

	RANKING			COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
FEMALE 12 & 13	F12 & 13	2000m	1	Smith	Hannah	Taree		08:50.5					
	F12 & 13	1000m	1	Russell	Sarah	New Town			03:45.9				
	F12 & 13		2	Taylor	Isabella	Lourdes Hill College			03:57.3				
	F12 & 13		3	Kritzler	Inez	Iron Cove			03:57.8				
	F12 & 13		4	Smith	Hannah	Taree			04:16.2				
	F12 & 13		5	Shergold	Scarlett	Loreto College - Adelaide			04:20.7				
	F12 & 13		1	Russell	Sarah	New Town					01:48.9		
	F12 & 13	2	Kelleher-Cole	Bridget	Radford College					01:49.7			
	F12 & 13	3	Keane	Emma	Shoalhaven Rowing Club					01:51.5			
	F12 & 13	4	Taylor	Isabella	Lourdes Hill College					01:52.1			
	F12 & 13	5	Coorey	R	Lourdes Hill College					01:53.7			
	F12 & 13	6	Dorash	Grace	Lourdes Hill College					01:55.6			
	F12 & 13	7	Mungur	Eryn	Loreto College - Adelaide					01:56.1			
	F12 & 13	8	Billings	Charli	Shoalhaven Rowing Club					01:56.5			
	F12 & 13	9	Vardy	Hannah	Radford College					01:57.3			
	F12 & 13	10	Rimes	Sophie	Loreto College - Adelaide					02:00.5			
	F12 & 13	11	Sellars	Abi	Radford College					02:01.7			
	F12 & 13	12	Fuller	Maddison	Core Strength Fitness, Maroochydore					02:01.9			
	F12 & 13	13	Boyce	Emily	Loreto College - Adelaide					02:02.5			
	F12 & 13	14	Smith	Hannah	Taree					02:04.2			
	F12 & 13	15	Evans	Meg	Loreto College - Adelaide					02:09.3			
	F12 & 13	16	Myatt	Elise	Loreto College - Adelaide					02:09.7			
	F12 & 13	17	Sampson	Emily	Radford College					02:13.0			
	F12 & 13	18	Ramsey	Mia	Iron Cove					02:14.5			
	F12 & 13	19	Sampson	Hannah	Radford College					02:15.4			
	F12 & 13	20	Keane	Elke	Shoalhaven Rowing Club					02:18.4			
	F12 & 13	21	Clements	Lara	Radford College					02:18.6			
	F12 & 13	22	Staughton	Athena	Radford College					02:26.9			
	F12 & 13	1	Russell	Sarah	New Town							279	
	F12 & 13	2	Keane	Emma	Shoalhaven Rowing Club							279	
	F12 & 13	3	Taylor	Isabella	Lourdes Hill College							277	
	F12 & 13	4	Vardy	Hannah	Radford College							272	
F12 & 13	5	Kelleher-Cole	Bridget	Radford College							269		
F12 & 13	6	Coorey	Alex	Lourdes Hill College							268		
F12 & 13	7	Fuller	Maddison	Core Strength Fitness, Maroochydore							263		
F12 & 13	8	Dorash	Grace	Lourdes Hill College							263		

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	F12 & 13	1min	9	Herbert	Amy	Lourdes Hill College					261	
	F12 & 13		10	Griggs	Danica	New Town					251	
	F12 & 13		11	Sellars	Abi	Radford College					251	
	F12 & 13		15	Smith	Hannah	Taree					251	
	F12 & 13		12	Hickey	Olivia	Radford College					248	
	F12 & 13		13	Truswell	Josephine	Radford College					246	
	F12 & 13		14	Ramsey	Mia	Iron Cove					240	
	F12 & 13		15	Kidston	Rose	Radford College					226	
	F12 & 13		16	Sampson	Emily	Radford College					225	
	F12 & 13		17	Sampson	Hannah	Radford College					224	
	F12 & 13		18	Clements	Lara	Radford College					223	
	F12 & 13		19	Meyers	Amelia	Radford College					212	
	F12 & 13		20	Billings	Charli	Shoalhaven Rowing Club					NT	
	FU16	2000m	1	Powell	Georgia	Surfers Paradise		07:19.2				AR
	FU16		2	Maccallum	Noni	Loreto College - Adelaide		07:40.9				
	FU16		3	Smith	Lucy	Loreto College - Adelaide		07:49.4				
	FU16		4	Smith	Lily	Iron Cove		07:50.2				
	FU16		5	Walker	Stella	Lauriston		07:52.1				
	FU16		6	Sexton	Skye	Loreto College - Adelaide		08:12.2				
	FU16		7	Evans	Mollie	Loreto College - Adelaide		08:31.0				
	FU16		8	Higham	Maddy	Loreto College - Adelaide		08:32.1				
	FU16		9	Cook	Laura	Loreto College - Adelaide		08:39.6				
	FU16		10	Sims	Zoe	Loreto College - Adelaide		08:56.4				
	FU16		1	Kerpiniotis	Tayla	Iron Cove			03:41.9			
	FU16		2	Naayen	Samantha	Iron Cove			03:44.2			
	FU16		3	Smith	Lucy	Loreto College - Adelaide			03:44.7			
	FU16		4	Maccallum	Noni	Loreto College - Adelaide			03:46.2			
	FU16		5	Gavan	Lily	Iron Cove			03:49.3			
	FU16		6	Codevelle	Olivia	Iron Cove			03:50.4			
	FU16		7	Gregory	Lissie	Radford College			03:53.2			
	FU16		8	Clifford	Chenoa	Lourdes Hill College			03:53.6			
	FU16		9	Dammers	Mackenzie	Lourdes Hill College			03:57.8			
	FU16		10	Hole	Macayla	Iron Cove			03:58.1			
	FU16		11	Fahd	Sarah	Iron Cove			03:58.5			
	FU16		11	Heine	Ava	Iron Cove			03:58.5			
	FU16		13	Debs	Olivia	Iron Cove			03:58.9			

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
	FU16	1000m	14	Carvolth	Sarah	Iron Cove			04:01.0				
	FU16		15	Menadue	Paris	New Town			04:01.1				
	FU16		16	Woolbank	Ella	Iron Cove			04:04.7				
	FU16		17	Magometovs	Georgina	Lourdes Hill College			04:06.0				
	FU16		18	Hall	Holly	Iron Cove			04:06.2				
	FU16		19	Murphy	Sophia	Iron Cove			04:07.4				
	FU16		20	Juriansz	Annelise	Iron Cove			04:07.7				
	FU16		21	Chapman	Briana	Iron Cove			04:08.5				
	FU16		22	Kuah	Imogen	Iron Cove			04:13.0				
	FU16		22	Waugh	Emelie	Iron Cove			04:13.0				
	FU16		24	Alhajali	Yara	Iron Cove			04:16.5				
	FU16		25	Bassal	Samia	Iron Cove			04:19.9				
	FU16		26	Sullivan	Annabel	Loreto College - Adelaide			04:19.9				
	FU16		27	Kennaugh	Sophia	Iron Cove			04:20.2				
	FU16		28	Lingam	Deveka	Iron Cove			04:28.0				
	FU16		29	Harrison	Georgia	Iron Cove			04:33.1				
	FU16		30	Trang	Angela	Iron Cove			04:33.5				
	FU16		31	Tamvakolos	Elle	Iron Cove			04:37.1				
	FU16		32	D'Mello	Freya	Iron Cove			04:39.4				
	FU16		33	Seraglio	Nicole	Iron Cove			04:45.0				
	FU16		34	Workman	Victoria	Iron Cove			NT				
	FU16		1	Powell	Georgia	Surfers Paradise					01:41.5		
	FU16		2	Smith	Lucy	Loreto College - Adelaide					01:44.2		
	FU16		3	L'Barrow	Sarah	Lourdes Hill College					01:46.1		
	FU16		4	Sexton	Skye	Loreto College - Adelaide					01:46.4		
	FU16		5	Smith	Lily	Iron Cove					01:47.2		
	FU16		6	Cohen	Sophie	Lourdes Hill College					01:48.8		
	FU16		7	Dillon	Grace	Lourdes Hill College					01:49.2		
	FU16		8	Clifford	Chenoa	Lourdes Hill College					01:50.0		
	FU16		8	Gregory	Lissie	Radford College					01:50.0		
	FU16		10	Kricker	Lillian	Lourdes Hill College					01:50.7		
	FU16		11	Gavan	Lily	Iron Cove					01:51.7		
	FU16		12	Fahd	Sarah	Iron Cove					01:52.7		
	FU16		13	Maguire	Bride	Lourdes Hill College					01:53.7		
	FU16	13	Paterson	Attica	Lourdes Hill College					01:53.7			
	FU16	16	Debs	Olivia	Iron Cove					01:54.3			

RANKING				COMPETITOR			WEIGHT	RACE RESULTS						
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR		
FEMALE U16	FU16	500m	17	Harmey	Amelia	Lourdes Hill College				01:54.8				
	FU16		18	Dammers	Mackenzie	Lourdes Hill College				01:55.4				
	FU16		18	Todd	Lydia	Shepparton RC				01:55.4				
	FU16		20	Hole	Macayla	Iron Cove				01:55.9				
	FU16		21	Menadue	Paris	New Town				01:56.6				
	FU16		22	Hall	Holly	Iron Cove				01:56.9				
	FU16		23	Magometovs	Georgina	Lourdes Hill College				01:57.3				
	FU16		24	McAndrew	Molly	Lourdes Hill College				01:57.3				
	FU16		25	Juriansz	Annelise	Iron Cove				01:58.0				
	FU16		26	Walker	Mia	Loreto College - Adelaide				01:59.2				
	FU16		27	Clark	Harriet	Iron Cove				02:00.3				
	FU16		28	Kretschmer	Grace	Lourdes Hill College				02:00.5				
	FU16		29	Frank	Takesa	Shoalhaven Rowing Club				02:01.6				
	FU16		30	Bassal	Samia	Iron Cove				02:01.7				
	FU16		31	Pursall	Alexandra	Lourdes Hill College				02:02.0				
	FU16		32	Waugh	Emelie	Iron Cove				02:02.2				
	FU16		33	Frank	Ruby	Shoalhaven Rowing Club				02:02.3				
	FU16		34	Alhajali	Yara	Iron Cove				02:03.1				
	FU16		35	Crisante	Mia	Lourdes Hill College				02:05.8				
	FU16		36	Kennaugh	Sophia	Iron Cove				02:06.7				
	FU16		37	Lingam	Deveka	Iron Cove				02:10.8				
	FU16		38	La	Desiray	Iron Cove				02:11.0				
	FU16		39	Harrison	Georgia	Iron Cove				02:13.6				
	FU16		40	Tamvakolos	Elle	Iron Cove				02:15.0				
	FU16		41	Seraglio	Nicole	Iron Cove				02:18.7				
	FU16				1	Maccallum	Noni	Loreto College - Adelaide					312	
	FU16				2	L'Barrow	Sarah	Lourdes Hill College					294	
	FU16				3	Kerpiniotis	Tayla	Iron Cove					292	
	FU16				4	Cohen	Sophie	Lourdes Hill College					287	
	FU16				5	Gregory	Lissie	Radford College					285	
	FU16				6	Dillon	Grace	Lourdes Hill College					283	
	FU16				7	Clifford	Chenoa	Lourdes Hill College					282	
	FU16				8	Maguire	Bride	Lourdes Hill College					282	
	FU16				9	Fahd	Sarah	Iron Cove					278	
	FU16				10	Heine	Ava	Iron Cove					278	
	FU16				11	Paterson	Attica	Lourdes Hill College					278	

