



2015 Event Requirements Para - Rowing

Senior Australian Rowing Team

(Updated 19 September 2014)

Background:

The Rowing Australia (RA) Selection Policy 2013-2016 outlines the broad selection criteria for all rowers, coxswains and coaches and can be viewed on the RA website www.rowingaustralia.com.au.

The vision of the RA High Performance Program is to build the most successful international program in world rowing.

The objective of the Selection Policy is to provide a framework that underpins the vision by selecting the Participants and the boats that will achieve Australia's performance objectives of achieving medals, and most importantly Gold medals, at the 2016 Olympic and Paralympic Games, and the World Championships leading up to the Games.

In selecting the 2015 Senior Australian Rowing Team, RA will be targeting those Paralympic class boats that provide the greatest chance of achieving medals, and most importantly Gold medals, particularly:

- small boats;
- boats that have already produced medal performances in the current Paralympic cycle; and
- other boats that have proved capable, in the opinion of the selectors of making an A Final in the current Paralympic cycle and which the selectors believe are capable of producing medal performances.

This document operates as an appendix to the RA Selection Policy 2013-2016 and outlines the activities that rowers, coxswains and coaches must complete to be eligible for selection consideration for the Senior Australian Rowing Team for 2015.

Performance through the selection process will guide the selection panel's decisions.

The selection process includes:

- Reviewing the race data and results in relation to expected performance standards and if clear then decisions can and will be made.
- Consideration of the performance context. The performance context includes where the standard of a performance would fit on the world stage.
- The Selectors, as part of the selection criteria are obliged to consider the objective race data and results but there are situations where consideration of this data alone does not indicate a clear selection outcome, particularly with crews. In situations like these the Selectors will apply a standard which calls for a value judgment and overall assessment of the range of selection criteria when making a selection decision.

Boats will be selected based upon the selectors' assessment of a boat's ability to achieve RA's High Performance Program vision, and in particular the ability to achieve medals, and most importantly Gold medals. Only boats assessed by the selectors as having the ability to make the **A final** at the World Championships will be considered for selection. For more information please refer to Note 9 below.

NB: The details contained within these 2015 Event Requirements are subject to change.

Specific Details:

2014

September	24-28	Domestic NTC Long Distance Time Trial #1 <ul style="list-style-type: none"> • 2014 National Senior Team members exempt • All other nominating athletes to complete
October	20	National Team Nominations close at 5pm AEST (Nomination via Rowing Australia website).
	22-26	Domestic NTC Long Distance Time Trial #2 <ul style="list-style-type: none"> • All nominating athletes to complete
November	20-23	Domestic NTC Long Distance Time Trial #3 <ul style="list-style-type: none"> • All nominating athletes to complete • This activity will act as a qualifier for the National Long Distance Time Trial (December) The following will be the qualification mechanisms: <ul style="list-style-type: none"> ○ 2014 National Senior Team members automatic qualification. ○ Athletes within 3% of the winner of NTC Long Distance Time Trial #3 where the winner is deemed to be international medal winning standard as determined by the National Selectors – confirmed by 24 November.
December	1	National Para-Rowing 3km Ergometer Trial #4 – completed as per Australian Rowing Team Ergometer Protocol. <u>NTC/State Head Coach to arrange a single central venue for the conduct of this trial.</u>
	10-14	Domestic NTC Long Distance Time Trial #4 (For nominating athletes not invited to National Long Distance Time Trial)
	10-12	National Long Distance Time Trial – Penrith Invitees will be: <ul style="list-style-type: none"> • 2014 National Senior Team members automatic qualification. • Athletes within 3% of the winner of NTC Long Distance Time Trial #3 where the winner is deemed to be international medal winning standard as determined by the National Selectors.

2015

January	30-31	Omnium Activity – State Based
February	13-14	NSW State Championships – All National Senior nominees to compete. Based on performances in this event athletes will be invited to participate in the National Selection Trials.
	17	National 1km Ergometer Trial - completed as per Australian Rowing Team Ergometer Protocol.
	18	Final invitation list of National Senior A Trialists announced; <ul style="list-style-type: none"> • The National Selectors will confirm in which boat class each category will commence the trialling process. • The National Selectors will also confirm starting combinations if applicable.
March	2-6	National Senior Selection Trials – Venue Sydney International Regatta Centre (See notes)
	10	Date for announcement of Australian Rowing Team National crews and/or National Squads for Para-International Regatta and, subject to final confirmation on 4 August, the World Rowing Championships. Crews will be published on RA website by 9:00 a.m. Further selection processes for squads will be announced at this time.
	23-29	National Championships – Though these are not a National Selection activity National Team members are required to compete.
March	15	<ul style="list-style-type: none"> • Coaches to conduct training and if applicable trialling in consultation with National Selectors. (see Notes)
July	25	<ul style="list-style-type: none"> • Selectors to provide process/format for trialling if deemed necessary.
August	4	Date for final announcement of selected Australian Rowing Team crews (refer notes)

Notes:

