

2016 Event Requirements

2016 Senior A Australian Rowing Team – Senior International Event Championships (Non-Olympic)

(Updated 2 February 2016)

Background:

The Rowing Australia (RA) Selection Policy 2013-2016 outlines the broad selection criteria for all rowers, coxswains and coaches and can be viewed on the RA website at www.rowingaustralia.com.au.

The vision of the RA High Performance Program is to be the number one rowing nation in the world.

The objective of the RA Selection Policy 2013-2016 is to provide a framework that underpins the vision by selecting the Athletes and the boats that will give Australia the best chance of achieving its performance objectives of winning medals at the Olympic and Paralympic Games.

This document operates as an appendix to the RA Selection Policy 2013-2016 and outlines the activities that rowers, coxswains and coaches must complete to be eligible for selection consideration for the 2016 Senior A Australian Rowing Team – World Rowing Senior International Event Championships (Non-Olympic).

The Selectors, as part of the selection criteria, are obliged to consider the objective race data and results but there are situations where consideration of this data alone does not indicate a clear selection outcome, particularly with crews. In situations like these, the Selectors will apply a standard which calls for a value judgment and overall assessment of the range of selection criteria when making a selection decision. Selectors will take into account the selection criteria in part 3 of the Selection Policy and will be giving significant weighting to the athlete's boat-moving ability and his or her individual performance data as listed in the event requirements listed below.

Boats will be selected based upon the Selectors' assessment of a boat's ability to achieve RA's High Performance Program vision. In determining which categories of boat will be selected, and which Athletes will be selected into those boats, the Selectors may also consider development of both categories and Athletes.

Participants who are also seeking Senior A Olympic selection will need to satisfy the requirements set out in the 2016 Selection Policy Handbook (including the relevant Event Requirements), which is available on the RA website at http://www.rowingaustralia.com.au/wp-content/uploads/2015/02/Rowing-Selection-Handbook-Final_INC-Schedules.pdf. At the point at which such Participants have been removed from the Shadow Team under the 2016 Selection Policy Handbook, they must then satisfy the remaining requirements set out in these Senior International Event Championships Event Requirements (Non-Olympic) (the **2016 World Rowing Senior International Event Requirements**).

NB: The details contained within these 2016 World Rowing Senior International Event Requirements are subject to change. Without limitation Rowing Australia may amend these 2016 World Rowing Senior International Event Requirements by announcing and publishing further or varied requirements and standards from time to time prior to the relevant event or trial and the publication or notification shall take effect in accordance with the Selection Policy.

Specific Details

OCTOBER 2015

23 October	Closing date for completion of: <ul style="list-style-type: none">• 2016 Senior A Nomination Form (Notification) before 5pm AEDT• 2016 Senior A Nomination Form (Terms and Conditions) before 5pm AEDT• Online learning modules before 5pm AEST (refer Note 1).
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NOVEMBER 2015

6 November	Submission of coxswain CV (refer Note 6)
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JANUARY 2016

25 January	2km Ergometer Trial (refer Note 5)
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FEBRUARY 2016

12 – 14 February	NSW State Championships (refer Notes 7,8) <ul style="list-style-type: none">• Athletes must race in single and/or pair
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MARCH 2016

14 – 20 March	Sydney International Rowing Regatta (refer Notes, 7,8)
24 March	Announcement of 2016 Preliminary Australian Rowing Team Squad – World Rowing Senior International Event Championships (refer notes 10, 12)

JUNE 2016

30 June	Final World Rowing Senior International Event Championships Team Announced (refer Note 12(d))
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AUGUST 2016

18 – 24 August	World Rowing Junior, Under 23 and Senior International Event Championships – Rotterdam, The Netherlands
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Notes:

- 1) There are two parts to the RA 2016 Senior A Nomination Form – Notification and Terms and Conditions.
 - a) Both parts of the RA Senior A Nomination Form must be completed electronically on the Rowing Australia website (<http://www.rowingaustralia.com.au/national-team-selection-information/>) before 5pm AEDT on Friday 23 October, 2015.
 - b) In addition, the Online Learning Modules ('ASADA Level 1 Anti-Doping Online Course' and 'Keep Australia Sport Honest Online Course') must be completed before 5pm AEDT on Friday 23 October, 2015.
 - c) Please note that by competing at an RA Event, or any activity specified in these Event Requirements, you undertake and agree to abide and be bound by the terms and requirements of, amongst other things, the RA 2013-2016 Selection Policy and this Event Requirement, as well as the Nomination Form and RA Policies and Codes of Conduct.
- 2) Eligible athletes and coaches who have submitted a nomination form for the World Rowing Senior International Event Championships Team, and who have also gained invitation to either Final National Senior Selection Trials as a Senior athlete or the Underage Selection Trials as a Under 23 athlete will be considered for selection into the World Rowing Senior International Event Championships Team. All athletes will be considered in order of priority of teams, as follows:
 - a) Senior A (Olympic)
 - b) Under 23 (if applicable)
 - c) World Rowing Senior International Event Championships
- 3) All athletes are required to complete all activities where stipulated unless there are **medical reasons or extenuating circumstances** that prevent this from occurring. Provision of the appropriate medical exemption form or notification of extenuating circumstances must be done in accordance the RA Selection Policy 2013-2016.
- 4) Any Australian athletes **based in the USA** will need to complete all Australian-based requirements specified in these Event Requirements in Australia to be eligible for consideration for the 2016 World Rowing Senior International Event Championships.
- 5) **National Ergometer testing** is to be conducted in line with Australian Rowing Team Ergometer Testing protocols as outlined on RA website at <http://www.rowingaustralia.com.au/sports-science/rowing-testing-protocols/>
 - a) 2km Ergometer Test (25 January)
 - i) Open rate
 - ii) This activity must be completed on this date and verified by State Head Coach.
 - b) Performances in 2km Ergometer Test will be assessed against the following National Ergometer Benchmarks:
 - i) **Benchmarks - National 2km Ergometer Trial**
 - Heavyweight Women – 06:38.4
 - Lightweight Women – 07:05.3
 - Heavyweight Men – 05:48.1
 - Lightweight Men – 06:08.9
- 6) **Coxswains will be required to submit a coxing CV**, including two coaching referees by 6 November, 2015 to the National Selectors through the RA Office (nwagstaff@rowingaustralia.com.au). This CV should be submitted together with two race voice recordings by the nominee.
- 7) All nominees will be required to compete in at least two events at the Sydney International Rowing Regatta – one of which must be a small boat in their nominated rowing category (ie athletes nominated for sculling must compete in sculling boats, and athletes nominated for sweep must compete in sweep boats).
- 8) For lightweight athletes, no specific weight is required for the 2km ergometer test on January 25 2016, however weights for this activity must be recorded and sent to RA. For racing at the NSW State Championships and Sydney International Rowing Regatta, athletes must abide by the event rules.
- 9) The Selectors pursuant to the power given to them in paragraph 6.7.7 of the 2016 Selection Policy Handbook may make an early selection of a single sculler or athletes as a crew based on an outstanding performance or performances during a trial or trials listed in these Event Requirements.
- 10) Participants selected to compete at the 2016 World Rowing Senior International Event Championships must pay a seat fee contribution for international preparation and competition. The seat fee will be advised to the Participant by RA.
- 11) Reference to a crew in these Event Requirements includes where the context permits reference to a single sculler.
- 12) The Selectors will announce a 2016 Preliminary Australian Rowing Team Squad – World Rowing Senior International Event Championships which shall include a ranking of all eligible Athletes within each boat class based upon their performances at activities specified in the 2016 Senior A (Olympic), Under 23 and World Rowing Senior International Event Requirements. A final World Rowing Senior International Event Championships Team will be announced from the Squad as follows:
 - a) The Squad may contain Participants that have also nominated (are still trialing) for the 2016 Senior A (Olympic) Team and/or Under 23 Team. Those athletes may be removed from consideration in the respective teams following completion of activities specified in the respective Event Requirement. At that point the Participant may be considered for selection into the World Rowing Senior International Event Championships Team.
 - b) Following the finalisation of relevant priority selection processes, each eligible athlete named in the squad will be required to confirm their availability for selection to the 2016 World Rowing Senior International Event Championships Team.

- c) The Selectors shall select boats to compete at the 2016 World Rowing Senior International Event Championships based upon the published ranking of athletes within the squad, notwithstanding that, in determining which categories of boat will be selected, and which Athletes will be selected into those boats, the Selectors may also consider development of both categories and Athletes.
- d) RA may announce individual crews to compete at the 2016 World Rowing Senior International Event Championships in accordance with these Event Requirements at any time after the announcement of the 2016 Preliminary Australian Rowing Team Squad, notwithstanding that the Final World Rowing Senior International Event Championships Team will be announced on 30th June, 2016.