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
	FU16	1min	12	Gavan	Lily	Iron Cove					276		
	FU16		13	Hole	Macayla	Iron Cove					275		
	FU16		14	Dammers	Mackenzie	Lourdes Hill College					274		
	FU16		16	Leadbetter	Lauren	Lourdes Hill College					270		
	FU16		17	Kricker	Lillian	Lourdes Hill College					269		
	FU16		18	George	Amelia	Lourdes Hill College					268		
	FU16		19	Todd	Lydia	Shepparton RC					267		
	FU16		20	Harmey	Amelia	Lourdes Hill College					266		
	FU16		21	Menadue	Paris	New Town					266		
	FU16		22	Juriansz	Annelise	Iron Cove					265		
	FU16		23	Magometovs	Georgina	Lourdes Hill College					264		
	FU16		24	Clark	Harriet	Iron Cove					263		
	FU16		25	McAndrew	Molly	Lourdes Hill College					263		
	FU16		26	Kretschmer	Grace	Lourdes Hill College					261		
	FU16		27	Alhajali	Yara	Iron Cove					260		
	FU16		28	Jimenez	Sophia	Lourdes Hill College					259		
	FU16		29	Gordon	Isabella	Lourdes Hill College					258		
	FU16		30	Pursall	Alexandra	Lourdes Hill College					258		
	FU16		31	Waugh	Emelie	Iron Cove					255		
	FU16		32	Frank	Ruby	Shoalhaven Rowing Club					254		
	FU16		33	Crisante	Mia	Lourdes Hill College					252		
	FU16		34	Lavering	Ella	Lourdes Hill College					251		
	FU16		35	Frank	Takesa	Shoalhaven Rowing Club					251		
	FU16		36	Kennaugh	Sophia	Iron Cove					246		
	FU16		37	Lingam	Deveka	Iron Cove					244		
	FU16		38	La	Desiray	Iron Cove					243		
	FU16		39	Reardon	Olivia	Lourdes Hill College					242		
	FU16		40	Townsend	Chloe	Lourdes Hill College					242		
	FU16		41	Harrison	Georgia	Iron Cove					233		
	FU16		42	Seraglio	Nicole	Iron Cove					227		
	FU19			1	Jenkins	Charlotte	Lourdes Hill College		07:30.3				
	FU19			2	Valetic	Brigitte	Lourdes Hill College		07:45.8				
	FU19			3	Greenland	Nikki	Radford College		07:46.9				
	FU19			4	Amor	Tilly	Surfers Paradise		07:47.5				
	FU19			5	Ashworth	Holly	Loreto College - Adelaide		07:53.2				
	FU19			6	Berry	Georgina	Loreto College - Adelaide		07:54.6				

	RANKING			COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
WALE U19	FU19	2000m	7	Murphy	Madeleine	Iron Cove		07:58.7					
	FU19		8	Walpole Walsh	Josie	Lauriston		08:03.5					
	FU19		9	Curtis	Bella	Lauriston		08:04.0					
	FU19		10	Scutter	Emily	Loreto College - Adelaide		08:04.3					
	FU19		11	Honan	Isobel	Lauriston		08:07.9					
	FU19		12	Conheady	Clara	Lauriston		08:08.4					
	FU19		13	Umbers	Carmen	Lauriston		08:13.1					
	FU19		14	Lucas	Gemma	Lourdes Hill College		08:16.7					
	FU19		15	Menzies-King	Charlotte	Lauriston		08:18.2					
	FU19		16	Eade	Samantha	Lauriston		08:20.4					
	FU19		17	Jelbart	Zoe	Lauriston		08:22.6					
	FU19		18	Derbyshire	Sophie	Lauriston		08:28.0					
	FU19		19	Upfal	Daisy	Lauriston		08:29.0					
	FU19		20	Donnelly	Freddie	Lauriston		08:29.3					
	FU19		21	Paterson	Fiona	Iron Cove		08:29.8					
	FU19		22	Penny	Eloise	Loreto College - Adelaide		08:31.9					
	FU19		23	Lange	Esther	Loreto College - Adelaide		08:35.6					
	FU19		24	MacDonald	Estelle	Lourdes Hill College		08:36.7					
	FU19		25	Hayes Chen	Alana	Lauriston		08:37.2					
	FU19		26	Colquhoun	Gemma	Lauriston		09:04.9					
	FU19		1000m	1	Creer	Annie	Radford College			03:28.8			AR
	FU19			2	Berry	Georgina	Loreto College - Adelaide			03:45.7			
	FU19			3	Wilkinson	Kate	Ergfit			03:48.4			
	FU19			4	Simpson	Gabrielle	Lourdes Hill College			03:54.0			
	FU19			5	Smith	Jessica	Iron Cove			03:57.7			
	FU19			6	Juriansz	Frances	Iron Cove			03:59.9			
FU19	7	Polkinghorne		Isabelle	V2 CrossFit			04:01.6					
FU19	8	Bucknell		Holly	Iron Cove			04:08.0					
FU19	9	Kelly		Heather	Iron Cove			04:09.7					
FU19	10	Papasinos		Demi	Iron Cove			04:14.0					
FU19	11	Copp		Tara	Taree			04:30.7					
FU19	12	Newby		Sophie	Iron Cove				NT		NT		
FU19		1	Townsend	Isabelle	Surfers Paradise				01:38.5				
FU19		2	Bitzios	Monique	Surfers Paradise				01:45.7				
FU19		3	Berry	Georgina	Loreto College - Adelaide				01:45.7				
FU19		4	Seeley	Kaila	Lourdes Hill College				01:46.5				

RANKING				COMPETITOR			WEIGHT	RACE RESULTS							
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR			
FEMA	FU19	500m	5	Murphy	Madeleine	Iron Cove				01:47.6					
	FU19		6	Jenkins	Charlotte	Lourdes Hill College				01:47.7					
	FU19		7	Burgess	Zara	Lourdes Hill College				01:47.9					
	FU19		8	Valetic	Brigitte	Lourdes Hill College				01:48.6					
	FU19		9	Wilkinson	Kate	Ergfit				01:48.7					
	FU19		10	Reinehr	Sophie	Shepparton RC				01:49.6					
	FU19		11	Lea	Olivia	Lourdes Hill College				01:50.5					
	FU19		12	Simpson	Gabrielle	Lourdes Hill College				01:51.1					
	FU19		13	Juriansz	Frances	Iron Cove				01:52.1					
	FU19		14	Smith	Jessica	Iron Cove				01:53.6					
	FU19		15	Tolomei	Sienna	West Australian Rowing Club				01:54.5					
	FU19		16	Lucas	Gemma	Lourdes Hill College				01:55.2					
	FU19		17	Kelly	Heather	Iron Cove				01:58.1					
	FU19		18	Bucknell	Holly	Iron Cove				01:59.0					
	FU19		19	Tidd	Hayley	Shepparton RC				01:59.8					
	FU19		20	Bennett	Isabella	Shepparton RC				02:00.5					
	FU19		21	MacDonald	Estelle	Lourdes Hill College				02:00.7					
	FU19		22	Goodwin	Abbey	Lourdes Hill College				02:01.0					
	FU19		23	Copp	Tara	Taree				02:02.5					
	FU19		1min	1	Townsend	Isabelle	Surfers Paradise						320		
	FU19			2	Ashworth	Holly	Loreto College - Adelaide							305	aR
	FU19			3	Bitzios	Monique	Surfers Paradise							298	
	FU19			4	Valetic	Brigitte	Lourdes Hill College							294	
	FU19	5		Jenkins	Charlotte	Lourdes Hill College							293		
	FU19	6		Tieken	Sophia	Lourdes Hill College							291		
	FU19	7		Polkinghorne	Isabelle	V2 CrossFit							289		
	FU19	8		Wilkinson	Kate	Ergfit							285		
	FU19	9		Reinehr	Sophie	Shepparton RC							283		
	FU19	10		Burgess	Zara	Lourdes Hill College							282		
	FU19	11		Seeley	Kaila	Lourdes Hill College							281		
	FU19	12		Lea	Olivia	Lourdes Hill College							280		
	FU19	13		Simpson	Gabrielle	Lourdes Hill College							280		
	FU19	14		Juriansz	Frances	Iron Cove							276		
	FU19	15		Lucas	Gemma	Lourdes Hill College							274		
	FU19	16		Smith	Jessica	Iron Cove							273		
FU19	17	Kelly		Heather	Iron Cove							267			

	RANKING			COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	FU19		18	Bennett	Isabella	Shepparton RC					265	
	FU19		19	Tidd	Hayley	Shepparton RC					263	
	FU19		20	Copp	Tara	Taree					259	
	FU19		21	Bucknell	Holly	Iron Cove					251	
	FU19		22	Goodwin	Abbey	Lourdes Hill College					250	
MALE 19-29	F19-29	2000m	1	Webb	Mieka	V2 CrossFit		07:08.9				
	F19-29		2	White	Peta	Loreto College - Adelaide		07:17.2				
	F19-29		3	Richmond	Cara	Ergfit		07:32.9				
	F19-29		4	Ayers	Nikki	Radford College		07:59.5				
	F19-29		5	Brumersky	Kate	Shoalhaven Rowing Club	X	08:02.7				
	F19-29		6	Sun	Danielle	ADF	X	08:10.0				
	F19-29		7	Robinson	Alyx	ADF		08:24.7				
	F19-29		8	West	Grace	Radford College		08:43.8				
	F19-29		9	Dart	Jemma	Shoalhaven Rowing Club	X	09:06.0				
	F19-29	1000m	1	Lass	Samantha	West Australian Rowing Club			03:20.3			AR
	F19-29		2	Riemer	Morgan	Surfers Paradise			03:27.2			
	F19-29		3	Buddle	Tayla	V2 CrossFit			03:39.3			
	F19-29		4	Richmond	Cara	Ergfit			03:39.6			
	F19-29		5	Ayers	Nikki	Radford College			03:43.9			
	F19-29		6	Joyce	Allie	Iron Cove			03:48.0			
	F19-29		7	Brumersky	Kate	Shoalhaven Rowing Club	X		03:56.1			
	F19-29		8	Cosmai	Emma	ADF			03:57.0			
	F19-29		9	Dart	Jemma	Shoalhaven Rowing Club	X		04:27.9			
	F19-29		1	Edmunds	Maddie	Penrith HPNTC				01:30.8		AR
	F19-29		2	Lass	Samantha	West Australian Rowing Club				01:32.7		
	F19-29		3	Aldersey	Olympia	Penrith HPNTC				01:33.7		
	F19-29		4	Saunders	Leah	Penrith HPNTC				01:34.4		
	F19-29		5	Stephan	Lucy	Penrith HPNTC				01:37.2		
F19-29	6		Meredith	Rowena	Penrith HPNTC				01:37.6			
F19-29	7		Thurston	Sal	ADF				01:37.9			
F19-29	8		Arch	Alice	Penrith HPNTC	X			01:38.0		LWWR	
F19-29	9		McDougle	Kate	V2 CrossFit				01:38.2			
F19-29	10		Ewing	Fiona	Penrith HPNTC				01:38.6			
F19-29	11		Gotch	Georgie	Penrith HPNTC				01:39.0			
F19-29	12		James	Amy	Penrith HPNTC	X			01:40.9			
F19-29	13		Miansarow	Georgia	Penrith HPNTC	X			01:41.7			



