

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
FEMALE 12 & 13	F12 & 13	2000m	1	Smith	Hannah	Taree	08:50.5				
	F12 & 13	1000m	1	Russell	Sarah	New Town		03:45.9			
	F12 & 13		2	Taylor	Isabella	Lourdes Hill College		03:57.3			
	F12 & 13		3	Kritzler	Inez	Iron Cove		03:57.8			
	F12 & 13		4	Smith	Hannah	Taree		04:16.2			
	F12 & 13		5	Shergold	Scarlett	Loreto College - Adelaide		04:20.7			
	F12 & 13	500m	1	Russell	Sarah	New Town			01:48.9		
	F12 & 13		2	Kelleher-Cole	Bridget	Radford College			01:49.7		
	F12 & 13		3	Keane	Emma	Shoalhaven Rowing Club			01:51.5		
	F12 & 13		4	Taylor	Isabella	Lourdes Hill College			01:52.1		
	F12 & 13		5	Coorey	R	Lourdes Hill College			01:53.7		
	F12 & 13		6	Dorash	Grace	Lourdes Hill College			01:55.6		
	F12 & 13		7	Mungur	Eryn	Loreto College - Adelaide			01:56.1		
	F12 & 13		8	Billings	Charli	Shoalhaven Rowing Club			01:56.5		
	F12 & 13		9	Vardy	Hannah	Radford College			01:57.3		
	F12 & 13		10	Rimes	Sophie	Loreto College - Adelaide			02:00.5		
	F12 & 13		11	Sellars	Abi	Radford College			02:01.7		
	F12 & 13		12	Fuller	Maddison	Core Strength Fitness, Maroochydore			02:01.9		
	F12 & 13		13	Boyce	Emily	Loreto College - Adelaide			02:02.5		
	F12 & 13		14	Smith	Hannah	Taree			02:04.2		
	F12 & 13		15	Evans	Meg	Loreto College - Adelaide			02:09.3		
	F12 & 13		16	Myatt	Elise	Loreto College - Adelaide			02:09.7		
	F12 & 13		17	Sampson	Emily	Radford College			02:13.0		
	F12 & 13		18	Ramsey	Mia	Iron Cove			02:14.5		
	F12 & 13		19	Sampson	Hannah	Radford College			02:15.4		
	F12 & 13		20	Keane	Elke	Shoalhaven Rowing Club			02:18.4		
	F12 & 13		21	Clements	Lara	Radford College			02:18.6		
	F12 & 13		22	Staughton	Athena	Radford College			02:26.9		
	F12 & 13		1	Russell	Sarah	New Town					279
	F12 & 13		2	Keane	Emma	Shoalhaven Rowing Club					279
	F12 & 13		3	Taylor	Isabella	Lourdes Hill College					277
	F12 & 13		4	Vardy	Hannah	Radford College					272
F12 & 13	5		Kelleher-Cole	Bridget	Radford College					269	
F12 & 13	6		Coorey	Alex	Lourdes Hill College					268	
F12 & 13	7		Fuller	Maddison	Core Strength Fitness, Maroochydore					263	
F12 & 13	8		Dorash	Grace	Lourdes Hill College					263	
F12 & 13	9		Herbert	Amy	Lourdes Hill College					261	
F12 & 13	10		Griggs	Danica	New Town					251	

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	F12 & 13	1min	11	Sellars	Abi	Radford College				251	
	F12 & 13		15	Smith	Hannah	Taree				251	
	F12 & 13		12	Hickey	Olivia	Radford College				248	
	F12 & 13		13	Truswell	Josephine	Radford College				246	
	F12 & 13		14	Ramsey	Mia	Iron Cove				240	
	F12 & 13		15	Kidston	Rose	Radford College				226	
	F12 & 13		16	Sampson	Emily	Radford College				225	
	F12 & 13		17	Sampson	Hannah	Radford College				224	
	F12 & 13		18	Clements	Lara	Radford College				223	
	F12 & 13		19	Meyers	Amelia	Radford College				212	
	F12 & 13		20	Billings	Charli	Shoalhaven Rowing Club				NT	
	FU16	2000m	1	Powell	Georgia	Surfers Paradise	07:19.2				AR
	FU16		2	Maccallum	Noni	Loreto College - Adelaide	07:40.9				
	FU16		3	Smith	Lucy	Loreto College - Adelaide	07:49.4				
	FU16		4	Smith	Lily	Iron Cove	07:50.2				
	FU16		5	Walker	Stella	Lauriston	07:52.1				
	FU16		6	Sexton	Skye	Loreto College - Adelaide	08:12.2				
	FU16		7	Evans	Mollie	Loreto College - Adelaide	08:31.0				
	FU16		8	Higham	Maddy	Loreto College - Adelaide	08:32.1				
	FU16		9	Cook	Laura	Loreto College - Adelaide	08:39.6				
	FU16		10	Sims	Zoe	Loreto College - Adelaide	08:56.4				
	FU16	1000m	1	Kerpiniotis	Tayla	Iron Cove		03:41.9			
	FU16		2	Naayen	Samantha	Iron Cove		03:44.2			
	FU16		3	Smith	Lucy	Loreto College - Adelaide		03:44.7			
	FU16		4	Maccallum	Noni	Loreto College - Adelaide		03:46.2			
	FU16		5	Gavan	Lily	Iron Cove		03:49.3			
	FU16		6	Codevelle	Olivia	Iron Cove		03:50.4			
	FU16		7	Gregory	Lissie	Radford College		03:53.2			
	FU16		8	Clifford	Chenoa	Lourdes Hill College		03:53.6			
	FU16		9	Dammers	Mackenzie	Lourdes Hill College		03:57.8			
	FU16		10	Hole	Macayla	Iron Cove		03:58.1			
	FU16		11	Fahd	Sarah	Iron Cove		03:58.5			
	FU16		11	Heine	Ava	Iron Cove		03:58.5			
	FU16		13	Debs	Olivia	Iron Cove		03:58.9			
	FU16		14	Carvolth	Sarah	Iron Cove		04:01.0			
	FU16		15	Menadue	Paris	New Town		04:01.1			
	FU16		16	Woolbank	Ella	Iron Cove		04:04.7			
	FU16		17	Magometovs	Georgina	Lourdes Hill College		04:06.0			

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
EMALE U16	FU16	1000m	18	Hall	Holly	Iron Cove		04:06.2			
	FU16		19	Murphy	Sophia	Iron Cove		04:07.4			
	FU16		20	Juriansz	Annelise	Iron Cove		04:07.7			
	FU16		21	Chapman	Briana	Iron Cove		04:08.5			
	FU16		22	Kuah	Imogen	Iron Cove		04:13.0			
	FU16		22	Waugh	Emelie	Iron Cove		04:13.0			
	FU16		24	Alhajali	Yara	Iron Cove		04:16.5			
	FU16		25	Bassal	Samia	Iron Cove		04:19.9			
	FU16		26	Sullivan	Annabel	Loreto College - Adelaide		04:19.9			
	FU16		27	Kennaugh	Sophia	Iron Cove		04:20.2			
	FU16		28	Lingam	Deveka	Iron Cove		04:28.0			
	FU16		29	Harrison	Georgia	Iron Cove		04:33.1			
	FU16		30	Trang	Angela	Iron Cove		04:33.5			
	FU16		31	Tamvakolos	Elle	Iron Cove		04:37.1			
	FU16		32	D'Mello	Freya	Iron Cove		04:39.4			
	FU16		33	Seraglio	Nicole	Iron Cove		04:45.0			
	FU16		34	Workman	Victoria	Iron Cove		NT			
	FU16	500m	1	Powell	Georgia	Surfers Paradise			01:41.5		
	FU16		2	Smith	Lucy	Loreto College - Adelaide			01:44.2		
	FU16		3	L'Barrow	Sarah	Lourdes Hill College			01:46.1		
	FU16		4	Sexton	Skye	Loreto College - Adelaide			01:46.4		
	FU16		5	Smith	Lily	Iron Cove			01:47.2		
	FU16		6	Cohen	Sophie	Lourdes Hill College			01:48.8		
	FU16		7	Dillon	Grace	Lourdes Hill College			01:49.2		
	FU16		8	Clifford	Chenoa	Lourdes Hill College			01:50.0		
	FU16		8	Gregory	Lissie	Radford College			01:50.0		
	FU16		10	Kricker	Lillian	Lourdes Hill College			01:50.7		
	FU16		11	Gavan	Lily	Iron Cove			01:51.7		
	FU16		12	Fahd	Sarah	Iron Cove			01:52.7		
	FU16		13	Maguire	Bride	Lourdes Hill College			01:53.7		
	FU16		13	Paterson	Attica	Lourdes Hill College			01:53.7		
	FU16		16	Debs	Olivia	Iron Cove			01:54.3		
	FU16		17	Harmey	Amelia	Lourdes Hill College			01:54.8		
	FU16		18	Dammers	Mackenzie	Lourdes Hill College			01:55.4		
FU16	18	Todd	Lydia	Shepparton RC			01:55.4				
FU16	20	Hole	Macayla	Iron Cove			01:55.9				
FU16	21	Menadue	Paris	New Town			01:56.6				
FU16	22	Hall	Holly	Iron Cove			01:56.9				

