.
- training history, past and current performances, interview and testing results during the December National Senior Selection Trials and Assessments.
- potential to contribute to medal performances in crews at the 2028 Los Angeles Olympic and Paralympic Games.

Invitations for athletes that are part of Intake 2 will be confirmed in the first instance by phone/in person, and

subsequently via email. All athletes and coaches are encouraged to seek specific feedback regarding both the invitation process and outcome and how these may impact on future plans.

In exceptional circumstances, the Performance Director may invite an athlete to train at the NTC outside of Intake 1 and Intake 2 (see **Note L**). The Performance Director may also hold back NTC positions and invite athletes to the NTC on a camp basis until National Team selection is completed where confirmation of NTC positions will be finalised.

Attendance at NTC's:

It is expected that athletes selected to train at an NTC will make every endeavour to relocate to the respective NTC to commence training by no later than the applicable NTC Commencement Date.

For the 2026-27 NTC season, this is:

- for Intake 1 and 2026 NTC Athletes: **21 September 2026.**;
- for Intake 2 Athletes: **4 January 2027**

(see **Notes G**, **J** and **K** below).

Any factors preventing this should be discussed with the Performance Director as soon as possible. Athletes are required to continue training at the NTC for the duration of the NTC placement (with breaks for Christmas and as otherwise directed).

TAKE NOTE that failure to meet the requirement to attend a Mandatory Event (see Note K) on the required date (without an exemption being granted by the Performance Director) will result in the athlete being ineligible for:

- **selection to the Senior Australian Rowing Team for the 2026-27 season;**
- **potential support from RA or its NIN partners for the upcoming season based on the outcome of a review of Athlete Categorisation.**

Milestone (to be completed on or before the specified date)	**2026-27 NTC Season**
Senior Benchmark Event	2026 World Rowing Championships (24-30 August 2026)
Nomination Due Date: Athletes to submit nominations to be considered to train at an NTC and be considered for Selection to a Senior National Team (see **Note C**)	14 August 2026
Announcements: • Invitations to train at the NTC – Intake 1 Athletes (see **Note E**)	4 September 2026
Announcement: Invitations to attend the December National Senior Selection Trials (see **Note F**)	27 November 2026

Mandatory Event: NTC Commencement Date for Intake 1 Athletes (athletes to be relocated and training full time) (see **Notes G and K**) and	21 September 2026
Mandatory Event: December National Senior Selection Trials and Assessments (see **Notes H and K**)	9-12 December 2026
Announcement: Invitations to train at the NTC – Intake 2 Athletes (see **Note I**)	16 December 2026
Mandatory Event: NTC Commencement Date for Intake 2 Athletes (see **Notes J and K**)	4 January 2027
Future dates:	- **20 September 2027**, Start date NTC Intake 1; - **3 January 2028,** Start date Intake 2;

Please Note: We intend to review these Guidelines in July each year but may review and update them at any time. Any updated version of these Guidelines will be notified to athletes by publication on the RA website. The updated version will take effect one day after publication or on the date specified in the update version (whichever is the later).

NOTE A: Benchmark Performance Standard

The Benchmark Performance Standard is relevant to Intake 1, being the first round of invitations to the NTC (see **Note E**). The Benchmark Performance Standard is determined by the Performance Director in their sole and absolute discretion.

For the 2026-27 season, the Benchmark Performance Standard is placing in top 4 at the 2026 World Rowing Championships (with Performance Director discretion of a top 5-6 placing)

NOTE B: Minimum eligibility requirements to attend the December National Senior Selection Trials and Assessments

Certain athletes must achieve the minimum eligibility requirements to be eligible to be invited to the December National Senior Selection Trials (see **Note F** below for details). Satisfaction of the minimum eligibility requirements by an athlete does not guarantee that athlete will be invited to attend the December National Senior Selection Trials.

The minimum eligibility requirements are determined by the Performance Director in their sole and absolute discretion.

The minimum eligibility requirements* to be invited to the December National Senior Selection Trials are:

Event	Date	Minimum Standard to be achieved
5000m ergometer test	As per Event Requirements	<table><tr><td></td><td>Men</td><td>PR3 Men</td><td>Women</td><td>PR3 Women</td></tr><tr><td>5000m (mm:ss.s)</td><td>16:35.0</td><td>18:28.0</td><td>18:35.0</td><td>21:05.4</td></tr></table>
5km Domestic on-water time trial	As per Event Requirements	A standard within 2% of the prognostic score of the average % of the three leading boats within the athlete's respective category in the athlete's State based Domestic 5km Time Trial

*Coxswains are not required to meet the eligibility requirements.