RANKING				COMPETITOR			WEIGHT	RACE RESULTS							
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR			
F19-29	F19-29	500m	14	Ayers	Nikki	Radford College				01:42.3					
			15	Ganzerla	Kylee	ADF				01:43.0					
			16	Richmond	Cara	Ergfit				01:43.9					
			17	Nesbitt	Georgia	Penrith HPNTC	X			01:44.7					
			18	Parkinson	Kim	Radford College				01:45.7					
			19	Joyce	Allie	Iron Cove				01:49.0					
			20	Sun	Danielle	ADF	X			01:50.1					
			21	Brumersky	Kate	Shoalhaven Rowing Club	X			01:50.4					
			22	Cosmai	Emma	ADF				01:52.5					
			23	Prosser	Caitlin	Bunbury				01:53.9					
			24	Fletcher-Mathews	Tahlea	ADF				01:56.0					
			25	Rogers	Alesha	ADF	X			01:58.5					
			26	Canly	Jessica	ADF				02:01.3					
			27	Dart	Jemma	Shoalhaven Rowing Club	X			02:05.7					
	28	Scougall	Laura	ADF				02:14.8							
	F19-29	F19-29	1min	1	Lass	Samantha	West Australian Rowing Club					334			
				2	Doudy	Bridgette	V2 CrossFit					323			
				3	Parkinson	Kim	Radford College					313			
				4	Ayers	Nikki	Radford College					300			
				5	Richmond	Cara	Ergfit					295			
				6	Joyce	Allie	Iron Cove					293			
				7	Dimasi	Deanna	V2 CrossFit					291			
				8	Brumersky	Kate	Shoalhaven Rowing Club	X				288			
				9	Sun	Danielle	ADF	X				282			
				10	Rogers	Alesha	ADF	X				263			
				11	West	Grace	Radford College					257			
				12	Dart	Jemma	Shoalhaven Rowing Club	X				251			
				F30-39	F30-39	2000m	1	McCone	Jodi	Ergfit		07:35.9			
2							Rice	Maxine	Barwon RC		07:53.9				
3	Herbert	Zoe	University of New England					08:09.4							
4	Bates	Lisa	Ergfit				X	08:12.3							
5	Langford	Nikki	Shoalhaven Rowing Club					08:28.0							
6	Peters	Anne	Core Strength Fitness, Maroochydore				X	08:35.9							
7	Brewer	Hazel	Shoalhaven Rowing Club				X	08:50.0							
	Wilkinson	Kate	Ergfit					SCR							
1	Glaister	Peta	Ergfit					03:19.2			WR				

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
FEMALE 30-39	F30-39	1000m	2	Everson	Alyssa	V2 CrossFit			03:30.8				
	F30-39		3	Smith	Phillippa	Shoalhaven Rowing Club			03:39.5				
	F30-39		4	McCone	Jodi	Ergfit			03:44.1				
	F30-39		5	Pattie	Louise	Lourdes Hill College			03:45.6				
	F30-39		6	Herbert	Zoe	University of New England			03:48.7				
	F30-39		7	Bates	Lisa	Ergfit	X		03:55.3				
	F30-39		8	Almeida	Lisa	ADF	X		03:59.7				
	F30-39		9	Calderwood	Elissa	Shoalhaven Rowing Club			04:01.5				
	F30-39		10	Stephenson	Emily	University of New England	X		04:02.6				
	F30-39		11	Langford	Nikki	Shoalhaven Rowing Club			04:03.4				
	F30-39		12	Peters	Anne	Core Strength Fitness, Maroochydore	X		04:06.2				
	F30-39		13	Brewer	Hazel	Shoalhaven Rowing Club	X		04:15.0				
	F30-39					Wilkinson	Kate	Ergfit			SCR		
	F30-39		500m	1	Hawe	Sarah	Penrith HPNTC				01:35.7		
	F30-39	2		Foster	Chantel	V2 CrossFit				01:39.8			
	F30-39	3		Smith	Phillippa	Shoalhaven Rowing Club				01:41.6			
	F30-39	4		Everson	Alyssa	V2 CrossFit				01:42.2			
	F30-39	5		White	Tiffany	Radford College				01:42.9			
	F30-39	6		McCone	Jodi	Ergfit				01:47.4			
	F30-39	7		Rice	Maxine	Barwon RC				01:48.8			
	F30-39	8		Grey	Emma	ADF				01:49.2			
	F30-39	9		Langford	Nikki	Shoalhaven Rowing Club				01:49.6			
	F30-39	10		Casey	Lisa	ADF				01:51.0			
	F30-39	11		Bates	Lisa	Ergfit	X			01:53.1			
	F30-39	12		Peters	Anne	Core Strength Fitness, Maroochydore	X			01:56.9			
	F30-39	13		Calderwood	Elissa	Shoalhaven Rowing Club				01:57.3			
	F30-39	14		Reynolds	Katrina	Iron Cove	X			02:00.2			
	F30-39	15		Brewer	Hazel	Shoalhaven Rowing Club	X			02:04.7			
	F30-39	16		Weston	Emma-Lee	ADF				02:05.5			
	F30-39				Wilkinson	Kate	Ergfit			SCR			
	F30-39		1	White	Tiffany	Radford College						321	
	F30-39		2	Campbell	Frances	Iron Cove						316	
	F30-39		3	Everson	Alyssa	V2 CrossFit						301	
F30-39	4		Langford	Nikki	Shoalhaven Rowing Club						299		
F30-39	5		Smith	Phillippa	Shoalhaven Rowing Club						297		
F30-39	6		Pattie	Louise	Lourdes Hill College						294		

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
	F30-39		7	McCone	Jodi	Ergfit					292		
	F30-39		8	Bates	Lisa	Ergfit	X				270		
	F30-39		9	Peters	Anne	Core Strength Fitness, Maroochydore	X				266		
	F30-39		10	Newick	Jaimee	Yarralumla					258		
	F30-39		11	Reynolds	Katrina	Iron Cove	X				257		
	F30-39		12	Brewer	Hazel	Shoalhaven Rowing Club	X				244		
	F30-39				Glaister	Peta	Ergfit					SCR	
	F30-39				Wilkinson	Kate	Ergfit					SCR	
	F40-49	2000m	1	Lowe	Janette	Ergfit		07:23.9					
	F40-49		2	Potts	Tamara	Ergfit		07:51.4					
	F40-49		3	Neilson	Samantha	Shoalhaven Rowing Club		07:52.2					
	F40-49		4	Richardson	Louise	Barwon RC		07:55.8					
	F40-49		5	Lucas	Helen	Lourdes Hill College		08:08.3					
	F40-49		6	Hatch	Kristin	Surfers Paradise	X	08:10.1					
	F40-49		7	Wemyss	Jacqui	Ergfit		08:19.0					
	F40-49		8	Baker	Paulette	Taree	X	09:31.9					
	F40-49		9	Denton	Kim	Taree	X	09:32.2					
	F40-49				Behrendt	Amanda	Iron Cove	X	NT				
	F40-49				Opferkuch	Bronwyn	Shoalhaven Rowing Club		NT				
	F40-49		1000m	1	Robichaud	Tammy	Ergfit			03:23.5			AR
	F40-49	2		Davis	Katrina	Shoalhaven Rowing Club			03:36.2				
	F40-49	3		Chang	Aliti	Core Strength Fitness, Maroochydore			03:39.8				
	F40-49	4		Pullen	Nicole	Taree			03:41.0				
	F40-49	5		Potts	Naomi	Ergfit			03:45.2				
	F40-49	6		Potts	Tamara	Ergfit			03:46.5				
	F40-49	7		Neilson	Sam	Shoalhaven Rowing Club			03:49.2				
	F40-49	8		Wemyss	Jacqui	Ergfit			03:56.8				
	F40-49	9		McCallum	Rachael	Surfers Paradise			04:03.1				
	F40-49	10		Galvin	Jennifer	Ergfit			04:36.6				
	F40-49	11		Baker	Paulette	Taree	X		04:38.3				
	F40-49				Opferkuch	Bronwyn	Shoalhaven Rowing Club			NT			
	F40-49			Lowe	Janette	Ergfit			SCR				
F40-49		1	Lowe	Janette	Ergfit				01:36.3				
F40-49		2	James	Jacqui	Surfers Paradise				01:39.2				
F40-49		3	Chang	Aliti	Core Strength Fitness, Maroochydore				01:40.9				
F40-49		4	Davis	Katrina	Shoalhaven Rowing Club				01:41.9				

RANKING				COMPETITOR			WEIGHT	RACE RESULTS						
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR		
FEMALE 40-49	F40-49	500m	5	Nolan	Kyha	Surfers Paradise				01:45.0				
	F40-49		6	Neilson	Sam	Shoalhaven Rowing Club				01:45.1				
	F40-49		7	Potts	Naomi	Ergfit				01:46.0				
	F40-49		8	Potts	Tamara	Ergfit				01:46.4				
	F40-49		9	Richardson	Louise	Barwon RC				01:46.7				
	F40-49		10	McCallum	Rachel	Surfers Paradise				01:51.5				
	F40-49		11	Opferkuch	Bronwyn	Shoalhaven Rowing Club				01:52.2				
	F40-49		12	Dillon	Paula	Lourdes Hill College				01:55.5				
	F40-49		13	Jenkins	Fiona	Lourdes Hill College				01:56.3				
	F40-49		14	Ahern	Janelle	ADF				01:59.5				
	F40-49		15	Galvin	Jennifer	Ergfit				02:10.3				
	F40-49		16	Baker	Paulette	Taree		X		02:11.2				
	F40-49		17	Denton	Kim	Taree		X		02:21.4				
	F40-49		18	Wemyss	Jacqui	Ergfit				01:53.3				
	F40-49					Aylmer	Carey	V2 CrossFit				NT		
	F40-49					Robichaud	Tammy	Ergfit				SCR		
	F40-49		1min	1	James	Jacqui	Surfers Paradise						322	
	F40-49			2	Lowe	Janette	Ergfit						319	
	F40-49	3		Davis	Katrina	Shoalhaven Rowing Club						309		
	F40-49	4		Lucas	Helen	Lourdes Hill College						305		
	F40-49	5		Chang	Aliti	Core Strength Fitness, Maroochydore						303		
	F40-49	6		Potts	Naomi	Ergfit						302		
	F40-49	7		Potts	Tamara	Ergfit						299		
	F40-49	8		Neilson	Sam	Shoalhaven Rowing Club						294		
	F40-49	9		Opferkuch	Bronwyn	Shoalhaven Rowing Club						288		
	F40-49	10		Jenkins	Fiona	Lourdes Hill College						287		
	F40-49	11		McCallum	Rachel	Surfers Paradise						284		
	F40-49	12		Dillon	Paula	Lourdes Hill College						276		
	F40-49	13		Kretschmer	Michelle	Lourdes Hill College						261		
	F40-49	14		Crisante	Cathy	Lourdes Hill College						254		
	F40-49	15		Galvin	Jennifer	Ergfit						250		
	F40-49	16		Baker	Paulette	Taree		X				235		
F40-49	17	Denton		Kim	Taree		X				221			
F40-49				Wemyss	Jacqui	Ergfit				SCR				
	F50-54		1	Cotsanis	Carol	Ergfit		08:03.9						
	F50-54		2	Jones	Simone	Shoalhaven Rowing Club		08:25.2						