RANKING				COMPETITOR			RACE RESULTS						
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR		
LL	FU16		23	Magometovs	Georgina	Lourdes Hill College			01:57.3				
	FU16		24	McAndrew	Molly	Lourdes Hill College			01:57.3				
	FU16		25	Juriansz	Annelise	Iron Cove			01:58.0				
	FU16		26	Walker	Mia	Loreto College - Adelaide			01:59.2				
	FU16		27	Clark	Harriet	Iron Cove			02:00.3				
	FU16		28	Kretschmer	Grace	Lourdes Hill College			02:00.5				
	FU16		29	Frank	Takesa	Shoalhaven Rowing Club			02:01.6				
	FU16		30	Bassal	Samia	Iron Cove			02:01.7				
	FU16		31	Pursall	Alexandra	Lourdes Hill College			02:02.0				
	FU16		32	Waugh	Emelie	Iron Cove			02:02.2				
	FU16		33	Frank	Ruby	Shoalhaven Rowing Club			02:02.3				
	FU16		34	Alhajali	Yara	Iron Cove			02:03.1				
	FU16		35	Crisante	Mia	Lourdes Hill College			02:05.8				
	FU16		36	Kennaugh	Sophia	Iron Cove			02:06.7				
	FU16		37	Lingam	Deveka	Iron Cove			02:10.8				
	FU16		38	La	Desiray	Iron Cove			02:11.0				
	FU16		39	Harrison	Georgia	Iron Cove			02:13.6				
	FU16		40	Tamvakolos	Elle	Iron Cove			02:15.0				
	FU16		41	Seraglio	Nicole	Iron Cove			02:18.7				
	FU16				1	Maccallum	Noni	Loreto College - Adelaide				312	
	FU16				2	L'Barrow	Sarah	Lourdes Hill College				294	
	FU16			3	Kerpiniotis	Tayla	Iron Cove				292		
	FU16			4	Cohen	Sophie	Lourdes Hill College				287		
	FU16			5	Gregory	Lissie	Radford College				285		
	FU16			6	Dillon	Grace	Lourdes Hill College				283		
	FU16			7	Clifford	Chenoa	Lourdes Hill College				282		
	FU16			8	Maguire	Bride	Lourdes Hill College				282		
	FU16			9	Fahd	Sarah	Iron Cove				278		
	FU16			10	Heine	Ava	Iron Cove				278		
	FU16			11	Paterson	Attica	Lourdes Hill College				278		
	FU16			12	Gavan	Lily	Iron Cove				276		
	FU16			13	Hole	Macayla	Iron Cove				275		
	FU16			14	Dammers	Mackenzie	Lourdes Hill College				274		
	FU16			16	Leadbetter	Lauren	Lourdes Hill College				270		
	FU16			17	Kricker	Lillian	Lourdes Hill College				269		
	FU16			18	George	Amelia	Lourdes Hill College				268		
	FU16			19	Todd	Lydia	Shepparton RC				267		
	FU16			20	Harmey	Amelia	Lourdes Hill College				266		

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	FU16	1min	21	Menadue	Paris	New Town				266	
	FU16		22	Juriansz	Annelise	Iron Cove				265	
	FU16		23	Magometovs	Georgina	Lourdes Hill College				264	
	FU16		24	Clark	Harriet	Iron Cove				263	
	FU16		25	McAndrew	Molly	Lourdes Hill College				263	
	FU16		26	Kretschmer	Grace	Lourdes Hill College				261	
	FU16		27	Alhajali	Yara	Iron Cove				260	
	FU16		28	Jimenez	Sophia	Lourdes Hill College				259	
	FU16		29	Gordon	Isabella	Lourdes Hill College				258	
	FU16		30	Pursall	Alexandra	Lourdes Hill College				258	
	FU16		31	Waugh	Emelie	Iron Cove				255	
	FU16		32	Frank	Ruby	Shoalhaven Rowing Club				254	
	FU16		33	Crisante	Mia	Lourdes Hill College				252	
	FU16		34	Lavering	Ella	Lourdes Hill College				251	
	FU16		35	Frank	Takesa	Shoalhaven Rowing Club				251	
	FU16		36	Kennaugh	Sophia	Iron Cove				246	
	FU16		37	Lingam	Deveka	Iron Cove				244	
	FU16		38	La	Desiray	Iron Cove				243	
	FU16		39	Reardon	Olivia	Lourdes Hill College				242	
	FU16		40	Townsend	Chloe	Lourdes Hill College				242	
	FU16		41	Harrison	Georgia	Iron Cove				233	
	FU16		42	Seraglio	Nicole	Iron Cove				227	
	FU19	2000m	1	Jenkins	Charlotte	Lourdes Hill College	07:30.3				
	FU19		2	Valetic	Brigitte	Lourdes Hill College	07:45.8				
	FU19		3	Greenland	Nikki	Radford College	07:46.9				
	FU19		4	Amor	Tilly	Surfers Paradise	07:47.5				
	FU19		5	Ashworth	Holly	Loreto College - Adelaide	07:53.2				
	FU19		6	Berry	Georgina	Loreto College - Adelaide	07:54.6				
	FU19		7	Murphy	Madeleine	Iron Cove	07:58.7				
	FU19		8	Walpole Walsh	Josie	Lauriston	08:03.5				
	FU19		9	Curtis	Bella	Lauriston	08:04.0				
	FU19		10	Scutter	Emily	Loreto College - Adelaide	08:04.3				
	FU19		11	Honan	Isobel	Lauriston	08:07.9				
	FU19		12	Conheady	Clara	Lauriston	08:08.4				
	FU19		13	Umbers	Carmen	Lauriston	08:13.1				
	FU19		14	Lucas	Gemma	Lourdes Hill College	08:16.7				
	FU19		15	Menzies-King	Charlotte	Lauriston	08:18.2				
	FU19		16	Eade	Samantha	Lauriston	08:20.4				

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
FEMALE U19	FU19		17	Jelbart	Zoe	Lauriston	08:22.6				
	FU19		18	Derbyshire	Sophie	Lauriston	08:28.0				
	FU19		19	Upfal	Daisy	Lauriston	08:29.0				
	FU19		20	Donnelly	Freddie	Lauriston	08:29.3				
	FU19		21	Paterson	Fiona	Iron Cove	08:29.8				
	FU19		22	Penny	Eloise	Loreto College - Adelaide	08:31.9				
	FU19		23	Lange	Esther	Loreto College - Adelaide	08:35.6				
	FU19		24	MacDonald	Estelle	Lourdes Hill College	08:36.7				
	FU19		25	Hayes Chen	Alana	Lauriston	08:37.2				
	FU19		26	Colquhoun	Gemma	Lauriston	09:04.9				
	FU19	1000m	1	Creer	Annie	Radford College		03:28.8			AR
	FU19		2	Berry	Georgina	Loreto College - Adelaide		03:45.7			
	FU19		3	Wilkinson	Kate	Ergfit		03:48.4			
	FU19		4	Simpson	Gabrielle	Lourdes Hill College		03:54.0			
	FU19		5	Smith	Jessica	Iron Cove		03:57.7			
	FU19		6	Juriansz	Frances	Iron Cove		03:59.9			
	FU19		7	Polkinghorne	Isabelle	V2 CrossFit		04:01.6			
	FU19		8	Bucknell	Holly	Iron Cove		04:08.0			
	FU19		9	Kelly	Heather	Iron Cove		04:09.7			
	FU19		10	Papasinos	Demi	Iron Cove		04:14.0			
	FU19		11	Copp	Tara	Taree		04:30.7			
	FU19		12	Newby	Sophie	Iron Cove		NT			NT
	FU19	500m	1	Townsend	Isabelle	Surfers Paradise			01:38.5		
	FU19		2	Bitzios	Monique	Surfers Paradise			01:45.7		
	FU19		3	Berry	Georgina	Loreto College - Adelaide			01:45.7		
	FU19		4	Seeley	Kaila	Lourdes Hill College			01:46.5		
	FU19		5	Murphy	Madeleine	Iron Cove			01:47.6		
	FU19		6	Jenkins	Charlotte	Lourdes Hill College			01:47.7		
	FU19		7	Burgess	Zara	Lourdes Hill College			01:47.9		
	FU19		8	Valetic	Brigitte	Lourdes Hill College			01:48.6		
	FU19		9	Wilkinson	Kate	Ergfit			01:48.7		
	FU19		10	Reinehr	Sophie	Shepparton RC			01:49.6		
FU19	11		Lea	Olivia	Lourdes Hill College			01:50.5			
FU19	12		Simpson	Gabrielle	Lourdes Hill College			01:51.1			
FU19	13		Juriansz	Frances	Iron Cove			01:52.1			
FU19	14		Smith	Jessica	Iron Cove			01:53.6			
FU19	15		Tolomei	Sienna	West Australian Rowing Club			01:54.5			
FU19	16		Lucas	Gemma	Lourdes Hill College			01:55.2			