NOTE C: Athletes to submit nominations to be considered to train at a NTC and be considered for Selection to a Senior National Team

Athletes must submit a nomination to be considered for an invitation to train at a NTC and be considered for Selection to the Senior National Team on or before the due date, and in the manner specified.

There will be one nomination process in each year which incorporates both a nomination to be considered for an invitation to train at an NTC and a nomination to be considered for selection to the Senior National Team. An athlete that wishes to be considered for selection to the Senior National Team must also nominate for consideration to be invited to an NTC.

Notwithstanding anything in these Guidelines, an invitation to train at an NTC is contingent on the athlete signing the RA Athlete Agreement.

The Performance Director may, in their sole and absolute discretion, accept a late nomination.

NOTE D: Maximum Number of Places Available at each NTC

The maximum number of athletes invited to train at each National Training Centre (NTC) will be determined annually by the Performance Director in their sole and absolute discretion.

In determining the maximum number of places available at each NTC, the Performance Director may consider a range of factors including, but not limited to:

(a) availability of funding;

(b) program priorities;

(c) availability of NTC resources.

The determination of the maximum number of places available at each NTC is final and may be amended by the Performance Director should circumstances change during the season.

NOTE E: Invitations to train at the NTC – Intake 1 Athletes

An athlete who achieves the Benchmark Performance Standard (a top 4 finish at the 2026 World Rowing Championships), will automatically be invited to train at the NTC for the upcoming season (each as an **Intake 1 Athlete**).

After considering the recommendations of the relevant National Head Coach, the Performance Director may, in their sole and absolute discretion, invite (to train at the NTC for the upcoming season) any athlete or crew who finishes 5 – 6 at the 2026 World Rowing Championships (each also an **Intake 1 Athlete**).

NOTE F: Invitations to attend the December National Senior Selection Trials and Assessments;

The December National Senior Selection Trials will be used to determine further invitations to the NTC's for the upcoming season (Intake 2). In summary, an athlete who wishes to train at the NTC and who is not an Intake 1 Athlete must:

(a) be invited to attend the December National Senior Selection Trials

(b) attend and compete at the December National Senior Selection Trials and Assessments; and

(c) be invited to train at the NTC following the December National Senior Selection Trials (**Intake 2 Athlete**).

Athletes will be invited by the Performance Director to attend the December National Senior Selection Trials in accordance with the following:

Invitations: Subject to meeting the minimum ergometer standards as per the 2027 Selection Event Requirements the following athletes will be automatically invited to attend the December National Senior Selection Trials for the following season:

(a) athletes selected in the 2026 Australian Rowing Team;

(b) athletes who trained at the NTC in the previous season but who were not selected in the previous Australian Rowing Team;

(for example, athletes who trained at the NTC for the 2025-26 season and who were not selected in the 2026 Australian Rowing Team will be invited to attend the December National Senior Selection Trials for the 2026-27 season)

Further Invitations: After considering the recommendations of the relevant National Head Coach, and subject to meeting the minimum eligibility requirements set out in **Note B**, the Performance Director may, in their sole and absolute discretion, issue further invitations to attend the December National Senior Selection Trials. In doing so, the Performance Director may take into account the following (amongst other things):

(a) the contents of completed and returned Nominations;

(b) performances in the November State based Time Trials;

(c) performances in the November 5000m ergometer and water assessments conducted in State based testing;

(d) previous international performance, including performance at Under 23 World Championships.

NOTE G: NTC Commencement Date for Intake 1 Athletes (athletes to be relocated and training full time)

Intake 1 Athletes will be required to commence at the NTC by no later than the NTC Commencement Date for Intake 1 Athletes (*for the 2026-27 NTC season this is 21 September 2026*), unless there are individual extenuating circumstances as agreed with the Performance Director in accordance with these Guidelines.

NOTE H: December National Senior Selection Trials and Assessments

The December National Senior Selection Trials and Assessments will be located at Nepean River, Penrith and/or Sydney International Regatta Centre in Penrith on 9-12 December 2026. It is a mandatory event for athletes invited to attend, including Intake 1 Athletes.