	RANKING			COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
FEMALE 50-54	F50-54	2000m	3	Frank	Anne-Maree	Shoalhaven Rowing Club		08:39.9				
	F50-54		4	Myatt	Alison	Surfers Paradise		08:43.7				
	F50-54		5	Ambrose	Mary	Shoalhaven Rowing Club	X	08:46.6				
	F50-54		6	Gray	Sue	Shoalhaven Rowing Club		09:53.5				
	F50-54	1000m	1	Innes	Tracy	Iron Cove			03:46.6			
	F50-54		2	Jones	Simone	Shoalhaven Rowing Club			04:05.4			
	F50-54		3	Griggs	Cathy	New Town			04:05.8			
	F50-54		4	Martin-Wallace	Tess	Core Strength Fitness, Maroochydore	X		04:07.7			
	F50-54		5	Myatt	Alison	Surfers Paradise			04:08.3			
	F50-54		6	Ambrose	Mary	Shoalhaven Rowing Club	X		04:13.7			
	F50-54		7	Lofthouse	Shari	Ergfit			04:14.1			
	F50-54		8	Frank	Anne-Maree	Shoalhaven Rowing Club			04:15.4			
	F50-54		9	Cross	Esther	Ergfit			04:31.9			
	F50-54		10	Gray	Sue	Shoalhaven Rowing Club			04:57.5			
	F50-54	500m	1	Innes	Tracy	Iron Cove				01:47.5		
	F50-54		2	Hatzis	Bronwyn	Iron Cove				01:49.0		
	F50-54		3	Griggs	Cathy	New Town				01:53.9		
	F50-54		4	Myatt	Alison	Surfers Paradise				01:56.6		
	F50-54		5	Martin-Wallace	Tess	Core Strength Fitness, Maroochydore	X			01:58.7		
	F50-54		6	Ambrose	Mary	Shoalhaven Rowing Club	X			01:59.5		
	F50-54		7	Frank	Anne-Maree	Shoalhaven Rowing Club				02:03.0		
	F50-54		8	Lofthouse	Shari	Ergfit				02:03.7		
	F50-54		9	Gray	Sue	Shoalhaven Rowing Club				02:07.0		
	F50-54	1min	1	Hatzis	Bronwyn	Iron Cove					298	
	F50-54		2	Innes	Tracy	Iron Cove					291	
	F50-54		3	Myatt	Alison	Surfers Paradise					273	
	F50-54		4	Griggs	Cathy	New Town					272	
	F50-54		5	Lofthouse	Shari	Ergfit					269	
	F50-54		6	Martin-Wallace	Tess	Core Strength Fitness, Maroochydore	X				268	
	F50-54		7	Glenister	Susan	Bunbury					267	
	F50-54		8	Cohen	Sally	Lourdes Hill College					267	
	F50-54		9	Ambrose	Mary	Shoalhaven Rowing Club	X				257	
F50-54	10		Frank	Anne-Maree	Shoalhaven Rowing Club					254		
F50-54	11		Gray	Susan	Shoalhaven Rowing Club					250		
F50-54	12		Cotter	Maria	University of New England					238		
	F55-59		1	Primmer	Jan	Ergfit		08:11.4				

	RANKING			COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	F55-59		2	Cavill	Amanda	Taree		08:21.3				
	F55-59		3	Jones	Sharon	West Australian Rowing Club		08:24.1				
	F55-59		4	Irving	Leanne	Taree		08:36.3				
	F55-59		5	Calvin	Catherine	Taree		08:41.1				
	F55-59		6	Hou	Lindy	Radford College		09:02.6				
	F55-59		1	Primmer	Jan	Ergfit			03:59.7			
	F55-59	1000m	2	Jones	Sharon	West Australian Rowing Club			04:05.0			
	F55-59		3	Irving	Leanne	Taree			04:09.7			
	F55-59		4	Calvin	Catherine	Taree			04:14.8			
	F55-59		5	Hendrey	Grainne	Launceston			04:16.5			
	F55-59		6	Hou	Lindy	Radford College			04:17.5			
	F55-59		7	Moore	Cathy	V2 CrossFit			04:27.3			
	F55-59		500m	1	Jeffery	Karen	Surfers Paradise				01:44.0	
	F55-59	2		Pina	Barbara	Bunbury				01:50.1		
	F55-59	3		Jones	Sharon	West Australian Rowing Club				01:51.5		
	F55-59	4		Primmer	Jan	Ergfit				01:52.3		
	F55-59	5		Cavill	Amanda	Taree				01:56.5		
	F55-59	6		Calvin	Catherine	Taree				01:59.2		
	F55-59	7		Hendrey	Grainne	Launceston				01:59.4		
	F55-59	8		Irving	Leanne	Taree				01:59.9		
	F55-59	1min	1	Crossley	Alex	Iron Cove					314	
	F55-59		2	Jeffery	Karen	Surfers Paradise					296	
	F55-59		3	Jones	Sharon	West Australian Rowing Club					287	
	F55-59		4	Primmer	Jan	Ergfit					278	
	F55-59		5	Cavill	Amanda	Taree					272	
	F55-59		6	Hendrey	Grainne	Launceston					269	
	F55-59		7	Calvin	Catherine	Taree					261	
	F55-59		8	Moore	Cathy	V2 CrossFit					260	
0-64	F60-64	2000m	1	Hatcher	Sally	Iron Cove		09:36.9				
	F60-64		2	Dart	Julie	Shoalhaven Rowing Club		09:56.6				
	F60-64			Lytzki	Philippa	Ergfit		SCR				
	F60-64	1000m	1	Beeton	Louise	Taree			04:31.7			
	F60-64		2	Hatcher	Sally	Iron Cove			04:39.2			
	F60-64		3	Dart	Julie	Shoalhaven Rowing Club			04:50.3			
	F60-64			Lytzki	Philippa	Ergfit			SCR			

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
FEMALE 60	F60-64	500m	1	Hatcher	Sally	Iron Cove				02:10.6		
	F60-64		2	Watson	Heather	Ergfit	X			02:12.3		
	F60-64		3	Dart	Julie	Shoalhaven Rowing Club				02:16.5		
	F60-64		4	Beeton	Louise	Taree				02:17.2		
	F60-64				Lytzki	Philippa	Ergfit				SCR	
	F60-64	1min	1	Dart	Julie	Shoalhaven Rowing Club					252	
	F60-64		2	Beeton	Louise	Taree					250	
	F60-64		3	Watson	Heather	Ergfit	X				243	
	F60-64		4	Hatcher	Sally	Iron Cove					235	
	F60-64				Lytzki	Philippa	Ergfit					SCR
FEMALE 65-69	F65-69	2000m	1	Feldman	Elizabeth	Ergfit	X	08:24.7				
	F65-69		2	Pitt	Jennifer	Taree		09:01.3				
	F65-69		3	Weers	Lesley	Taree		09:22.0				
	F65-69		4	Hodson	Norma	Taree		09:23.1				
	F65-69		5	McCormick	Sue	Ergfit	X	09:24.0				
	F65-69	1000m	1	Feldman	Elizabeth	Ergfit	X		04:02.7			
	F65-69		2	Pitt	Jennifer	Taree			04:22.7			
	F65-69		3	McCormick	Sue	Ergfit	X		04:30.2			
	F65-69		4	Hodson	Norma	Taree			04:30.6			
	F65-69		5	Weers	Lesley	Taree			04:37.6			
	F65-69	500m	6	Harker	Noela	Core Strength Fitness, Maroochydore			04:51.5			
	F65-69		1	Feldman	Elizabeth	Ergfit	X			01:57.3		
	F65-69		2	Pitt	Jennifer	Taree				02:06.5		
	F65-69		3	Hodson	Norma	Taree				02:06.8		
	F65-69		4	Harker	Noela	Core Strength Fitness, Maroochydore				02:07.6		
	F65-69		5	McCormick	Sue	Ergfit	X			02:10.2		
	F65-69	1min	6	Weers	Lesley	Taree				02:14.2		
	F65-69		1	Feldman	Elizabeth	Ergfit	X				264	
	F65-69		2	Hodson	Norma	Taree					250	
	F65-69		3	Harker	Noela	Core Strength Fitness, Maroochydore					249	
F65-69	4		Pitt	Jennifer	Taree					246		
F65-69	5	Weers	Lesley	Taree					238			
FEMALE 70-74	F70-74	2000m	1	Laundry	Beverley	Core Strength Fitness, Maroochydore	X	09:26.8				
	F70-74	1000m	1	Laundry	Beverley	Core Strength Fitness, Maroochydore	X		04:32.4			
	F70-74	500m	1	Laundry	Beverley	Core Strength Fitness, Maroochydore	X			02:05.4		

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
FEMA 7	F70-74		2	Coghill	Wendy	Core Strength Fitness, Maroochydore				02:24.4		
	F70-74	1min	1	Laundry	Beverley	Core Strength Fitness, Maroochydore	X				253	
	F70-74		2	Coghill	Wendy	Core Strength Fitness, Maroochydore					200	
FEMALE 75-79	F75-79	2000m	1	Milverton	Merriel	Ergfit		11:10.4				
	F75-79				Creswell	Anne	Barwon RC	X	NT			
	F75-79				Milverton	Merriel	Barwon RC		NT			
	F75-79	1000m	1	Creswell	Anne	Barwon RC	X		04:26.7			
	F75-79		2	Milverton	Merriel	Ergfit			05:15.3			
	F75-79	500m	1	Creswell	Anne	Barwon RC	X			02:05.3		
	F75-79		2	Milverton	Merriel	Ergfit				02:30.4		
F75-79	1min	1	Creswell	Anne	Barwon RC	X					245	
FEMALE 85-89	F85-89	1000m	1	Kemp	Tibby	Core Strength Fitness, Maroochydore			05:13.0			AR
	F85-89		2	Home	Beryl	Core Strength Fitness, Maroochydore			05:38.1			
	F85-89	500m	1	Kemp	Tibby	Core Strength Fitness, Maroochydore				02:24.4		AR
	F85-89		2	Home	Beryl	Core Strength Fitness, Maroochydore				02:36.8		
	F85-89	1min	1	Home	Beryl	Core Strength Fitness, Maroochydore						221
	F85-89		2	Kemp	Tibby	Core Strength Fitness, Maroochydore						211
FEMALE	F90-94	500m	1	Roberts	Nikki	Shoalhaven Rowing Club				03:44.1		AR
FEMALE 12 & 13	M12 & 13		2	Gillian	Blake	Iron Cove		07:49.9				
	M12 & 13		3	Mounter	Hayden	New Town		08:14.4				
	M12 & 13	1000m	1	Puise	Jack	Shepparton RC			03:33.0			
	M12 & 13		2	Bush	Chris	Radford College			03:49.8			
	M12 & 13		3	Gregory	Will	Radford College			03:51.5			
	M12 & 13		4	Mitchelmore	Jessen	New Town			03:58.7			
	M12 & 13		5	Mounter	Hayden	New Town			04:01.9			
	M12 & 13		6	Golding	Nathan	Shoalhaven Rowing Club			04:03.2			
	M12 & 13		7	Eldred	James	Shepparton RC			04:09.4			
	M12 & 13	500m	1	Pulse	Jack	Shepparton RC				01:38.5		
	M12 & 13		2	Bush	Chris	Radford College				01:47.8		
	M12 & 13		3	Gregory	Will	Radford College				01:49.9		
	M12 & 13		4	Mitchelmore	Jessen	New Town				01:53.1		
	M12 & 13		5	Mounter	Hayden	New Town				01:55.2		
	M12 & 13		6	Golding	Nathan	Shoalhaven Rowing Club				01:56.6		
	M12 & 13		7	Allen	Felix	Radford College				01:57.4		
	M12 & 13		8	Eldred	James	Shepparton RC				02:00.9		
	M12 & 13		9	Wiseman	Darcy	Radford College				02:01.5		



RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
MA	M12 & 13	1min	10	Gillian	Max	Iron Cove				02:03.4			
	M12 & 13		11	Coughlan-Smith	Harper	Radford College				02:14.9			
	M12 & 13		12	Newton	Elliot	Radford College				02:18.7			
	M12 & 13		1	Pulse	Jack	Shepparton RC						319	
	M12 & 13		2	Bush	Chris	Radford College						291	
	M12 & 13		3	Gregory	Will	Radford College						287	
	M12 & 13		4	Gillian	Blake	Iron Cove						280	
	M12 & 13		5	Allen	Felix	Radford College						276	
	M12 & 13		6	Golding	Nathan	Shoalhaven Rowing Club						272	
	M12 & 13		7	Mounter	Hayden	New Town						265	
	M12 & 13		8	Mitchelmore	Jessen	New Town						264	
	M12 & 13		9	Eldred	James	Shepparton RC						262	
	M12 & 13		10	Wiseman	Darcy	Radford College						254	
	M12 & 13		11	Coughlan-Smith	Harper	Radford College						223	
	MU16	2000m	1	Mellor	James	Loreto College - Adelaide		06:47.6					
	MU16		2	Mounter	Sam	New Town		07:07.0					
	MU16		3	Hobart	Josh	Surfers Paradise		07:07.5					
	MU16		4	Kovarik	Karl	Iron Cove		07:11.7					
	MU1		5	Gavan	Jack	Iron Cove		07:11.9					
	MU16		6	Smith	Josiah	Taree		07:19.0					
	MU16		7	Schroder	Damien	Radford College		07:19.3					
	MU16		8	Morrish	Jackson	Barwon RC		07:20.8					
	MU16		9	Calastas	Demo	Barwon RC		07:22.8					
	MU16		10	Langford	Mitchell	Shoalhaven Rowing Club		07:39.3					
	MU16		11	Toscan	Ethan	Radford College		07:46.5					
	MU16		12	Bevan	Harry	New Town		07:50.2					
	MU16			Gornall	Alex	Ergfit		NR					
	MU16			1	Mellor	James	Loreto College - Adelaide			03:12.8			AR
	MU16	2		Coombs	Jesse	Loreto College - Adelaide			03:13.0				
	MU16	3		Gornall	Alex	Ergfit			03:19.2				
	MU16	4		Dooley-Heath	Tom	Shepparton RC			03:22.1				
	MU16	5		Sampson	Noah	Radford College			03:23.0				
	MU16	6		Mounter	Sam	New Town			03:23.7				
	MU16	7		Langford	Mitchell	Shoalhaven Rowing Club			03:32.3				
	MU16	8		Smith	Josiah	Taree			03:33.6				
	MU16	9		Neal	Tom	New Town			03:34.7				

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
MALE U16	MU16	1000m	10	Whitford	Angus	Radford College			03:35.4			
	MU16		11	Morrish	Jackson	Barwon RC			03:36.7			
	MU16		12	Calastas	Demo	Barwon RC			03:39.4			
	MU16		13	Pearce	Tyler	Core Strength Fitness, Maroochydore			03:40.3			
	MU16		14	Taylor	James	New Town			03:41.0			
	MU16		15	Moore	Lawson	Shoalhaven Rowing Club			03:42.0			
	MU16		16	Waller	Nick	Shepparton RC			03:49.0			
	MU16		17	Bishop	Max	New Town			03:51.6			
	MU16		18	Bevan	Harry	New Town			03:53.8			
	MU16		19	Procter	Thomas	New Town			04:00.7			
	MU16	500m	1	Coombs	Jesse	Loreto College - Adelaide				01:29.7		AR
	MU16		2	Mellor	James	Loreto College - Adelaide				01:30.1		
	MU16		3	Dooley-Heath	Tom	Shepparton RC				01:33.3		
	MU16		4	Gornall	Alex	Ergfit				01:33.8		
	MU16		5	Pearce	Tyler	Core Strength Fitness, Maroochydore				01:34.3		
	MU16		6	Sampson	Noah	Radford College				01:38.0		
	MU16		7	Morrish	Jackson	Barwon RC				01:38.9		
	MU16		8	Smith	Josiah	Taree				01:39.3		
	MU16		9	Langford	Mitchell	Shoalhaven Rowing Club				01:40.4		
	MU16		10	Calastas	Demo	Barwon RC				01:42.4		
	MU16		11	Neal	Tom	New Town				01:42.6		
	MU16		12	Moore	Lawson	Shoalhaven Rowing Club				01:42.8		
	MU16		13	Doust	David	Iron Cove				01:43.7		
	MU16		14	Taylor	James	New Town				01:44.1		
	MU16		15	Hart	Wills	West Australian Rowing Club				01:44.2		
	MU16		16	Calastas	Demo	Barwon RC				01:46.7		
	MU16		17	Waller	Nick	Shepparton RC				01:48.5		
	MU16		18	Bishop	Max	New Town				01:48.8		
	MU16		19	Bevan	Harry	New Town				01:49.0		
	MU16		20	Bristow	Sam	Iron Cove				01:50.6		
	MU16		23	Procter	Tom	New Town				01:56.7		
	MU16		24	Smith	Josiah	Taree				02:04.2		
	MU16		25	Southcott	Henry	V2 CrossFit				NT		
MU16	1min		1	Dooley-Heath	Tom	Shepparton RC						346
MU16			2	Mellor	James	Loreto College - Adelaide						345
MU16		3	Coombs	Jesse	Loreto College - Adelaide						344	

RANKING				COMPETITOR			WEIGHT	RACE RESULTS						
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR		
	MU16		4	Hobart	Josh	Surfers Paradise					338			
	MU16		5	Pearce	Tyler	Core Strength Fitness, Maroochydore					333			
	MU16		6	Gornall	Alex	Ergfit					332			
	MU16		7	Mounter	Sam	New Town					322			
	MU16		8	Langford	Mitchell	Shoalhaven Rowing Club					321			
	MU16		9	Kovarik	Karl	Iron Cove					311			
	MU16		10	Sampson	Noah	Radford College					311			
	MU16		11	Morrish	Jackson	Barwon RC					308			
	MU16		12	Smith	Josiah	Taree					308			
	MU16		13	Moore	Lawson	Shoalhaven Rowing Club					306			
	MU16		14	Calastas	Demo	Barwon RC					303			
	MU16		15	Neal	Tom	New Town					303			
	MU16		16	Hart	Wills	West Australian Rowing Club					302			
	MU16		17	Taylor	James	New Town					293			
	MU16		18	Bevan	Harry	New Town					288			
	MU16		19	Waller	Nick	Shepparton RC					288			
	MU16		20	Bishop	Max	New Town					285			
	MU16		21	Procter	Tom	New Town					270			
	MALE U19		MU19	2000m	1	Henriques	Hamish	West Australian Rowing Club		06:17.4				
			MU19		2	Swan	Lachlan	Surfers Paradise		06:39.9				
			MU19		3	Glackin	Harry	Iron Cove		06:50.0				
MU19		4	Lockhart		Nick	Surfers Paradise		06:53.9						
MU19		5	Sims		Ben	Surfers Paradise		07:08.0						
MU19		6	Milne		Joshua	Surfers Paradise		07:36.3						
MU19		7	Christopher		Graeme	Surfers Paradise		08:10.5						
MU19		1000m	1	Henriques	Hamish	West Australian Rowing Club			03:00.5					
MU19			2	Matthews	Cooper	Barwon RC			03:11.0					
MU19			3	Glackin	Harry	Iron Cove			03:13.0					
MU19			4	Schier	Tom	Shepparton RC			03:13.8					
MU19			5	Grayland	Parker	Barwon RC			03:21.2					
MU19			6	Evans	Billy	Barwon RC			03:21.5					
MU19			7	Majchrzak	Daniel	Radford College			03:23.0					
MU19	8	Krstevski	Tristan	Ergfit			03:25.8							
MU19	9	Eldred	Michael	Shepparton RC			03:55.0							
MU19	10	Moore	Lachlan	Launceston			04:23.0							
MU19		1	Henriques	Hamish	West Australian Rowing Club				01:23.6					

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	MU19	500m	2	Glackin	Harry	Iron Cove				01:29.8		
	MU19		3	Matthews	Cooper	Barwon RC				01:30.2		
	MU19		4	Evans	Billy	Barwon RC				01:31.2		
	MU19		5	Schier	Tom	Shepparton RC				01:32.0		
	MU19		6	Grayland	Parker	Barwon RC				01:37.9		
	MU19		7	Eldred	Michael	Shepparton RC				01:52.1		
	MU19		8	Moore	Lachlan	Launceston				02:04.6		
	MU19		1min	1	Henriques	Hamish	West Australian Rowing Club					366
	MU19	2		Glackin	Harry	Iron Cove					345	
	MU19	3		Schier	Tom	Shepparton RC					336	
	MU19	4		Majchrzak	Daniel	Radford College					334	
	MU19	5		Krstevski	Tristan	Ergfit					328	
	MU19	6		Eldred	Michael	Shepparton RC					287	
	M19-29	2000m	1	Percy	Chad	V2 CrossFit		06:26.9				
	M19-29		2	Symon	Rurik	V2 CrossFit		06:34.4				
	M19-29		3	Spiller	Rhett	Ergfit		06:39.1				
	M19-29		4	Harvey	Jack	V2 CrossFit		06:44.7				
	M19-29		5	Warren	James	V2 CrossFit		06:59.1				
	M19-29		6	Deboer	Ashlee	V2 CrossFit		07:05.7				
	M19-29		7	McRae-Johns	Gus	Ergfit		08:14.7				
	M19-29	1000m	1	Ford	Nicholas	West Australian Rowing Club			02:55.9			
	M19-29		2	Gibson	Ben	Iron Cove			03:01.7			
	M19-29		3	Crichton	Toby	Shepparton RC			03:12.9			
	M19-29		4	Douyere-Pate	Clay	Core Strength Fitness, Maroochydore			03:13.5			
	M19-29		5	Delipetar	Anthony	Shoalhaven Rowing Club			03:16.6			
	M19-29		6	Hutchinson	Alex	New Town			03:18.1			
	M19-29		7	Parker	Nathan	Radford College			03:24.0			
	M19-29		8	Green	Dilan	Shoalhaven Rowing Club			03:28.6			
	M19-29		9	Pass	Brenton	ADF	X		03:35.3			
	M19-29		10	McRae-Johns	Gus	Ergfit			03:47.7			
	M19-29		1	Dunkley-Smith	Josh	RBNTC				01:14.9		AR
	M19-29		2	Keenan	Simon	RBNTC				01:15.9		
	M19-29		3	Widdicombe	Angus	RBNTC				01:16.6		
	M19-29		4	Wruck	Darcy	RBNTC				01:18.0		
	M19-29		5	Booth	Josh	RBNTC				01:18.1		
	M19-29		6	Bowden	Nathan	RBNTC				01:18.2		