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	FU19		17	Kelly	Heather	Iron Cove			01:58.1		
	FU19		18	Bucknell	Holly	Iron Cove			01:59.0		
	FU19		19	Tidd	Hayley	Shepparton RC			01:59.8		
	FU19		20	Bennett	Isabella	Shepparton RC			02:00.5		
	FU19		21	MacDonald	Estelle	Lourdes Hill College			02:00.7		
	FU19		22	Goodwin	Abbey	Lourdes Hill College			02:01.0		
	FU19		23	Copp	Tara	Taree			02:02.5		
	FU19	1min	1	Townsend	Isabelle	Surfers Paradise				320	
	FU19		2	Ashworth	Holly	Loreto College - Adelaide				305	aR
	FU19		3	Bitzios	Monique	Surfers Paradise				298	
	FU19		4	Valetic	Brigitte	Lourdes Hill College				294	
	FU19		5	Jenkins	Charlotte	Lourdes Hill College				293	
	FU19		6	Tieken	Sophia	Lourdes Hill College				291	
	FU19		7	Polkinghorne	Isabelle	V2 CrossFit				289	
	FU19		8	Wilkinson	Kate	Ergfit				285	
	FU19		9	Reinehr	Sophie	Shepparton RC				283	
	FU19		10	Burgess	Zara	Lourdes Hill College				282	
	FU19		11	Seeley	Kaila	Lourdes Hill College				281	
	FU19		12	Lea	Olivia	Lourdes Hill College				280	
	FU19		13	Simpson	Gabrielle	Lourdes Hill College				280	
	FU19		14	Juriansz	Frances	Iron Cove				276	
	FU19		15	Lucas	Gemma	Lourdes Hill College				274	
	FU19		16	Smith	Jessica	Iron Cove				273	
	FU19		17	Kelly	Heather	Iron Cove				267	
	FU19		18	Bennett	Isabella	Shepparton RC				265	
	FU19		19	Tidd	Hayley	Shepparton RC				263	
	FU19		20	Copp	Tara	Taree				259	
	FU19		21	Bucknell	Holly	Iron Cove				251	
	FU19		22	Goodwin	Abbey	Lourdes Hill College				250	
	F19-29	2000m	1	Webb	Mieka	V2 CrossFit	07:08.9				
	F19-29		2	White	Peta	Loreto College - Adelaide	07:17.2				
	F19-29		3	Richmond	Cara	Ergfit	07:32.9				
	F19-29		4	Ayers	Nikki	Radford College	07:59.5				
	F19-29		5	Brumersky	Kate	Shoalhaven Rowing Club	08:02.7				
	F19-29		6	Sun	Danielle	ADF	08:10.0				
	F19-29		7	Robinson	Alyx	ADF	08:24.7				
	F19-29		8	West	Grace	Radford College	08:43.8				
	F19-29		9	Dart	Jemma	Shoalhaven Rowing Club	09:06.0				

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
FEMALE 19-29	F19-29	1000m	1	Lass	Samantha	West Australian Rowing Club		03:20.3			AR
	F19-29		2	Rierner	Morgan	Surfers Paradise		03:27.2			
	F19-29		3	Buddle	Tayla	V2 CrossFit		03:39.3			
	F19-29		4	Richmond	Cara	Ergfit		03:39.6			
	F19-29		5	Ayers	Nikki	Radford College		03:43.9			
	F19-29		6	Joyce	Allie	Iron Cove		03:48.0			
	F19-29		7	Brumersky	Kate	Shoalhaven Rowing Club		03:56.1			
	F19-29		8	Cosmai	Emma	ADF		03:57.0			
	F19-29		9	Dart	Jemma	Shoalhaven Rowing Club		04:27.9			
	F19-29	500m	1	Edmunds	Maddie	Penrith HPNTC			01:30.8		AR
	F19-29		2	Lass	Samantha	West Australian Rowing Club			01:32.7		
	F19-29		3	Aldersey	Olympia	Penrith HPNTC			01:33.7		
	F19-29		4	Saunders	Leah	Penrith HPNTC			01:34.4		
	F19-29		5	Stephan	Lucy	Penrith HPNTC			01:37.2		
	F19-29		6	Meredith	Rowena	Penrith HPNTC			01:37.6		
	F19-29		7	Thurston	Sal	ADF			01:37.9		
	F19-29		8	Arch	Alice	Penrith HPNTC			01:38.0		LWWR
	F19-29		9	McDougle	Kate	V2 CrossFit			01:38.2		
	F19-29		10	Ewing	Fiona	Penrith HPNTC			01:38.6		
	F19-29		11	Gotch	Georgie	Penrith HPNTC			01:39.0		
	F19-29		12	James	Amy	Penrith HPNTC			01:40.9		
	F19-29		13	Miansarow	Georgia	Penrith HPNTC			01:41.7		
	F19-29		14	Ayers	Nikki	Radford College			01:42.3		
	F19-29		15	Ganzerla	Kylee	ADF			01:43.0		
	F19-29		16	Richmond	Cara	Ergfit			01:43.9		
	F19-29		17	Nesbitt	Georgia	Penrith HPNTC			01:44.7		
	F19-29		18	Parkinson	Kim	Radford College			01:45.7		
	F19-29		19	Joyce	Allie	Iron Cove			01:49.0		
	F19-29		20	Sun	Danielle	ADF			01:50.1		
	F19-29		21	Brumersky	Kate	Shoalhaven Rowing Club			01:50.4		
	F19-29		22	Cosmai	Emma	ADF			01:52.5		
	F19-29		23	Prosser	Caitlin	Bunbury			01:53.9		
	F19-29		24	Fletcher-Mathews	Tahlea	ADF			01:56.0		
F20-29	25		Rogers	Alesha	ADF			01:58.5			
F19-29	26		Canly	Jessica	ADF			02:01.3			
F19-29	27		Dart	Jemma	Shoalhaven Rowing Club			02:05.7			
F19-29	28		Scougall	Laura	ADF			02:14.8			
F19-29			1	Lass	Samantha	West Australian Rowing Club				334	

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	F19-29	1min	2	Doudy	Bridgette	V2 CrossFit				323	
	F19-29		3	Parkinson	Kim	Radford College				313	
	F19-29		4	Ayers	Nikki	Radford College				300	
	F19-29		5	Richmond	Cara	Ergfit				295	
	F19-29		6	Joyce	Allie	Iron Cove				293	
	F19-29		7	Dimasi	Deanna	V2 CrossFit				291	
	F19-29		8	Brumersky	Kate	Shoalhaven Rowing Club				288	
	F19-29		9	Sun	Danielle	ADF				282	
	F19-29		10	Rogers	Alesha	ADF				263	
	F19-29		11	West	Grace	Radford College				257	
	F19-29		12	Dart	Jemma	Shoalhaven Rowing Club				251	
	LE 30-39		F30-39	2000m	1	McCone	Jodi	Ergfit	07:35.9		
F30-39		2	Rice		Maxine	Barwon RC	07:53.9				
F30-39		3	Herbert		Zoe	University of New England	08:09.4				
F30-39		4	Bates		Lisa	Ergfit	08:12.3				
F30-39		5	Langford		Nikki	Shoalhaven Rowing Club	08:28.0				
F30-39		6	Peters		Anne	Core Strength Fitness, Maroochydore	08:35.9				
F30-39		7	Brewer		Hazel	Shoalhaven Rowing Club	08:50.0				
F30-39			Wilkinson		Kate	Ergfit	SCR				
F30-39		1000m	1	Glaister	Peta	Ergfit		03:19.2			WR
F30-39			2	Everson	Alyssa	V2 CrossFit		03:30.8			
F30-39			3	Smith	Phillippa	Shoalhaven Rowing Club		03:39.5			
F30-39			4	McCone	Jodi	Ergfit		03:44.1			
F30-39			5	Pattie	Louise	Lourdes Hill College		03:45.6			
F30-39			6	Herbert	Zoe	University of New England		03:48.7			
F30-39			7	Bates	Lisa	Ergfit		03:55.3			
F30-39			8	Almeida	Lisa	ADF		03:59.7			
F30-39			9	Calderwood	Elissa	Shoalhaven Rowing Club		04:01.5			
F30-39			10	Stephenson	Emily	University of New England		04:02.6			
F30-39			11	Langford	Nikki	Shoalhaven Rowing Club		04:03.4			
F30-39			12	Peters	Anne	Core Strength Fitness, Maroochydore		04:06.2			
F30-39			13	Brewer	Hazel	Shoalhaven Rowing Club		04:15.0			
F30-39				Wilkinson	Kate	Ergfit		SCR			
F30-39			1	Hawe	Sarah	Penrith HPNTC			01:35.7		
F30-39			2	Foster	Chantel	V2 CrossFit			01:39.8		
F30-39			3	Smith	Phillippa	Shoalhaven Rowing Club			01:41.6		
F30-39			4	Everson	Alyssa	V2 CrossFit			01:42.2		
F30-39			5	White	Tiffany	Radford College			01:42.9		