During the December National Senior Selection Trials, athletes invited to attend the December National Senior Selection Trials may be required to:

(a) prepare, train with and race against Intake 1 Athletes;

(b) be interviewed by the Performance Director and/or NTC Coaches in order to assess factors such as attitude, coachability and compatibility.

Athletes may also be required to undertake additional assessments including physiological, strength and conditioning, ergometer testing, and psychological testing as determined by the relevant Head Coach and Performance Director.

NOTE I: Invitations to train at the NTC – Intake 2 Athletes

Additional invitations to train at the NTC will be made from the athlete group at the December National Senior Selection Trials and Assessments and on the following criteria:

(a) previous international performance;

(b) Athlete performances against RA Benchmarks;

(c) performances, interview and testing results during the December National Senior Selection Trials and Assessments;

(d) potential to contribute to medal performances in crews at the 2028 Los Angeles Olympic Games.

NOTE J: NTC Commencement Date for Intake 2 Athletes (athletes relocated and training full time)

Athletes who were members of the NTC for the previous season and have been invited back to the NTC as part of Intake 2, will be required to commence at the NTC by no later than the NTC Commencement Date for such athletes *(for the 2026-27 NTC season this is 4 January 2027)*, unless there are individual extenuating circumstances as agreed with the Performance Director in accordance with these Guidelines.

Athletes who were not members of the NTC for the previous season and have been invited to the NTC as part of Intake 2, will be required to commence at the NTC by no later than the NTC Commencement Date for such athletes *(for the 2026-27 NTC season this is 4 January 2027)*, unless there are individual extenuating circumstances as agreed with the Performance Director in accordance with these Guidelines.

NOTE K: Attendance at Mandatory Events

For each Mandatory Event, each invited athlete must attend the NTC on the date required. The Mandatory Events are:

- the NTC Commencement Date for Intake 1 Athletes (see Note G);

- the December National Senior Selection Trials (see Note H);

- the NTC Commencement Date for Intake 2 Athletes (see Note J); and

- the NTC Commencement Date specified in any Discretionary NTC Invitation given to an athlete (see Note L),

It is expected that athletes selected to train at the NTC will relocate to the NTC on the required date, or that which is determined by the Performance Director. Any issues preventing this should be discussed with the Performance Director as soon as possible. Failure to meet the requirement to attend a Mandatory Event on the required date (without an exemption being granted by the Performance Director) will result in the athlete being ineligible for selection to the Senior Australian Rowing Team for that season and will result in a review of Athlete Categorisation.

Exceptional Circumstances: The Performance Director shall have the power to grant exemptions from the requirement to attend:

(a) one or more of the Mandatory Events;

(b) the NTC for the 2026-27 season,

based on Exceptional Circumstances. In these circumstances, the athlete will maintain their Athlete Categorisation.

Where any athlete seeks consideration of Exceptional Circumstances, a decision on a case by case basis will be made by the Performance Director at their sole and absolute discretion. In the circumstance where Exceptional Circumstances from the requirement to attend one more of the Mandatory Events are granted, the athlete if selected to the Senior National Team, will (notwithstanding the exemption) be required to move to the respective NTC immediately post National Trials and commit to all Senior National Team activity in preparation for the upcoming Benchmark Event.

Applications for exemption from the requirement to attend the NTC based on Exceptional Circumstances must be included in an athlete's Nomination and submitted by the Nomination Due Date.

NOTE L: Discretionary NTC Invitations

If an athlete does not receive an invitation to the NTC as an Intake 1 Athlete or an Intake 2 Athlete, the Performance Director may, after consideration with the relevant National Head Coach, and in his sole and absolute discretion, issue an athlete an invitation (if any) to train at the NTC. In doing so, the Performance Director may take into account the following (amongst other things):

(a) the contents of completed and returned Nominations;

(b) satisfaction of the minimum eligibility requirements (see Note B);

(c) previous international performance, including performance at Under 23 World Championships. Athlete performances against RA Benchmarks, Categorisation Standards and Selection Requirements.

For the avoidance of doubt, an Athlete may receive a Discretionary NTC Invitation if they are granted an exemption from the requirement to attend the December National Senior Selection Trials due to Exceptional Circumstances.