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
MALE 19-29	M19-29	500m	7	Watts	Campbell	RBNTC				01:18.3			
	M19-29		7	Hassett	Sean	Taree				01:18.3			
	M19-29		9	Antill	Caleb	RBNTC				01:19.1			
	M19-29		10	Langsford	Hugo	RBNTC				01:19.3			
	M19-29		11	Coombs	Ben	RBNTC				01:19.7			
	M19-29		11	Hunt	Tom	RBNTC				01:19.7			
	M19-29		13	Donald	Liam	RBNTC				01:20.0			
	M19-29		13	Purnell	Nick	RBNTC				01:20.0			
	M19-29		15	Moore	Angus	RBNTC				01:20.2			
	M19-29		16	Watts	David	RBNTC				01:20.3			
	M19-29		17	Masters	Tim	RBNTC				01:20.6			
	M19-29		18	Turrin	Spencer	RBNTC				01:20.7			
	M19-29		19	Hicks	Josh	RBNTC				01:20.8			
	M19-29		20	Judge	Andrew	RBNTC				01:20.9			
	M19-29		21	Hargreaves	Jack	RBNTC				01:21.2			
	M19-29		22	Playfair	Hamish	RBNTC				01:21.2			
	M19-29		23	Letcher	Luke	RBNTC				01:21.3			
	M19-29		24	Youl	Henry	RBNTC				01:21.9			
	M19-29		25	Hill	Alex	RBNTC				01:22.0			
	M19-29		26	Koster	Peter	RBNTC				01:22.5			
	M19-29		27	Mure	Wilson	RBNTC				01:22.5			
	M19-29		28	Black	Rob	RBNTC				01:22.6			
	M19-29		29	Purnell	Alex	RBNTC				01:22.7			
	M19-29		30	Santin	Tim	RBNTC				01:22.8			
	M19-29		31	McNamara	Michael	RBNTC			X			01:24.2	
	M19-29		32	Kelly	Jack	RBNTC			X			01:24.4	
	M19-29		33	Ward	Perry	RBNTC			X			01:26.1	
	M19-29		34	Crichton	Toby		Shepparton RC					01:26.1	
	M19-29		35	Parry	Hamish		RBNTC					01:26.2	
	M19-29		36	Douyere-Pate	Clay		Core Strength Fitness, Maroochydore					01:27.4	
	M19-29		36	Robinson	Louis		Radford College					01:27.4	
	M19-29		38	Matthews	Red		RBNTC		X			01:27.8	
	M19-29		39	Fowler	Cam		RBNTC					01:27.9	
	M19-29		39	Murphy	Sean		RBNTC		X			01:27.9	
	M19-29		41	Prosser	David		Bunbury					01:28.3	
	M19-29		42	McAlister	Ben		Shoalhaven Rowing Club					01:29.2	

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
	M19-29		43	Studders	Zac	ADF				01:29.4			
	M19-29		44	Warren	James	V2 CrossFit				01:29.4			
	M19-29		45	Wright	Brendon	ADF				01:31.1			
	M19-29		46	Delipetar	Anthony	Shoalhaven Rowing Club				01:33.5			
	M19-29		47	Purtle	Jackson	Radford College	X			01:33.9			
	M19-29		48	Hutchinson	Alex	New Town				01:35.4			
	M19-29		49	Parker	Nathan	Radford College				01:36.4			
	M19-29		50	Francis	Karl	ADF				01:37.2			
	M19-29		51	Cooling	David	ADF				01:39.3			
	M19-29		52	Davis	Ashley	Bunbury				01:40.0			
	M19-29		53	Green	Dilan	Shoalhaven Rowing Club				01:43.7			
	M19-29		54	Mitchell	Oliver	Bunbury				01:50.9			
	M19-29		55	Weiss	Conner	Core Strength Fitness, Maroochydore				02:03.8			
	M19-29		56	McDonald	John	Shoalhaven Rowing Club				02:59.3			
	M19-29				McRae-Johns	Gus	Ergfit			SCR			
	M19-29		1min	1	Hassett	Sean	Taree					387	
	M19-29	2		Crichton	Toby	Shepparton RC						368	
	M19-29	3		Holliday	Peter	West Australian Rowing Club						368	
	M19-29	4		Gibson	Ben	Iron Cove						351	
	M19-29	5		Douyere-Pate	Clay	Core Strength Fitness, Maroochydore						345	
	M19-29	6		Watkin	Gideon	ADF						341	
	M19-29	7		Warren	James	V2 CrossFit						338	
	M19-29	8		Delipetar	Anthony	Shoalhaven Rowing Club						335	
	M19-29	9		Green	Dilan	Shoalhaven Rowing Club						326	
	M19-29	10		Parker	Nathan	Radford College						325	
	M20-29	11		Francis	Karl	ADF						323	
	M19-29	12		Purtle	Jackson	Radford College	X					321	
	M19-29	13		Lynch	Samuel	ADF						319	
	M19-29	14		Goodwin	Mark	ADF						306	
	M19-29	15			McRae-Johns	Gus	Ergfit					SCR	
	M30-39		1	Joraslafsky	Sam	V2 CrossFit		06:16.0					
	M30-39		2	Jones	Tristan	V2 CrossFit		06:30.0					
	M30-39		3	Bradley	Stuart	Surfers Paradise		06:32.5					
	M30-39		4	Harris	Daniel	V2 CrossFit		06:36.5					
	M30-39		5	Norman	Ben	V2 CrossFit		06:42.8					
	M30-39		6	Harrison	Mat	V2 CrossFit		06:46.8					

	RANKING			COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
MALE 30-39	M30-39	2000m	7	Hinton	Matthew	V2 CrossFit		06:47.4				
	M30-39		8	Hall	Joshua	Surfers Paradise		06:49.0				
	M30-39		9	King	Chris	V2 CrossFit		06:50.8				
	M30-39		10	Swift	Dan	ADF		06:55.2				
	M30-39		11	Morrison	Blake	Surfers Paradise		06:59.1				
	M30-39		12	Hall	Danny	V2 CrossFit		07:01.0				
	M30-39		13	Peters	Richard	Core Strength Fitness, Maroochydore	X	07:14.3				
	M30-39		14	Hetherington	Brenton	ADF		07:16.9				
	M30-39		15	Hill	Greg	ADF		08:06.8				
	M30-39			Abbott	Sam	V2 CrossFit		NT				
	M30-39	1000m	1	Heming	Warren	Radford College			03:08.7			
	M30-39		2	Hall	Joshua	Surfers Paradise			03:09.1			
	M30-39		3	Rudder	Guy	Iron Cove			03:12.6			
	M30-39		4	Swanson	Patrick	University of New England			03:13.5			
	M30-39		5	Morrison	Blake	Surfers Paradise			03:14.2			
	M30-39		6	Bower	Daniel	Iron Cove			03:16.8			
	M30-39		7	Hazeltown	Adam	Core Strength Fitness, Maroochydore	X		03:17.8			
	M30-39		8	Holmes	Anthony	ADF			03:23.4			
	M30-39		9	Peters	Richard	Core Strength Fitness, Maroochydore	X		03:28.6			
	M30-39	500m	1	King	James	Part Lauriston				01:13.5		
	M30-39		2	Doornbos	Tom	Loreto College - Adelaide				01:20.3		
	M30-39		3	Hall	Joshua	Surfers Paradise				01:23.8		
	M30-39		4	King	Chris	V2 CrossFit				01:24.1		
	M30-39		5	Tunevitsch	Blair	RBNTC				01:24.7		
	M30-39		6	Thomas	Luke	Iron Cove				01:24.9		
	M30-39		7	Keep	Ryan	ADF				01:25.3		
	M30-39		8	Butterham	Curt	Core Strength Fitness, Maroochydore				01:26.4		
	M30-39		9	Rudder	Guy	Iron Cove				01:26.6		
	M30-39		10	Cain	Aaron	West Australian Rowing Club				01:27.4		
	M30-39		11	Boon	Dwain	Shoalhaven Rowing Club				01:28.2		
	M30-39		12	Bower	Daniel	Iron Cove				01:29.4		
	M30-39		13	Hazeltown	Adam	Core Strength Fitness, Maroochydore	X			01:29.9		
	M30-39		14	Whitehead	Corey	ADF				01:30.0		
	M30-39		15	Morrison	Blake	Surfers Paradise				01:30.4		
	M30-39		16	Baikal	James	ADF				01:30.6		
M30-39	17		Swanson	Patrick	University of New England				01:30.9			

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
	M30-39		18	Curran	Mark	Bunbury				01:31.0			
	M30-39		19	Hill	Chris	ADF				01:32.6			
	M30-39		20	Harrison	Ryan	V2 CrossFit				01:32.9			
	M30-39		21	Cameron	Michael	Ergfit	X			01:32.9			
	M30-39		22	Tran	John	V2 CrossFit	X			01:34.0			
	M30-39		23	Peters	Richard	Core Strength Fitness, Maroochydore	X			01:34.9			
	M30-39		24	Holmes	Anthony	ADF				01:34.8			
	M30-39		25	Swift	Dan	ADF				01:35.4			
	M30-39		26	Hill	Greg	ADF				01:38.3			
	M30-39		27	Lech	Andrew	ADF	X			01:48.5			
	M30-39		28	Babu	Abushankar	ADF				01:49.7			
	M30-39	1min	1	Doornbos	Tom	Loreto College - Adelaide					380		
	M30-39		2	Jones	Tristan	V2 CrossFit						379	
	M30-39		3	Chick	Lucas	V2 CrossFit						377	
	M30-39		4	Hall	Joshua	Surfers Paradise						374	
	M30-39		5	Rudder	Guy	Iron Cove						371	
	M30-39		6	King	Chris	V2 CrossFit						371	
	M30-39		7	Thomas	Luke	Iron Cove						369	
	M30-39		8	Morrison	Blake	Surfers Paradise						367	
	M30-39		9	Keep	Ryan	ADF						366	
	M30-39		10	Norman	Ben	V2 CrossFit						363	
	M30-39		11	Butterham	Curt	Core Strength Fitness, Maroochydore						360	
	M30-39		12	Bower	Daniel	Iron Cove						350	
	M30-39		13	Boon	Dwain	Shoalhaven Rowing Club						347	
	M30-39		14	Cameron	Michael	Ergfit	X					342	
	M30-39		15	McLeod	Hugh	Taree	X					339	
	M30-39		16	Hazeltrove	Adam	Core Strength Fitness, Maroochydore	X					336	
	M30-39		17	Harrison	Ryan	V2 CrossFit						336	
	M30-39		18	Smith	Greg	ADF						334	
	M30-39		19	Swanson	Patrick	University of New England						328	
	M30-40		20	Dickson	Christopher	ADF						326	
	M30-39		20	Peters	Richard	Core Strength Fitness, Maroochydore	X					324	
	M30-41		20	Tran	John	V2 CrossFit	X					324	
	M30-42		22	Holmes	Anthony	ADF						318	
	M30-43		23	Swallow	Aaron	ADF						316	
	M30-44	24	Hill	Greg	ADF						316		



RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	M30-39		25	Shields	Greg	ADF					305	
	M40-49	2000m	1	Langford	John	Iron Cove		06:19.8				
	M40-49		2	Doidge	Alex	Iron Cove		06:20.0				
	M40-49		3	Greenup	Aaron	Radford College		06:20.1				
	M40-49		4	Clews	Clayton	Ergfit		06:32.2				
	M40-49		5	Lee	Anthony	V2 CrossFit		06:36.5				
	M40-49		6	Barter	Matt	V2 CrossFit		06:37.3				
	M40-49		7	Wittchen	Sven	Radford College	X	06:41.0				
	M40-49		8	Serafin	Armando	Core Strength Fitness, Maroochydore		06:45.5				
	M40-49		9	Pongracz	Dave	West Australian Rowing Club		06:49.3				
	M40-49		10	Schammer	Mark	V2 CrossFit		06:53.1				
	M40-49		11	Griffiths	Ian	Surfers Paradise	X	06:53.5				
	M40-49		12	Morgan	Adam	Barwon RC		06:55.0				
	M40-49		13	Davis	Harry	Shoalhaven Rowing Club		07:00.4				
	M40-49		14	Brown	Nick	Iron Cove	X	07:10.7				
	M40-49		15	Smith	Greg	Taree		07:17.1				
	M40-49		16	John	Andrew	V2 CrossFit	X	07:23.7				
	M40-49		17	Shortis	Adam	ADF		07:50.6				
	M40-49		18	Billings	Matthew	Shoalhaven Rowing Club		08:22.2				
	M40-49		19	Wang	Bo	Tara School	X	08:44.8				
	M40-49			Haines	Luke	Barwon RC	X	NT				
	M40-49			Turnbull	Toby	Ergfit		SCR				
	M40-49	1000m	1	Langford	John	Iron Cove			03:01.8			
	M40-49		2	Clews	Clayton	Radford College			03:02.8			
	M40-49		3	Wackett	Jim	Tara School			03:09.1			
	M40-49		4	Wilson	Guy	ADF			03:10.0			
	M40-49		5	Serafin	Armando	Core Strength Fitness, Maroochydore			03:11.5			
	M40-49		6	Brady	Steve	Iron Cove			03:13.6			
	M40-49		7	Lance	Henry	Iron Cove			03:14.3			
	M40-49		8	Wittchen	Sven	Radford College	X		03:15.9			
	M40-49		9	Pattison	Rhett	Taree			03:17.1			
	M40-49		10	Fitzsimmons	Hamish	Ergfit			03:18.7			
	M40-49		11	Griffiths	Ian	Core Strength Fitness, Maroochydore	X		03:19.7			
	M40-49		12	Polkinghorne	Tim	V2 CrossFit			03:20.2			
	M40-49		13	Davis	Harry	Shoalhaven Rowing Club			03:21.2			
	M40-49		14	Schammer	Mark	V2 CrossFit			03:22.8			