- 1) **Domestic NTC Long Distance Time Trials** are to be conducted as follows:
 - a) Each month, Para-Rowing athletes to race in one time trial as close as practicable to 3km's.
 - b) Results to be submitted to Rowing Australia by the NTC/State Head Coach.
 - c) Applications for exemption should be made prior to the event through your NTC/State Head Coach – they will in turn forward the request for exemption to the Deputy Performance Director – Jaime Fernandez.
- 2) **Para-Rowing Boat Classes:**
 - a) AS – Single Scull
 - b) TA – Single Scull
 - c) LTA (excluding VI) – Single Scull OR Pair (with another LTA)
 - d) LTA (VI) – Double Scull (with a non para-rower) or pair (with another LTA, except VI).
- 3) **National Ergometer testing** to be conducted in line with Australian Rowing Team Ergometer Testing protocols as outlined on RA website at http://www.rowingaustralia.com.au/hp_sports-science_protocols-policies.shtm.
- 4) All athletes must complete all stipulated activities unless there are medical reasons or extenuating circumstances that prevent this from occurring. Rowing Australia is to be provided with the appropriate medical exemption form or notified of the particular extenuating circumstances, **through the NTC/State Head Coach**, as soon as is practicable. Primary medical contact and management is through your state service providers; they will liaise with the NTC/State Head Coach on any and all matters. If there are any issues please consult with your NTC/State Head Coach.
- 5) There are two parts to the **Nomination Form** – Notification, and Terms and Conditions.
 - a) The Nomination Form (Notification) and (Terms and Conditions) should be completed electronically and returned in accordance with that form. This form will be available on the RA website.
 - b) Please note that by competing at an RA Event, you undertake and agree to abide and be bound by the terms and requirements of, amongst other things, the Selection Policy, Para Rowing Event Regulations and By-Laws, this Event Supplement, the Nomination Form and the RA Policies.
- 6) **Coxswains will be assessed in the following manner:**
 - a) Coxswains will be required to submit a coxing CV prior to the November State Based Long Distance Time Trial to the National Selectors through the RA Office. This CV should also include two coaching referees together with two race voice recordings by the nominee.
 - b) Selectors will consider the submissions from (a) and in turn will identify a small group of coxswains to participate in the National Long Distance Time Trial.
 - c) At the National Long Distance Time Trial invited coxswains will be interviewed by selectors.
 - d) The National Long Distance Time Trial will provide opportunity for a number of coxswains to steer/cox boats. Coxswains will be required to record any competitive opportunities they are afforded.
 - e) Selected coxswains will be announced by 2 February 2014. These coxswains are selected subject to crews deemed of standard being selected.
- 7) **Invitations to attend the Para-Rowing World Championships Selection Trials** will be gained in one of the following ways:
 - a) Achievement of the following final positions at the NSW State Championships:
 - i) Arm Shoulders 1x Men – top 2 athletes who nominated for selection
 - ii) Arm Shoulders 1x Women – top 2 athletes who nominated for selection
 - iii) Trunk and Arms 1x Men – top 2 athletes who nominated for selection
 - iv) Trunk and Arms 1x Women – top 2 athletes who nominated for selection
 - v) Legs, Trunk & Arms 1x Men – top 3 athletes who nominated for selection
 - vi) Leg, Trunk & Arms 1x Women – top 3 athletes who nominated for selection

Please note: Where events have 3 or less participants, selectors may choose to invite 1 less athlete/boat than the number entered in any selection event.

 - b) **Further athletes may be invited to attend the selection trials** at the selectors' discretion based on performance at other selection events or any of the other Selection Criteria in Part 3 of the Selection Policy.
- 8) Prior to the conduct of any on water National Selection activity the selectors will publish a selection progression document for the event.
 - a) Rowing Australia will publish further details (including race schedules) at least 24hrs before the start of the Selection Trials.
- 9) **Rowing Australia will target some specific boat classes** for selection to the Senior World Rowing Championships – these target boat will be advised prior to the National Selection trials. All boat classes will be considered for selection provided that the Selectors determine that they are of sufficient quality to make the A Final in that boat class at the Senior World Rowing Championships. The Selectors shall assess the speed of each boat using a speed order trial, and/or other data and information available and relevant to the Selection Criteria as they deem appropriate. All boats competing at the National Selection Trials and being considered by the Selectors for

nomination to the RA Board for selection to a National Squad or Team will be required for the whole duration of the selection trials and are expected to complete the speed order trial that will be conducted at the conclusion of those trials.

- 10) It is therefore the **objective of the selectors to strive to select the fastest possible combinations** to represent Australia at the World Championships. Selectors reserve the right to name squads for particular boats &/or categories. All crews will be finalised by no later than 4 August 2015.
- 11) Selectors reserve the right to **select boats or Athletes to the National Squad or National Team** that they deem are of appropriate standard **at any point in the selection process**.
- 12) **Not all selected boats will undertake a full team tour**. Only select boats will participate in lead-up events. Further to this **non-Paralympic class boats**, as a general rule, **will attend the World Championships only** where selected. **Non-Paralympic boats may also be required to pay a seat fee**.
- 13) Targeted boats as determined by the selectors may be invited to attend other international events.