Any athlete invited to train at the NTC under this Note L will be required to commence at the NTC by no later than the NTC Commencement Date specified in their invitation.

NOTE M: Right of Appeal

An athlete has no right of appeal against any of the following:

(a) A decision not to invite an athlete to attend the NTC as an Intake 1 Athlete (see Note E), an Intake 2 Athlete (see Note I), or via Discretionary Invitation (Note M);

(b) A decision not to invite an athlete to attend the December National Senior Selection Trials (see Note F);

(c) The determination of the Benchmark Performance Standard (see Note A);

(d) The determination of the minimum eligibility requirements (see Note B);

(e) The determination of the maximum number of places available at each NTC (see Note D).

Athletes with questions regarding any of these decisions are encouraged speak to the RA Senior Ombudsman and then to seek clarification and feedback from the Performance Director.

Individual feedback for all athletes that attend December National Senior Selection Trials will be available from the respective NTC Head Coaches.

An athlete that has nominated for Senior A selection but does not receive an invitation to train at the NTC or to attend the December National Senior Selection Trials is still eligible to be invited to the selection trials for the Australian Rowing Team for that season via performance in the activities stated in the Selection Requirements.



Annexure 1

NTC Scholarships, Review Points and Transitions Between DPE's

(July 2026)

Rowing Australia's High Performance Program operates as one connected national system, with the National Training Centres (NTCs), National Institute Network (NIN) partners and other Rowing Australia-approved training environments working collaboratively to support athlete development and international performance.

The NTCs are the critical part of this system and provide Australia's highest level of integrated daily coaching, training and performance support. The NTC' are scholarship-based, high-performance environments established to prepare athletes and crews with the capability and potential to contribute to Australia's success at the Los Angeles 2028 Olympic and Paralympic Games and beyond.

The NTCs are intentionally limited in size to maintain the quality and integrity of the daily performance environment. The maximum number of places available may be determined by the Performance Director, taking into account factors including program priorities, available funding, staffing, coaching capacity, facilities and performance support resources.

An NTC scholarship provides an athlete with an opportunity to train in this environment; however, there are review points for athletes based on performance. Scholarship places can be reviewed throughout the season to ensure the NTCs remain focused on athletes and crews demonstrating the performance progression, potential and high-performance behaviours required for sustained international success.

Expectations of NTC Scholarship Athletes

Athletes accepting an NTC scholarship are expected to take responsibility for maximising the opportunity provided to them and to consistently demonstrate:

- measurable progression towards Rowing Australia's Performance Benchmarks and Standards;
- the potential to contribute to Olympic and Paralympic success at Los Angeles 2028 and future campaigns;
- commitment to continuous improvement and daily training excellence;
- high-performance behaviours aligned with Rowing Australia's values and expectations;
- professionalism, accountability and positive contribution to the NTC environment;
- active engagement with coaching, performance support and athlete development processes; and
- ongoing alignment with and progression against their Individual Athlete Performance Plan (IAPP).

Performance outcomes are important; however, they will not be considered in isolation. Athlete wellbeing, individual development needs, training history, commitment, conduct and demonstrated capacity to progress towards international performance will also inform decisions regarding an athlete's most appropriate Daily Performance Environment (DPE).

Entry to a National Training Centre

The NTCs are dynamic high-performance environments. Scholarship places may be offered or adjusted throughout the season as athletes demonstrate the performance and potential required to benefit from the NTC environment.

There are a number of opportunities through which an athlete may be considered for an NTC invitation, including:

1. performance at the annual Benchmark Event;
2. performance at the December National Senior Selection Trials and Assessments;
3. invitation to National Senior Selection Trials and Assessments as a result of performances at the Australian Rowing Championships;
4. performance and progression through the Australia A Program; and
5. invitation by the Performance Director at any time where, in their discretion, an athlete has demonstrated the performance, potential, development trajectory or other attributes required to benefit from an NTC scholarship.

An athlete may therefore enter or re-enter an NTC at different points throughout the season. A previous transition from an NTC does not prevent an athlete from being considered for a future NTC scholarship.

NTC invitations will be made in accordance with the applicable NTC Invitation Guidelines and an assessment of the athlete's ability to contribute to Rowing Australia's program priorities and Olympic and Paralympic performance objectives.