RANKING				COMPETITOR			RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR	
FEMA	F30-39	500m	6	McCone	Jodi	Ergfit			01:47.4			
	F30-39		7	Rice	Maxine	Barwon RC			01:48.8			
	F30-39		8	Grey	Emma	ADF			01:49.2			
	F30-39		9	Langford	Nikki	Shoalhaven Rowing Club			01:49.6			
	F30-39		10	Casey	Lisa	ADF			01:51.0			
	F30-39		11	Bates	Lisa	Ergfit			01:53.1			
	F30-39		12	Peters	Anne	Core Strength Fitness, Maroochydore			01:56.9			
	F30-39		13	Calderwood	Elissa	Shoalhaven Rowing Club			01:57.3			
	F30-39		14	Reynolds	Katrina	Iron Cove			02:00.2			
	F30-39		15	Brewer	Hazel	Shoalhaven Rowing Club			02:04.7			
	F30-39		16	Weston	Emma-Lee	ADF			02:05.5			
	F30-39			Wilkinson	Kate	Ergfit			SCR			
	F30-39			1	White	Tiffany	Radford College				321	
	F30-39	2		Campbell	Frances	Iron Cove				316		
	F30-39	3		Everson	Alyssa	V2 CrossFit				301		
	F30-39	4		Langford	Nikki	Shoalhaven Rowing Club				299		
	F30-39	5		Smith	Phillippa	Shoalhaven Rowing Club				297		
	F30-39	6		Pattie	Louise	Lourdes Hill College				294		
	F30-39	7		McCone	Jodi	Ergfit				292		
	F30-39	8		Bates	Lisa	Ergfit				270		
	F30-39	9		Peters	Anne	Core Strength Fitness, Maroochydore				266		
	F30-39	10		Newick	Jaimee	Yarralumla				258		
	F30-39	11		Reynolds	Katrina	Iron Cove				257		
	F30-39	12		Brewer	Hazel	Shoalhaven Rowing Club				244		
	F30-39		Glaister	Peta	Ergfit				SCR			
F30-39		Wilkinson	Kate	Ergfit				SCR				
	F40-49	2000m	1	Lowe	Janette	Ergfit	07:23.9					
	F40-49		2	Potts	Tamara	Ergfit	07:51.4					
	F40-49		3	Neilson	Samantha	Shoalhaven Rowing Club	07:52.2					
	F40-49		4	Richardson	Louise	Barwon RC	07:55.8					
	F40-49		5	Lucas	Helen	Lourdes Hill College	08:08.3					
	F40-49		6	Hatch	Kristin	Surfers Paradise	08:10.1					
	F40-49		7	Wemyss	Jacqui	Ergfit	08:19.0					
	F40-49		8	Baker	Paulette	Taree	09:31.9					
	F40-49		9	Denton	Kim	Taree	09:32.2					
	F40-49			Behrendt	Amanda	Iron Cove	NT					
	F40-49			Opferkuch	Bronwyn	Shoalhaven Rowing Club	NT					
	F40-49			1	Robichaud	Tammy	Ergfit		03:23.5			AR

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
FEMALE 40-49	F40-49	1000m	2	Davis	Katrina	Shoalhaven Rowing Club		03:36.2			
	F40-49		3	Chang	Aliti	Core Strength Fitness, Maroochydore		03:39.8			
	F40-49		4	Pullen	Nicole	Taree		03:41.0			
	F40-49		5	Potts	Naomi	Ergfit		03:45.2			
	F40-49		6	Potts	Tamara	Ergfit		03:46.5			
	F40-49		7	Neilson	Sam	Shoalhaven Rowing Club		03:49.2			
	F40-49		8	Wemyss	Jacqui	Ergfit		03:56.8			
	F40-49		9	McCallum	Rachael	Surfers Paradise		04:03.1			
	F40-49		10	Galvin	Jennifer	Ergfit		04:36.6			
	F40-49		11	Baker	Paulette	Taree		04:38.3			
	F40-49			Opferkuch	Bronwyn	Shoalhaven Rowing Club		NT			
	F40-49			Lowe	Janette	Ergfit		SCR			
	F40-49	500m	1	Lowe	Janette	Ergfit			01:36.3		
	F40-49		2	James	Jacqui	Surfers Paradise			01:39.2		
	F40-49		3	Chang	Aliti	Core Strength Fitness, Maroochydore			01:40.9		
	F40-49		4	Davis	Katrina	Shoalhaven Rowing Club			01:41.9		
	F40-49		5	Nolan	Kyha	Surfers Paradise			01:45.0		
	F40-49		6	Neilson	Sam	Shoalhaven Rowing Club			01:45.1		
	F40-49		7	Potts	Naomi	Ergfit			01:46.0		
	F40-49		8	Potts	Tamara	Ergfit			01:46.4		
	F40-49		9	Richardson	Louise	Barwon RC			01:46.7		
	F40-49		10	McCallum	Rachel	Surfers Paradise			01:51.5		
	F40-49		11	Opferkuch	Bronwyn	Shoalhaven Rowing Club			01:52.2		
	F40-49		12	Wemyss	Jacqui	Ergfit			01:53.3		
	F40-49		13	Dillon	Paula	Lourdes Hill College			01:55.5		
	F40-49		14	Jenkins	Fiona	Lourdes Hill College			01:56.3		
	F40-49		15	Ahern	Janelle	ADF			01:59.5		
	F40-49		16	Galvin	Jennifer	Ergfit			02:10.3		
	F40-49		17	Baker	Paulette	Taree			02:11.2		
	F40-49		18	Denton	Kim	Taree			02:21.4		
	F40-49		Aylmer	Carey	V2 CrossFit			NT			
	F40-49		Robichaud	Tammy	Ergfit			SCR			
F40-49		1	James	Jacqui	Surfers Paradise				322		
F40-49		2	Lowe	Janette	Ergfit				319		
F40-49		3	Davis	Katrina	Shoalhaven Rowing Club				309		
F40-49		4	Lucas	Helen	Lourdes Hill College				305		
F40-49		5	Chang	Aliti	Core Strength Fitness, Maroochydore				303		
F40-49		6	Potts	Naomi	Ergfit				302		