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
MALE 40-49	M40-49		15	Morgan	Adam	Barwon RC			03:24.6				
	M40-49		16	Berry	Luke	Core Strength Fitness, Maroochydore			03:27.6				
	M40-49		17	Jenkins	Richard	Lourdes Hill College			03:47.3				
	M40-49		18	Shortis	Adam	ADF			03:49.4				
	M40-49				Morgan	Adam	Barwon RC			NT			
	M40-49				Barclay	Nick	Surfers Paradise			NT			
	M40-49	500m	1	Nunan	John	Surfers Paradise				01:20.0			
	M40-49		2	Greenup	Aaron	Radford College				01:21.4			
	M40-49		2	Peters	Matthew	Ergfit				01:21.4			
	M40-49		4	Evans	Greg	Iron Cove				01:22.8			
	M40-49		4	Barclay	Nick	Surfers Paradise				01:22.8			
	M40-49		6	Langford	John	Iron Cove				01:23.3			
	M40-49		7	Pimm	Dave	Iron Cove				01:24.6			
	M40-49		8	Clews	Clayton	Iron Cove				01:24.8			
	M40-49		9	Wackett	Jim	Tara School				01:25.7			
	M40-49		10	Munnely	Frank	Ergfit				01:26.6			
	M40-49		11	Haines	Luke	Barwon RC		X		01:27.2			
	M40-49		12	Rowen	Thomas	V2 CrossFit				01:28.3			
	M40-49		13	Berry	Luke	Core Strength Fitness, Maroochydore				01:28.6			
	M40-49		14	Serafin	Armando	Core Strength Fitness, Maroochydore				01:28.7			
	M40-49		15	Lance	Henry	Iron Cove				01:29.1			
	M40-49		16	Langford	Luke	Shoalhaven Rowing Club				01:29.2			
	M40-49		17	Pattison	Rhett	Taree				01:29.3			
	M40-49		17	Ridley	Jim	University of New England				01:29.3			
	M40-49		19	Wittchen	Sven	Radford College		X		01:30.2			
	M40-49		20	Brady	Steve	Iron Cove				01:31.3			
	M40-49		21	Davis	Harry	Shoalhaven Rowing Club				01:31.6			
	M40-49		22	Barrett	Patrick	V2 CrossFit				01:32.1			
	M40-49		23	Clayton	Rowan	ADF				01:32.7			
	M40-49		24	Griffiths	Ian	Core Strength Fitness, Maroochydore		X		01:33.3			
M40-49	25		Patman	Mick	ADF				01:36.8				
M40-49	26		L'Barrow	Jeff	Lourdes Hill College				01:38.6				
M40-49	27		Fellowz	Greg	Surfers Paradise				01:39.4				
M40-49	28		Billings	Matt	Shoalhaven Rowing Club				01:44.4				
M40-49	29		Dammers	Brett	Lourdes Hill College				01:44.6				
M40-49			1	Barclay	Nick	Surfers Paradise					370		

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	M40-49	1min	2	Langford	John	Iron Cove					365	
	M40-49		3	Clews	Clayton	Radford College					362	
	M40-49		4	Clews	Clayton	Iron Cove					361	
	M40-49		5	Wackett	Jim	Tara School					355	
	M40-49		6	Lance	Henry	Iron Cove					354	
	M40-49		7	Munnely	Frank	Ergfit					353	
	M40-49		8	Pongracz	Dave	West Australian Rowing Club					352	
	M40-49		9	Haines	Luke	Barwon RC	X				351	
	M40-49		10	Langford	Luke	Shoalhaven Rowing Club					351	
	M40-49		11	Pattison	Rhett	Taree					350	
	M40-49		12	Polkinghorne	Tim	V2 CrossFit					343	
	M40-49		13	Berry	Luke	Core Strength Fitness, Maroochydore					342	
	M40-49		14	Serafin	Armando	Core Strength Fitness, Maroochydore					342	
	M40-49		15	Brown	Nick	Iron Cove	X				341	
	M40-49		16	Davis	Harry	Shoalhaven Rowing Club					337	
	M40-49		17	Wittchen	Sven	Radford College	X				335	
	M40-49		18	Brady	Steve	Iron Cove					334	
	M40-49		19	Fellowz	Greg	Surfers Paradise					323	
	M40-49		20	L'Barrow	Jeff	Lourdes Hill College					321	
	M40-49		21	Griffiths	Ian	Core Strength Fitness, Maroochydore	?				319	
	M40-49		22	Billings	Matt	Shoalhaven Rowing Club					313	
	M40-49		23	Cotter	Stephen	University of New England					309	
	M40-49		24	Matthews	Lincoln	ADF					308	
	M40-49		25	Jenkins	Richard	Lourdes Hill College					307	
	M40-49		26	Dammers	Brett	Lourdes Hill College					297	
	M40-49				Peters	Matthew	Ergfit				SCR	
	M50-54	2000m	1	Boucher	Geoff	Barwon RC		06:43.3				
	M50-54		2	Roberts	Peter	Surfers Paradise	X	07:03.4				
	M50-54		3	Barden	Geoff	Mercantile Rowing Club		07:03.6				
	M50-54		4	Watts	Dean	Shoalhaven Rowing Club		07:05.9				
	M50-54		5	Papantonlou	Elliot	Radford College		07:07.0				
	M50-54		6	Turner	Chris	Shoalhaven Rowing Club		07:07.5				
	M50-54		7	Henriksen	Glenn	Ergfit		07:15.1				
	M50-54		8	Haythornthwaite	Gabriel	Iron Cove	X	07:27.5				
	M50-54		9	Haberecht	Stephen	Iron Cove		07:40.3				
	M50-54		10	McCossin	Mark	Ergfit		07:42.0				

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
MALE 50-54	M50-54		11	Edwards	Paul	Core Strength Fitness, Maroochydore		07:54.1				
	M50-54		12	Lahnstein	Marko	V2 CrossFit		07:54.2				
	M50-54		13	Denton	Peter	Taree		08:55.3				
	M50-54	1000m	1	Roberts	Peter	Core Strength Fitness, Maroochydore	X		03:14.5			
	M50-54		2	Gilbert	Adam	Iron Cove			03:17.5			
	M50-54		3	Boucher	Geoff	Barwon RC			03:19.5			
	M50-54		4	Papantonlou	Elliot	Radford College			03:22.2			
	M50-54		5	Watts	Dean	Shoalhaven Rowing Club			03:26.9			
	M50-54		6	Turner	Chris	Shoalhaven Rowing Club			03:27.4			
	M50-54		7	Henriksen	Glenn	Ergfit			03:29.8			
	M50-54		8	Haberecht	Stephen	Iron Cove			03:34.4			
	M50-54		9	McCrossin	Mark	Ergfit			03:36.4			
	M50-54		10	Haythornthwaite	Gabriel	Iron Cove	X		03:37.4			
	M50-54		11	Lahnstein	Marko	V2 CrossFit			03:39.2			
	M50-54		12	Edwards	Paul	Core Strength Fitness, Maroochydore			03:58.9			
	M50-54		13	Denton	Peter	Taree			04:17.1			
	M50-54		14	Denton	Peter	Taree			04:42.7			
	M50-54	500m	1	Jeffery	Paul	Surfers Paradise				01:14.4		WR*
	M50-54		2	Aaldering	Haico	Surfers Paradise				01:24.5		
	M50-54		3	Papantonlou	Elliot	Radford College				01:29.5		
	M50-54		4	Roberts	Peter	Surfers Paradise	X			01:29.6		
	M50-54		5	Gilbert	Adam	Iron Cove				01:29.7		
	M50-54		6	Boucher	Geoff	Barwon RC				01:30.8		
	M50-54		7	Stone	Robert	Ergfit				01:32.8		
	M50-54		8	Parry	Andrew	Shoalhaven Rowing Club				01:34.3		
	M50-54		9	Haberecht	Stephen	Iron Cove				01:36.8		
	M50-54		10	Turner	Chris	Shoalhaven Rowing Club				01:36.9		
	M50-54		11	Henriksen	Glenn	Ergfit				01:37.6		
	M50-54		12	Mensforth	Paul	Iron Cove				01:38.9		
	M50-54		13	McCrossin	Mark	Ergfit				01:39.6		
M50-54	14		Watts	Dean	Shoalhaven Rowing Club				01:40.1			
M50-54	15		Lahnstein	Marko	V2 CrossFit				01:41.9			
M50-54	16		Edwards	Paul	Core Strength Fitness, Maroochydore				01:46.2			
M50-54	17		Hartley	Anthony	ADF				01:53.9			
M50-54	18		Denton	Peter	Taree				02:05.3			
M50-54			1	Papantonlou	Elliot	Radford College					343	

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	M50-54	1min	2	Roberts	Peter	Surfers Paradise	X				341	
	M50-54		3	Gilbert	Adam	Iron Cove					338	
	M50-54		4	Parry	Andrew	Shoalhaven Rowing Club					337	
	M50-54		5	Stone	Robert	Ergfit					336	
	M50-54		6	Watts	Dean	Shoalhaven Rowing Club					333	
	M50-54		7	Mensforth	Paul	Iron Cove	X				330	
	M50-54		8	Roberts	Peter	Core Strength Fitness, Maroochydore	X				324	
	M50-54		9	Turner	Chris	Shoalhaven Rowing Club					324	
	M50-54		10	Lahnstein	Marko	V2 CrossFit					321	
	M50-54		11	Henriksen	Glenn	Ergfit					318	
	M50-54		12	McCrossin	Mark	Ergfit					314	
	M50-54		13	Edwards	Paul	Core Strength Fitness, Maroochydore					296	
	M50-54		14	Denton	Peter	Taree					251	
	55-59		M55-59	2000m	1	Jackson	Brad	V2 CrossFit		06:46.7		
M55-59		2	Kowal		Michael	West Australian Rowing Club	X	07:02.0				
M55-59		3	Nugent		William	Ergfit	X	07:04.5				
M55-59		4	Batt		Ron	Yarralumla	X	07:09.1				
M55-59		5	Hamilton		David	Surfers Paradise		07:11.3				
M55-59		6	Weaver		Anthony	Shoalhaven Rowing Club		07:39.5				
M55-59		7	Peel		Ron	Ergfit	X	08:03.2				
M55-59		8	Doyle		Martin	Ergfit	X	08:10.1				
M55-59		9	Greenland		Rohan	Radford College		08:11.2				
M55-59		1000m	1	Jackson	Brad	Loreto College - Adelaide			03:10.5			
M55-59			2	Kowal	Michael	West Australian Rowing Club	X		03:25.0			
M55-59			3	Batt	Ron	Yarralumla	X		03:26.4			
M55-59			4	Crossley	Alex	Iron Cove			03:34.6			
M55-59			5	Hunt	Graham	V2 CrossFit	X		03:34.8			
M55-59			6	Weaver	Tony	Shoalhaven Rowing Club			03:43.4			
M55-59			7	Voller	Carl	Core Strength Fitness, Maroochydore			03:44.3			
M55-59			8	Lloyd	Chris	Bunbury	X		03:49.1			
M55-59			9	Doyle	Martin	Ergfit	X		03:52.8			
M55-59					Jackson	Brad	V2 CrossFit			NT		
M55-59					Juzefowicz	Tim	Ergfit	X		SCR		
M55-59			1	FitzSimons	Peter	Channel 9				01:23.6		AR
M55-59		2	Jackson	Brad	Loreto College - Adelaide				01:26.5			
M55-59		3	Couchman	Ken	Surfers Paradise				01:28.7			

RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
MALE	M55-59	500m	4	Hamilton	David	Surfers Paradise				01:35.2		
	M55-59		5	Broos	Colin	Taree				01:35.7		
	M55-59		6	Curran	Martin	Bunbury				01:36.0		
	M55-59		7	Voller	Carl	Core Strength Fitness, Maroochydore				01:37.1		
	M55-60		8	Kowal	Michael	West Australian Rowing Club	X			01:37.6		
	M55-59		9	Batt	Ron	Yarralumla	X			01:37.6		
	M55-59		10	Cursio	Peter	Ergfit				01:39.1		
	M55-59		10	Thomas	Perry	ADF				01:42.0		
	M55-59		11	Peel	Ron	Ergfit	X			01:46.7		
	M55-59		12	Weaver	Tony	Shoalhaven Rowing Club				01:47.6		
	M55-59		13	Doyle	Martin	Ergfit	X			01:49.5		
	M55-59		14	Black	William	ADF				01:50.4		
	M55-59			Jackson	Brad	V2 CrossFit				NT		
	M55-59		1min	1	Jackson	Brad	V2 CrossFit					359
M55-59	2	Voller		Carl	Core Strength Fitness, Maroochydore					336		
M55-59	3	Broos		Colin	Taree					329		
M55-59	4	Hamilton		David	Surfers Paradise					328		
M55-59	5	Cursio		Peter	Ergfit					326		
M55-59	6	Kowal		Michael	West Australian Rowing Club	X				309		
M55-59	7	Weaver		Tony	Shoalhaven Rowing Club					293		
M55-59	8	Greenland		Rohan	Radford College					288		
M55-59	9	Doyle		Martin	Ergfit	X				281		
M55-59		Juzefowicz		Tim	Ergfit					SCR		
MALE 60-64	M60-64	2000m	1	Luxford	ian	Core Strength Fitness, Maroochydore		06:47.0				
	M60-64		2	Galofaro	Sam	Ergfit		09:07.9				
	M60-64	1000m	1	Dudley	John	Surfers Paradise			03:43.9			
	M60-64		2	Ryan	Vern	Ergfit			03:50.4			
	M60-64		3	Galofaro	Sam	Ergfit			04:13.8			
	M60-64	500m	1	Finney	Nigel	Mercantile Rowing Club	X			01:36.2		
	M60-64		2	Newell	ian	Lourdes Hill College				01:37.2		
	M60-64		3	Dudley	John	Surfers Paradise				01:38.6		
	M60-64		4	McAlister	Rick	Shoalhaven Rowing Club				01:40.5		
	M60-64		5	Beeton	Tony	Taree				01:43.9		
	M60-64		6	Ryan	Vern	Ergfit				01:46.5		
	M60-64		7	Cossalter	Rob	Core Strength Fitness, Maroochydore	X			01:46.6		
	M60-64		8	Galofaro	Sam	Ergfit				01:51.5		

RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
	M60-64		9	Hogan	Michael	Bunbury				01:58.2			
	M60-64	1min	1	Dudley	John	Surfers Paradise					330		
	M60-64		2	Finney	Nigel	Mercantile Rowing Club	X				320		
	M60-64		3	Newell	Ian	Lourdes Hill College					318		
	M60-64		4	Beeton	Tony	Taree					307		
	M60-64		5	Ryan	Vern	Ergfit					306		
	M60-64		6	Galofaro	Sam	Ergfit					280		
MALE 65-69	M65-69		2000m	1	Hay	Lindsay	Iron Cove		06:56.3				
	M65-69	2		Gunn	Keith	Taree	X	07:19.9					
	M65-69	3		Nix	Graham	Taree	X	07:24.0					
	M65-69	4		Choice	John	Shoalhaven Rowing Club		07:39.1					
	M65-69	5		Bazley	Kelvin	Core Strength Fitness, Maroochydore	X	08:05.7					
	M65-69	1000m	1	Hay	Lindsay	Tara School			03:16.7				
	M65-69		2	Nix	Graham	Taree	X		03:38.0				
	M65-69		3	Bazley	Kelvin	Core Strength Fitness, Maroochydore	X		03:44.6				
	M65-69	500m	1	Beare	Peter	V2 CrossFit				01:31.6			
	M65-69		2	Hay	Lindsay	Iron Cove				01:31.9			
	M65-69		3	Holland	John	V2 CrossFit				01:37.2			
	M65-69		4	Choice	John	Shoalhaven Rowing Club				01:39.0			
	M65-69		4	Bazley	Kelvin	Core Strength Fitness, Maroochydore	X			01:39.0			
	M65-69		6	Rogers	Tim	University of New England				01:40.6			
	M65-69	1min	1	Hay	Lindsay	Iron Cove					341		
	M65-69		2	Beare	Peter	V2 CrossFit					338		
	M65-69		3	Holland	John	V2 CrossFit					331		
	M65-69		4	Bazley	Kelvin	Core Strength Fitness, Maroochydore	?				322		
	M65-69		5	Choice	John	Shoalhaven Rowing Club					316		
	M65-69		7	Simpson	Wayne	Ergfit					258		
	M70-74		2000m	1	Petelin	George	Surfers Paradise		07:08.7				
	M70-74	2		Dargan	Terry	Iron Cove	X	07:28.6					
	M70-74	3		Sheean	Peter	Iron Cove	X	07:46.0					
	M70-74	4		Sheean	Peter	Tara School	X	07:49.7					
	M70-74	5		Schmidt	Gordon	Iron Cove	X	07:53.0					
	M70-74	6		Blanch	Warren	Taree		07:53.9					
	M70-74	7		Davies	Gwynn	Core Strength Fitness, Maroochydore	X	08:16.0					
	M70-74	8		Prior	Gary	Core Strength Fitness, Maroochydore		08:17.6					
	M70-74				Pritchard	Trevor	Iron Cove	X	NT				



RANKING				COMPETITOR			WEIGHT	RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR	
MALE 70-74	M70-74	1000m	1	Petelin	George	Core Strength Fitness, Maroochydore			03:29.9				
	M70-74		2	Bugg	John	Launceston			03:42.5				
	M70-74		3	Sheean	Peter	Tara School	X		03:44.6				
	M70-74		4	Blanch	Warren	Taree			03:46.5				
	M70-74		5	Schmidt	Gordon	Iron Cove	X		03:48.0				
	M70-74		6	Davies	Gwynn	Core Strength Fitness, Maroochydore	X		03:50.8				
	M70-74	500m	1	Petelin	George	Core Strength Fitness, Maroochydore				01:36.9			
	M70-74		2	Davies	Gwynn	Core Strength Fitness, Maroochydore	X			01:41.9			
	M70-74		3	Prior	Gary	Core Strength Fitness, Maroochydore				01:42.9			
	M70-74		4	Blanch	Warren	Taree				01:44.3			
	M70-74		5	Bugg	John	Launceston				01:44.6			
	M70-74		6	Schmidt	Gordon	Iron Cove	X			01:45.4			
	M70-74		7	Sheean	Peter	Iron Cove	X			01:46.7			
	M70-74		8	Middleton	Malcolm	New Town				01:50.9			
M70-74	1min	1	Davies	Gwynn	Core Strength Fitness, Maroochydore	X					317		
M70-74		2	Bugg	John	Launceston						307		
M70-74		3	Blanch	Warren	Taree						303		
M70-74		4	Prior	Gary	Core Strength Fitness, Maroochydore						296		
M70-74		5	Schmidt	Gordon	Iron Cove	X					294		
M70-74		6	Sheean	Peter	Tara School	X					287		
M70-74		7	Middleton	Malcolm	New Town						268		
MALE 75-79	M75-79	2000m	1	Mancey	Colin	Core Strength Fitness, Maroochydore	X	08:34.6					
	M75-79	2000m	1	Donohoe	Noel	Radford College		10:10.3					
	M75-79	1000m	1	Wojcik	Alfons	Core Strength Fitness, Maroochydore			03:34.0				
	M75-79		2	Burrows	Larry	Ergfit			03:39.6				
	M75-79		3	Mancey	Colin	Core Strength Fitness, Maroochydore	X		04:01.5				
	M75-79		4	Donohoe	Noel	Radford College			04:37.7				
	M75-79	500m	1	Wojcik	Alfons	Core Strength Fitness, Maroochydore				01:36.3			
	M75-79		2	Burrows	Larry	Ergfit				01:39.4			
	M75-79		3	Mancey	Colin	Core Strength Fitness, Maroochydore	X			01:51.0			
	M75-79		4	Cross	John	Taree				01:57.7			
	M75-79		5	Donohoe	Noel	Radford College				02:04.7			
	M75-79	1min	1	Wojcik	Alfons	Core Strength Fitness, Maroochydore						319	
	M75-79		1	Burrows	Larry	Ergfit						306	
M75-79	2		Mancey	Colin	Core Strength Fitness, Maroochydore	X					285		



RANKING				COMPETITOR			WEIGHT	RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	LWT	2K	1K	500m	1 MIN	AR/WR
	M75-79		3	Donohoe	Noel	Radford College					250	
MALE 80-84	M80-84	2000m	1	Stobbe	Dirk	Ergfit	X	09:48.4				
	M80-84			Strobbe	Dirk	Barwon RC		NT				
	M80-84	1000m	1	Stobbe	Dirk	Ergfit	X		04:25.6			
	M80-84		2	Janes	Bert	Surfers Paradise	X		04:46.3			
	M80-84		3	Janes	Bert	Core Strength Fitness, Maroochydore	X		04:59.6			
	M80-84	500m	1	Stobbe	Dirk	Ergfit	X			02:02.3		
	M80-84		2	Walker	John	Core Strength Fitness, Maroochydore				02:06.4		
	M80-84		3	Janes	Bert	Surfers Paradise	X			02:09.9		
	M80-84		4	Janes	Bert	Core Strength Fitness, Maroochydore	X			02:20.4		
	M80-84	1min	1	Janes	Bert	Surfers Paradise	X				243	
M80-84	2		Janes	Bert	Core Strength Fitness, Maroochydore	X				218		
MALE 90-94	M90-94	2000m	1	Home	Vince	Core Strength Fitness, Maroochydore		10:33.3				
	M90-94	1000m	1	Home	Vince	Core Strength Fitness, Maroochydore			04:59.1			
	M90-94	500m	1	Home	Vince	Core Strength Fitness, Maroochydore				02:12.4		
	M90-94	1min	1	Home	Vince	Core Strength Fitness, Maroochydore					241	AR