Review of an Athlete's Daily Performance Environment

To maintain the integrity and purpose of the NTC environment and ensure athletes are supported in the setting most appropriate to their development, the Performance Director may review an athlete's Daily Performance Environment at any time.

A review may be initiated by:

- the Performance Director; or
- the athlete.

Formal reviews may occur at key performance and selection points throughout the season. These may include:

- following the Benchmark Event;
- following the December National Senior Selection Trials and Assessments;
- following World Cup selection assessments;
- following final Australian Rowing Team selection; and

Although there may be identified transition periods following major selection and performance reviews, these should be considered alongside the multiple opportunities available for athletes to enter or re-enter an NTC throughout the season.

In considering the most appropriate Daily Performance Environment for an athlete, the Performance Director may take into account:

- performance against Rowing Australia's Performance Benchmarks and Standards;
- current and projected international performance capability;
- evidence of progression towards Los Angeles 2028 Olympic or Paralympic performance;
- the athlete's training and competition history;
- technical, physical and physiological development;
- engagement with and progression against the athlete's IAPP;
- demonstrated high-performance behaviours;
- coaching and performance support recommendations;
- the athlete's wellbeing and personal circumstances;
- the needs and priorities of selected crews and Australian Teams;
- the capacity and resources available within the NTC; and
- the training environment considered most likely to maximise the athlete's future development and performance.

Following the relevant Australian Rowing Team selection process, the primary focus of the NTC environment will be the preparation of athletes and crews selected in Olympic and Paralympic Class boats, together with other athletes identified as progressing towards future international campaigns. Individual Athlete Performance Plans (IAPP) will be developed for NTC athletes who are not selected to an Australian Rowing Team. This may include continuing within the NTC, participating in an identified campaign or camp program, or transitioning to a NIN or another Rowing Australia-approved environment.

Transition Between Daily Performance Environments

Where the Performance Director determines that an athlete's ongoing development would be better supported within their home NIN or another approved training environment, the athlete will transition from the NTC in a planned, collaborative and athlete-centred manner.

The timeframe for relocation will be determined by Rowing Australia and communicated to the athlete as part of the relocation determination. Unless otherwise agreed or determined by Rowing Australia, the athlete will generally transition and commence training within the approved environment within eight weeks.

Athlete Status and Support During Transition

An athlete transitioning from an NTC:

- remains eligible for future Australian Rowing Team selection, subject to the applicable Selection Requirements;
- remains eligible for future NTC invitations;
- may be invited to future camps, trials, assessments and campaign activities;
- will continue to receive applicable Direct Athlete Support stipend for a minimum period of eight weeks following the relocation determination and in accordance with the Participant Agreement;
- will be eligible to apply for rental assistance, considering any tenancy agreements that may be in place; and

- will receive an updated IAPP or transition plan outlining performance, development and wellbeing priorities within the receiving environment.

Individual Athlete Performance Planning

The athlete's IAPP will remain central to any decision regarding their Daily Performance Environment.

The IAPP will identify the athlete's individual performance objectives, development priorities, training requirements, performance support needs and wellbeing considerations. Where an athlete transitions from an NTC, the IAPP will be reviewed and updated collaboratively with the athlete, relevant coaches, performance support practitioners, AWE staff and the receiving NIN or approved environment.

The objective is to ensure the transition supports continued performance progression. The athlete should leave the process with a clear understanding of:

- the reasons for the decision;
- their current performance and development priorities;
- the areas in which further progression is required;
- the support that will be available;
- the expectations within the receiving environment; and
- the pathway through which they may be considered for future Australian Team selection or an NTC scholarship.

Athlete Wellbeing and Transition Support

Rowing Australia recognises that a change in the Daily Performance Environment may involve personal, practical and emotional challenges.

The Athlete Wellbeing and Engagement (AWE) team will work alongside the athlete, coaches, performance support practitioners and the receiving NIN to support a respectful and well-managed transition. Support may include:

- athlete wellbeing and mental health referral pathways;
- education and employment planning;
- accommodation and relocation arrangements including associated travel costs back to the agreed training location;
- career and personal development;
- coordination with the athlete's home NIN;
- access to appropriate performance support services; and
- assistance in maintaining connection with Rowing Australia and the national high-performance system.

Relevant training, monitoring and performance information will be shared with the receiving environment in accordance with applicable privacy, consent and information-management requirements to support continuity of coaching and performance services.

END