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	F40-49	1min	7	Potts	Tamara	Ergfit				299	
	F40-49		8	Neilson	Sam	Shoalhaven Rowing Club				294	
	F40-49		9	Opferkuch	Bronwyn	Shoalhaven Rowing Club				288	
	F40-49		10	Jenkins	Fiona	Lourdes Hill College				287	
	F40-49		11	McCallum	Rachel	Surfers Paradise				284	
	F40-49		12	Dillon	Paula	Lourdes Hill College				276	
	F40-49		13	Kretschmer	Michelle	Lourdes Hill College				261	
	F40-49		14	Crisante	Cathy	Lourdes Hill College				254	
	F40-49		15	Galvin	Jennifer	Ergfit				250	
	F40-49		16	Baker	Paulette	Taree				235	
	F40-49		17	Denton	Kim	Taree				221	
	F40-49				Wemyss	Jacqui	Ergfit				SCR
FEMALE 50-54	F50-54	2000m	1	Cotsanis	Carol	Ergfit	08:03.9				
	F50-54		2	Jones	Simone	Shoalhaven Rowing Club	08:25.2				
	F50-54		3	Frank	Anne-Maree	Shoalhaven Rowing Club	08:39.9				
	F50-54		4	Myatt	Alison	Surfers Paradise	08:43.7				
	F50-54		5	Ambrose	Mary	Shoalhaven Rowing Club	08:46.6				
	F50-54		6	Gray	Sue	Shoalhaven Rowing Club	09:53.5				
	F50-54	1000m	1	Innes	Tracy	Iron Cove		03:46.6			
	F50-54		2	Jones	Simone	Shoalhaven Rowing Club		04:05.4			
	F50-54		3	Griggs	Cathy	New Town		04:05.8			
	F50-54		4	Martin-Wallace	Tess	Core Strength Fitness, Maroochydore		04:07.7			
	F50-54		5	Myatt	Alison	Surfers Paradise		04:08.3			
	F50-54		6	Ambrose	Mary	Shoalhaven Rowing Club		04:13.7			
	F50-54		7	Lofthouse	Shari	Ergfit		04:14.1			
	F50-54		8	Frank	Anne-Maree	Shoalhaven Rowing Club		04:15.4			
	F50-54		9	Cross	Esther	Ergfit		04:31.9			
	F50-54		10	Gray	Sue	Shoalhaven Rowing Club		04:57.5			
	F50-54	500m	1	Innes	Tracy	Iron Cove			01:47.5		
	F50-54		2	Hatzis	Bronwyn	Iron Cove			01:49.0		
	F50-54		3	Griggs	Cathy	New Town			01:53.9		
	F50-54		4	Myatt	Alison	Surfers Paradise			01:56.6		
	F50-54		5	Martin-Wallace	Tess	Core Strength Fitness, Maroochydore			01:58.7		
	F50-54		6	Ambrose	Mary	Shoalhaven Rowing Club			01:59.5		
	F50-54		7	Frank	Anne-Maree	Shoalhaven Rowing Club			02:03.0		
	F50-54		8	Lofthouse	Shari	Ergfit			02:03.7		
	F50-54		9	Gray	Sue	Shoalhaven Rowing Club			02:07.0		
	F50-54		1	Hatzis	Bronwyn	Iron Cove				298	

RANKING			COMPETITOR				RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	F50-54	1min	2	Innes	Tracy	Iron Cove				291	
	F50-54		3	Myatt	Alison	Surfers Paradise				273	
	F50-54		4	Griggs	Cathy	New Town				272	
	F50-54		5	Lofthouse	Shari	Ergfit				269	
	F50-54		6	Martin-Wallace	Tess	Core Strength Fitness, Maroochydore				268	
	F50-54		7	Glenister	Susan	Bunbury				267	
	F50-54		8	Cohen	Sally	Lourdes Hill College				267	
	F50-54		9	Ambrose	Mary	Shoalhaven Rowing Club				257	
	F50-54		10	Frank	Anne-Maree	Shoalhaven Rowing Club				254	
	F50-54		11	Gray	Susan	Shoalhaven Rowing Club				250	
	F50-54		12	Cotter	Maria	University of New England				238	
			F55-59		1	Primmer	Jan	Ergfit	08:11.4		
F55-59		2	Cavill		Amanda	Taree	08:21.3				
F55-59		3	Jones		Sharon	West Australian Rowing Club	08:24.1				
F55-59		4	Irving		Leanne	Taree	08:36.3				
F55-59		5	Calvin		Catherine	Taree	08:41.1				
F55-59		6	Hou		Lindy	Radford College	09:02.6				
F55-59		1000m	1	Primmer	Jan	Ergfit		03:59.7			
F55-59			2	Jones	Sharon	West Australian Rowing Club		04:05.0			
F55-59			3	Irving	Leanne	Taree		04:09.7			
F55-59			4	Calvin	Catherine	Taree		04:14.8			
F55-59			5	Hendrey	Grainne	Launceston		04:16.5			
F55-59			6	Hou	Lindy	Radford College		04:17.5			
F55-59			7	Moore	Cathy	V2 CrossFit		04:27.3			
F55-59		500m	1	Jeffery	Karen	Surfers Paradise			01:44.0		AR*
F55-59			2	Pina	Barbara	Bunbury			01:50.1		
F55-59			3	Jones	Sharon	West Australian Rowing Club			01:51.5		
F55-59			4	Primmer	Jan	Ergfit			01:52.3		
F55-59			5	Cavill	Amanda	Taree			01:56.5		
F55-59			6	Calvin	Catherine	Taree			01:59.2		
F55-59			7	Hendrey	Grainne	Launceston			01:59.4		
F55-59			8	Irving	Leanne	Taree			01:59.9		
F55-59		1min	1	Crossley	Alex	Iron Cove				314	
F55-59			2	Jeffery	Karen	Surfers Paradise				296	
F55-59			3	Jones	Sharon	West Australian Rowing Club				287	
F55-59			4	Primmer	Jan	Ergfit				278	
F55-59			5	Cavill	Amanda	Taree				272	
F55-59			6	Hendrey	Grainne	Launceston				269	

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	F55-59		7	Calvin	Catherine	Taree				261	
	F55-59		8	Moore	Cathy	V2 CrossFit				260	
FEMALE 60-64	F60-64	2000m	1	Hatcher	Sally	Iron Cove	09:36.9				
	F60-64		2	Dart	Julie	Shoalhaven Rowing Club	09:56.6				
	F60-64			Lytzki	Philippa	Ergfit	SCR				
	F60-64	1000m	1	Beeton	Louise	Taree		04:31.7			
	F60-64		2	Hatcher	Sally	Iron Cove		04:39.2			
	F60-64		3	Dart	Julie	Shoalhaven Rowing Club		04:50.3			
	F60-64			Lytzki	Philippa	Ergfit		SCR			
	F60-64	500m	1	Hatcher	Sally	Iron Cove			02:10.6		
	F60-64		2	Watson	Heather	Ergfit			02:12.3		
	F60-64		3	Dart	Julie	Shoalhaven Rowing Club			02:16.5		
	F60-64		4	Beeton	Louise	Taree			02:17.2		
	F60-64			Lytzki	Philippa	Ergfit			SCR		
	F60-64	1min	1	Dart	Julie	Shoalhaven Rowing Club				252	
	F60-64		2	Beeton	Louise	Taree				250	
	F60-64		3	Watson	Heather	Ergfit				243	
F60-64	4		Hatcher	Sally	Iron Cove				235		
F60-64			Lytzki	Philippa	Ergfit				SCR		
FEMALE 65-69	F65-69	2000m	1	Feldman	Elizabeth	Ergfit	08:24.7				
	F65-69		2	Pitt	Jennifer	Taree	09:01.3				
	F65-69		3	Weers	Lesley	Taree	09:22.0				
	F65-69		4	Hodson	Norma	Taree	09:23.1				
	F65-69		5	McCormick	Sue	Ergfit	09:24.0				
	F65-69	1000m	1	Feldman	Elizabeth	Ergfit		04:02.7			
	F65-69		2	Pitt	Jennifer	Taree		04:22.7			
	F65-69		3	McCormick	Sue	Ergfit		04:30.2			
	F65-69		4	Hodson	Norma	Taree		04:30.6			
	F65-69		5	Weers	Lesley	Taree		04:37.6			
	F65-69		6	Harker	Noela	Core Strength Fitness, Maroochydore		04:51.5			
	F65-69	500m	1	Feldman	Elizabeth	Ergfit			01:57.3		
	F65-69		2	Pitt	Jennifer	Taree			02:06.5		
	F65-69		3	Hodson	Norma	Taree			02:06.8		
	F65-69		4	Harker	Noela	Core Strength Fitness, Maroochydore			02:07.6		
	F65-69		5	McCormick	Sue	Ergfit			02:10.2		
	F65-69		6	Weers	Lesley	Taree			02:14.2		

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	F65-69	1min	1	Feldman	Elizabeth	Ergfit				264	
	F65-69		2	Hodson	Norma	Taree				250	
	F65-69		3	Harker	Noela	Core Strength Fitness, Maroochydore				249	
	F65-69		4	Pitt	Jennifer	Taree				246	
	F65-69		5	Weers	Lesley	Taree				238	
FEMALE 70-74	F70-74	2000m	1	Laundry	Beverley	Core Strength Fitness, Maroochydore	09:26.8				
	F70-74	1000m	1	Laundry	Beverley	Core Strength Fitness, Maroochydore		04:32.4			
	F70-74	500m	1	Laundry	Beverley	Core Strength Fitness, Maroochydore			02:05.4		
	F70-74		2	Coghill	Wendy	Core Strength Fitness, Maroochydore			02:24.4		
	F70-74	1min	1	Laundry	Beverley	Core Strength Fitness, Maroochydore				253	
	F70-74		2	Coghill	Wendy	Core Strength Fitness, Maroochydore				200	
FEMALE 75-79	F75-79	2000m	1	Milverton	Merriel	Ergfit	11:10.4				
	F75-79				Creswell	Anne	Barwon RC	NT			
	F75-79				Milverton	Merriel	Barwon RC	NT			
	F75-79	1000m	1	Creswell	Anne	Barwon RC		04:26.7			
	F75-79		2	Milverton	Merriel	Ergfit		05:15.3			
	F75-79	500m	1	Creswell	Anne	Barwon RC			02:05.3		
	F75-79		2	Milverton	Merriel	Ergfit			02:30.4		
	F75-79	1min	1	Creswell	Anne	Barwon RC				245	
FEMALE 85-89	F85-89	1000m	1	Kemp	Tibby	Core Strength Fitness, Maroochydore		05:13.0			AR
	F85-89		2	Home	Beryl	Core Strength Fitness, Maroochydore		05:38.1			
	F85-89	500m	1	Kemp	Tibby	Core Strength Fitness, Maroochydore			02:24.4		AR
	F85-89		2	Home	Beryl	Core Strength Fitness, Maroochydore			02:36.8		
	F85-89	1min	1	Home	Beryl	Core Strength Fitness, Maroochydore				221	
	F85-89		2	Kemp	Tibby	Core Strength Fitness, Maroochydore				211	
FEMALE	F90-94	500m	1	Roberts	Nikki	Shoalhaven Rowing Club			03:44.1		AR
FEMALE	M12 & 13		1	Gillian	Blake	Iron Cove	07:49.9				
	M12 & 13		2	Mounter	Hayden	New Town	08:14.4				
	M12 & 13	1000m	1	Puise	Jack	Shepparton RC		03:33.0			
	M12 & 13		2	Bush	Chris	Radford College		03:49.8			
	M12 & 13		3	Gregory	Will	Radford College		03:51.5			
	M12 & 13		4	Mitchelmore	Jessen	New Town		03:58.7			
	M12 & 13		5	Mounter	Hayden	New Town		04:01.9			
	M12 & 13		6	Golding	Nathan	Shoalhaven Rowing Club		04:03.2			
	M12 & 13		7	Eldred	James	Shepparton RC		04:09.4			
	M12 & 13		1	Pulse	Jack	Shepparton RC			01:38.5		
	M12 & 13		2	Bush	Chris	Radford College			01:47.8		
	M12 & 13		3	Gregory	Will	Radford College			01:49.9		

RANKING				COMPETITOR			RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR	
MALE 12 & 13	M12 & 13	500m	4	Mitchelmore	Jessen	New Town			01:53.1			
	M12 & 13		5	Mounter	Hayden	New Town			01:55.2			
	M12 & 13		6	Golding	Nathan	Shoalhaven Rowing Club			01:56.6			
	M12 & 13		7	Allen	Felix	Radford College			01:57.4			
	M12 & 13		8	Eldred	James	Shepparton RC			02:00.9			
	M12 & 13		9	Wiseman	Darcy	Radford College			02:01.5			
	M12 & 13		10	Gillian	Max	Iron Cove			02:03.4			
	M12 & 13		11	Coughlan-Smith	Harper	Radford College			02:14.9			
	M12 & 13		12	Newton	Elliot	Radford College			02:18.7			
	M12 & 13		1min	1	Pulse	Jack	Shepparton RC				319	
	M12 & 13			2	Bush	Chris	Radford College				291	
	M12 & 13	3		Gregory	Will	Radford College				287		
	M12 & 13	4		Gillian	Blake	Iron Cove				280		
	M12 & 13	5		Allen	Felix	Radford College				276		
	M12 & 13	6		Golding	Nathan	Shoalhaven Rowing Club				272		
	M12 & 13	7		Mounter	Hayden	New Town				265		
	M12 & 13	8		Mitchelmore	Jessen	New Town				264		
	M12 & 13	9		Eldred	James	Shepparton RC				262		
	M12 & 13	10		Wiseman	Darcy	Radford College				254		
	M12 & 13	11		Coughlan-Smith	Harper	Radford College				223		
		MU16	2000m	1	Mellor	James	Loreto College - Adelaide	06:47.6				
		MU16		2	Mounter	Sam	New Town	07:07.0				
MU16		3		Hobart	Josh	Surfers Paradise	07:07.5					
MU16		4		Kovarik	Karl	Iron Cove	07:11.7					
MU16		5		Gavan	Jack	Iron Cove	07:11.9					
MU16		6		Smith	Josiah	Taree	07:19.0					
MU16		7		Schroder	Damien	Radford College	07:19.3					
MU16		8		Morrish	Jackson	Barwon RC	07:20.8					
MU16		9		Calastas	Demo	Barwon RC	07:22.8					
MU16		10		Langford	Mitchell	Shoalhaven Rowing Club	07:39.3					
MU16		11		Toscan	Ethan	Radford College	07:46.5					
MU16		12		Bevan	Harry	New Town	07:50.2					
MU16			Gornall	Alex	Ergfit	NR						
MU16			1	Mellor	James	Loreto College - Adelaide		03:12.8			AR	
MU16			2	Coombs	Jesse	Loreto College - Adelaide		03:13.0				
MU16			3	Gornall	Alex	Ergfit		03:19.2				
MU16			4	Dooley-Heath	Tom	Shepparton RC		03:22.1				
MU16	5		Sampson	Noah	Radford College		03:23.0					

	RANKING			COMPETITOR			RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR	
MALE U16	MU16	1000m	6	Mounter	Sam	New Town		03:23.7				
	MU16		7	Langford	Mitchell	Shoalhaven Rowing Club		03:32.3				
	MU16		8	Smith	Josiah	Taree		03:33.6				
	MU16		9	Neal	Tom	New Town		03:34.7				
	MU16		10	Whitford	Angus	Radford College		03:35.4				
	MU16		11	Morrish	Jackson	Barwon RC		03:36.7				
	MU16		12	Calastas	Demo	Barwon RC		03:39.4				
	MU16		13	Pearce	Tyler	Core Strength Fitness, Maroochydore		03:40.3				
	MU16		14	Taylor	James	New Town		03:41.0				
	MU16		15	Moore	Lawson	Shoalhaven Rowing Club		03:42.0				
	MU16		16	Waller	Nick	Shepparton RC		03:49.0				
	MU16		17	Bishop	Max	New Town		03:51.6				
	MU16		18	Bevan	Harry	New Town		03:53.8				
	MU16		19	Procter	Thomas	New Town		04:00.7				
	MU16		500m	1	Coombs	Jesse	Loreto College - Adelaide			01:29.7		AR
	MU16			2	Mellor	James	Loreto College - Adelaide			01:30.1		
	MU16			3	Dooley-Heath	Tom	Shepparton RC			01:33.3		
	MU16			4	Gornall	Alex	Ergfit			01:33.8		
	MU16			5	Pearce	Tyler	Core Strength Fitness, Maroochydore			01:34.3		
	MU16	6		Sampson	Noah	Radford College			01:38.0			
	MU16	7		Morrish	Jackson	Barwon RC			01:38.9			
	MU16	8		Smith	Josiah	Taree			01:39.3			
	MU16	9		Langford	Mitchell	Shoalhaven Rowing Club			01:40.4			
	MU16	10		Calastas	Demo	Barwon RC			01:42.4			
	MU16	11		Neal	Tom	New Town			01:42.6			
	MU16	12		Moore	Lawson	Shoalhaven Rowing Club			01:42.8			
	MU16	13		Doust	David	Iron Cove			01:43.7			
	MU16	14		Taylor	James	New Town			01:44.1			
	MU16	15		Hart	Wills	West Australian Rowing Club			01:44.2			
	MU16	16		Calastas	Demo	Barwon RC			01:46.7			
MU16	17	Waller		Nick	Shepparton RC			01:48.5				
MU16	18	Bishop		Max	New Town			01:48.8				
MU16	19	Bevan		Harry	New Town			01:49.0				
MU16	20	Bristow		Sam	Iron Cove			01:50.6				
MU16	23	Procter		Tom	New Town			01:56.7				
MU16	24	Smith		Josiah	Taree			02:04.2				
MU16	25	Southcott		Henry	V2 CrossFit			NT				
MU16		1		Dooley-Heath	Tom	Shepparton RC				346		

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	MU16	1min	2	Mellor	James	Loreto College - Adelaide				345	
	MU16		3	Coombs	Jesse	Loreto College - Adelaide				344	
	MU16		4	Hobart	Josh	Surfers Paradise				338	
	MU16		5	Pearce	Tyler	Core Strength Fitness, Maroochydore				333	
	MU16		6	Gornall	Alex	Ergfit				332	
	MU16		7	Mounter	Sam	New Town				322	
	MU16		8	Langford	Mitchell	Shoalhaven Rowing Club				321	
	MU16		9	Kovarik	Karl	Iron Cove				311	
	MU16		10	Sampson	Noah	Radford College				311	
	MU16		11	Morrish	Jackson	Barwon RC				308	
	MU16		12	Smith	Josiah	Taree				308	
	MU16		13	Moore	Lawson	Shoalhaven Rowing Club				306	
	MU16		14	Calastas	Demo	Barwon RC				303	
	MU16		15	Neal	Tom	New Town				303	
	MU16		16	Hart	Wills	West Australian Rowing Club				302	
	MU16		17	Taylor	James	New Town				293	
	MU16		18	Bevan	Harry	New Town				288	
	MU16		19	Waller	Nick	Shepparton RC				288	
	MU16		20	Bishop	Max	New Town				285	
	MU16		21	Procter	Tom	New Town				270	
	MU19		2000m	1	Henriques	Hamish	West Australian Rowing Club	06:17.4			
	MU19	2		Swan	Lachlan	Surfers Paradise	06:39.9				
	MU19	3		Glackin	Harry	Iron Cove	06:50.0				
	MU19	4		Lockhart	Nick	Surfers Paradise	06:53.9				
	MU19	5		Sims	Ben	Surfers Paradise	07:08.0				
	MU19	6		Milne	Joshua	Surfers Paradise	07:36.3				
	MU19	7		Christopher	Graeme	Surfers Paradise	08:10.5				
	MU19		1	Henriques	Hamish	West Australian Rowing Club		03:00.5			
	MU19		2	Matthews	Cooper	Barwon RC		03:11.0			
	MU19		3	Glackin	Harry	Iron Cove		03:13.0			
	MU19		4	Schier	Tom	Shepparton RC		03:13.8			

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
MALE U19	MU19	1000m	5	Grayland	Parker	Barwon RC		03:21.2			
	MU19		6	Evans	Billy	Barwon RC		03:21.5			
	MU19		7	Majchrzak	Daniel	Radford College		03:23.0			
	MU19		8	Krstevski	Tristan	Ergfit		03:25.8			
	MU19		9	Eldred	Michael	Shepparton RC		03:55.0			
	MU19		10	Moore	Lachlan	Launceston		04:23.0			
	MU19	500m	1	Henriques	Hamish	West Australian Rowing Club			01:23.6		
	MU19		2	Glackin	Harry	Iron Cove			01:29.8		
	MU19		3	Matthews	Cooper	Barwon RC			01:30.2		
	MU19		4	Evans	Billy	Barwon RC			01:31.2		
	MU19		5	Schier	Tom	Shepparton RC			01:32.0		
	MU19		6	Grayland	Parker	Barwon RC			01:37.9		
	MU19		7	Eldred	Michael	Shepparton RC			01:52.1		
	MU19		8	Moore	Lachlan	Launceston			02:04.6		
	MU19	1min	1	Henriques	Hamish	West Australian Rowing Club				366	
	MU19		2	Glackin	Harry	Iron Cove				345	
	MU19		3	Schier	Tom	Shepparton RC				336	
	MU19		4	Majchrzak	Daniel	Radford College				334	
MU19	5		Krstevski	Tristan	Ergfit				328		
MU19	6		Eldred	Michael	Shepparton RC				287		
	M19-29	2000m	1	Percy	Chad	V2 CrossFit	06:26.9				
	M19-29		2	Symon	Rurik	V2 CrossFit	06:34.4				
	M19-29		3	Spiller	Rhett	Ergfit	06:39.1				
	M19-29		4	Harvey	Jack	V2 CrossFit	06:44.7				
	M19-29		5	Warren	James	V2 CrossFit	06:59.1				
	M19-29		6	Deboer	Ashlee	V2 CrossFit	07:05.7				
	M19-29		7	McRae-Johns	Gus	Ergfit	08:14.7				
	M19-29	1000m	1	Ford	Nicholas	West Australian Rowing Club		02:55.9			
	M19-29		2	Gibson	Ben	Iron Cove		03:01.7			
	M19-29		3	Crichton	Toby	Shepparton RC		03:12.9			
	M19-29		4	Douyere-Pate	Clay	Core Strength Fitness, Maroochydore		03:13.5			
	M19-29		5	Delipetar	Anthony	Shoalhaven Rowing Club		03:16.6			
	M19-29		6	Hutchinson	Alex	New Town		03:18.1			
	M19-29		7	Parker	Nathan	Radford College		03:24.0			
	M19-29		8	Green	Dilan	Shoalhaven Rowing Club		03:28.6			
	M19-29		9	Pass	Brenton	ADF		03:35.3			
	M19-29		10	McRae-Johns	Gus	Ergfit		03:47.7			
	M19-29		1	Dunkley-Smith	Josh	RBNTC			01:14.9		AR

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
MALE 19-29	M19-29	500m	2	Keenan	Simon	RBNTC			01:15.9		
	M19-29		3	Widdicombe	Angus	RBNTC			01:16.6		
	M19-29		4	Wruck	Darcy	RBNTC			01:18.0		
	M19-29		5	Booth	Josh	RBNTC			01:18.1		
	M19-29		6	Bowden	Nathan	RBNTC			01:18.2		
	M19-29		7	Watts	Campbell	RBNTC			01:18.3		
	M19-29		7	Hassett	Sean	Taree			01:18.3		
	M19-29		9	Antill	Caleb	RBNTC			01:19.1		
	M19-29		10	Langsford	Hugo	RBNTC			01:19.3		
	M19-29		11	Coombs	Ben	RBNTC			01:19.7		
	M19-29		11	Hunt	Tom	RBNTC			01:19.7		
	M19-29		13	Donald	Liam	RBNTC			01:20.0		
	M19-29		13	Purnell	Nick	RBNTC			01:20.0		
	M19-29		15	Moore	Angus	RBNTC			01:20.2		
	M19-29		16	Watts	David	RBNTC			01:20.3		
	M19-29		17	Masters	Tim	RBNTC			01:20.6		
	M19-29		18	Turrin	Spencer	RBNTC			01:20.7		
	M19-29		19	Hicks	Josh	RBNTC			01:20.8		
	M19-29		20	Judge	Andrew	RBNTC			01:20.9		
	M19-29		21	Hargreaves	Jack	RBNTC			01:21.2		
	M19-29		22	Playfair	Hamish	RBNTC			01:21.2		
	M19-29		23	Letcher	Luke	RBNTC			01:21.3		
	M19-29		24	Youl	Henry	RBNTC			01:21.9		
	M19-29		25	Hill	Alex	RBNTC			01:22.0		
	M19-29		26	Koster	Peter	RBNTC			01:22.5		
	M19-29		27	Mure	Wilson	RBNTC			01:22.5		
	M19-29		28	Black	Rob	RBNTC			01:22.6		
	M19-29		29	Purnell	Alex	RBNTC			01:22.7		
	M19-29		30	Santin	Tim	RBNTC			01:22.8		
	M19-29		31	McNamara	Michael	RBNTC			01:24.2		
	M19-29		32	Kelly	Jack	RBNTC			01:24.4		
	M19-29		33	Ward	Perry	RBNTC			01:26.1		
	M19-29		34	Crichton	Toby	Shepparton RC			01:26.1		
	M19-29		35	Parry	Hamish	RBNTC			01:26.2		
	M19-29		36	Douyere-Pate	Clay	Core Strength Fitness, Maroochydore			01:27.4		
	M19-29		36	Robinson	Louis	Radford College			01:27.4		
	M19-29		38	Matthews	Red	RBNTC			01:27.8		
	M19-29		39	Fowler	Cam	RBNTC			01:27.9		

RANKING				COMPETITOR			RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR	
	M19-29		39	Murphy	Sean	RBNTC			01:27.9			
	M19-29		41	Prosser	David	Bunbury			01:28.3			
	M19-29		42	McAlister	Ben	Shoalhaven Rowing Club			01:29.2			
	M19-29		43	Studders	Zac	ADF			01:29.4			
	M19-29		44	Warren	James	V2 CrossFit			01:29.4			
	M19-29		45	Wright	Brendon	ADF			01:31.1			
	M19-29		46	Delipetar	Anthony	Shoalhaven Rowing Club			01:33.5			
	M19-29		47	Purtle	Jackson	Radford College			01:33.9			
	M19-29		48	Hutchinson	Alex	New Town			01:35.4			
	M19-29		49	Parker	Nathan	Radford College			01:36.4			
	M19-29		50	Francis	Karl	ADF			01:37.2			
	M19-29		51	Cooling	David	ADF			01:39.3			
	M19-29		52	Davis	Ashley	Bunbury			01:40.0			
	M19-29		53	Green	Dilan	Shoalhaven Rowing Club			01:43.7			
	M19-29		54	Mitchell	Oliver	Bunbury			01:50.9			
	M19-29		55	Weiss	Conner	Core Strength Fitness, Maroochydore			02:03.8			
	M19-29		56	McDonald	John	Shoalhaven Rowing Club			02:59.3			
	M19-29				McRae-Johns	Gus	Ergfit			SCR		
	M19-29	1min	1	Hassett	Sean	Taree				387		
	M19-29		2	Crichton	Toby	Shepparton RC					368	
	M19-29		3	Holliday	Peter	West Australian Rowing Club					368	
	M19-29		4	Gibson	Ben	Iron Cove					351	
	M19-29		5	Douyere-Pate	Clay	Core Strength Fitness, Maroochydore					345	
	M19-29		6	Watkin	Gideon	ADF					341	
	M19-29		7	Warren	James	V2 CrossFit					338	
	M19-29		8	Delipetar	Anthony	Shoalhaven Rowing Club					335	
	M19-29		9	Green	Dilan	Shoalhaven Rowing Club					326	
	M19-29		10	Parker	Nathan	Radford College					325	
	M20-29		11	Francis	Karl	ADF					323	
	M19-29		12	Purtle	Jackson	Radford College					321	
	M19-29		13	Lynch	Samuel	ADF					319	
	M19-29		14	Goodwin	Mark	ADF					306	
	M19-29		15	McRae-Johns	Gus	Ergfit					SCR	
	M30-39		1	Joraslafsky	Sam	V2 CrossFit	06:16.0					
	M30-39		2	Jones	Tristan	V2 CrossFit	06:30.0					
	M30-39		3	Bradley	Stuart	Surfers Paradise	06:32.5					
	M30-39		4	Harris	Daniel	V2 CrossFit	06:36.5					
	M30-39		5	Norman	Ben	V2 CrossFit	06:42.8					

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
MALE 30-39	M30-39	2000m	6	Harrison	Mat	V2 CrossFit	06:46.8				
	M30-39		7	Hinton	Matthew	V2 CrossFit	06:47.4				
	M30-39		8	Hall	Joshua	Surfers Paradise	06:49.0				
	M30-39		9	King	Chris	V2 CrossFit	06:50.8				
	M30-39		10	Swift	Dan	ADF	06:55.2				
	M30-39		11	Morrison	Blake	Surfers Paradise	06:59.1				
	M30-39		12	Hall	Danny	V2 CrossFit	07:01.0				
	M30-39		13	Peters	Richard	Core Strength Fitness, Maroochydore	07:14.3				
	M30-39		14	Hetherington	Brenton	ADF	07:16.9				
	M30-39		15	Hill	Greg	ADF	08:06.8				
	M30-39			Abbott	Sam	V2 CrossFit	NT				
	M30-39	1000m	1	Heming	Warren	Radford College		03:08.7			
	M30-39		2	Hall	Joshua	Surfers Paradise		03:09.1			
	M30-39		3	Rudder	Guy	Iron Cove		03:12.6			
	M30-39		4	Swanson	Patrick	University of New England		03:13.5			
	M30-39		5	Morrison	Blake	Surfers Paradise		03:14.2			
	M30-39		6	Bower	Daniel	Iron Cove		03:16.8			
	M30-39		7	Hazeltown	Adam	Core Strength Fitness, Maroochydore		03:17.8			
	M30-39		8	Holmes	Anthony	ADF		03:23.4			
	M30-39		9	Peters	Richard	Core Strength Fitness, Maroochydore		03:28.6			
	M30-39	500m	1	King	James	Part Lauriston			01:13.5		
	M30-39		2	Doornbos	Tom	Loreto College - Adelaide			01:20.3		
	M30-39		3	Hall	Joshua	Surfers Paradise			01:23.8		
	M30-39		4	King	Chris	V2 CrossFit			01:24.1		
	M30-39		5	Tunevitsch	Blair	RBNTC			01:24.7		
	M30-39		6	Thomas	Luke	Iron Cove			01:24.9		
	M30-39		7	Keep	Ryan	ADF			01:25.3		
	M30-39		8	Butterham	Curt	Core Strength Fitness, Maroochydore			01:26.4		
	M30-39		9	Rudder	Guy	Iron Cove			01:26.6		
	M30-39		10	Cain	Aaron	West Australian Rowing Club			01:27.4		
	M30-39		11	Boon	Dwain	Shoalhaven Rowing Club			01:28.2		
	M30-39		12	Bower	Daniel	Iron Cove			01:29.4		
	M30-39		13	Hazeltown	Adam	Core Strength Fitness, Maroochydore			01:29.9		
	M30-39		14	Whitehead	Corey	ADF			01:30.0		
	M30-39		15	Morrison	Blake	Surfers Paradise			01:30.4		
	M30-39		16	Baike	James	ADF			01:30.6		
M30-39	17		Swanson	Patrick	University of New England			01:30.9			
M30-39	18		Curran	Mark	Bunbury			01:31.0			

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	M30-39		19	Hill	Chris	ADF			01:32.6		
	M30-39		20	Harrison	Ryan	V2 CrossFit			01:32.9		
	M30-39		21	Cameron	Michael	Ergfit			01:32.9		
	M30-39		22	Tran	John	V2 CrossFit			01:34.0		
	M30-39		23	Peters	Richard	Core Strength Fitness, Maroochydore			01:34.9		
	M30-39		24	Holmes	Anthony	ADF			01:34.8		
	M30-39		25	Swift	Dan	ADF			01:35.4		
	M30-39		26	Hill	Greg	ADF			01:38.3		
	M30-39		27	Lech	Andrew	ADF			01:48.5		
	M30-39		28	Babu	Abushankar	ADF			01:49.7		
	M30-39	1min	1	Doornbos	Tom	Loreto College - Adelaide				380	
	M30-39		2	Jones	Tristan	V2 CrossFit				379	
	M30-39		3	Chick	Lucas	V2 CrossFit				377	
	M30-39		4	Hall	Joshua	Surfers Paradise				374	
	M30-39		5	Rudder	Guy	Iron Cove				371	
	M30-39		6	King	Chris	V2 CrossFit				371	
	M30-39		7	Thomas	Luke	Iron Cove				369	
	M30-39		8	Morrison	Blake	Surfers Paradise				367	
	M30-39		9	Keep	Ryan	ADF				366	
	M30-39		10	Norman	Ben	V2 CrossFit				363	
	M30-39		11	Butterham	Curt	Core Strength Fitness, Maroochydore				360	
	M30-39		12	Bower	Daniel	Iron Cove				350	
	M30-39		13	Boon	Dwain	Shoalhaven Rowing Club				347	
	M30-39		14	Cameron	Michael	Ergfit				342	
	M30-39		15	McLeod	Hugh	Taree				339	
	M30-39		16	Hazelgrove	Adam	Core Strength Fitness, Maroochydore				336	
	M30-39		17	Harrison	Ryan	V2 CrossFit				336	
	M30-39		18	Smith	Greg	ADF				334	
	M30-39		19	Swanson	Patrick	University of New England				328	
	M30-40		20	Dickson	Christopher	ADF				326	
	M30-39		20	Peters	Richard	Core Strength Fitness, Maroochydore				324	
	M30-41		20	Tran	John	V2 CrossFit				324	
	M30-42		22	Holmes	Anthony	ADF				318	
	M30-43		23	Swallow	Aaron	ADF				316	
	M30-44		24	Hill	Greg	ADF				316	
	M30-39	25	Shields	Greg	ADF				305		
	M40-49		1	Langford	John	Iron Cove	06:19.8				
	M40-49		2	Doidge	Alex	Iron Cove	06:20.0				

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	M40-49	2000m	3	Greenup	Aaron	Radford College	06:20.1				
	M40-49		4	Clews	Clayton	Ergfit	06:32.2				
	M40-49		5	Lee	Anthony	V2 CrossFit	06:36.5				
	M40-49		6	Barter	Matt	V2 CrossFit	06:37.3				
	M40-49		7	Wittchen	Sven	Radford College	06:41.0				
	M40-49		8	Serafin	Armando	Core Strength Fitness, Maroochydore	06:45.5				
	M40-49		9	Pongracz	Dave	West Australian Rowing Club	06:49.3				
	M40-49		10	Schammer	Mark	V2 CrossFit	06:53.1				
	M40-49		11	Griffiths	Ian	Surfers Paradise	06:53.5				
	M40-49		12	Morgan	Adam	Barwon RC	06:55.0				
	M40-49		13	Davis	Harry	Shoalhaven Rowing Club	07:00.4				
	M40-49		14	Brown	Nick	Iron Cove	07:10.7				
	M40-49		15	Smith	Greg	Taree	07:17.1				
	M40-49		16	John	Andrew	V2 CrossFit	07:23.7				
	M40-49		17	Shortis	Adam	ADF	07:50.6				
	M40-49		18	Billings	Matthew	Shoalhaven Rowing Club	08:22.2				
	M40-49		19	Wang	Bo	Tara School	08:44.8				
	M40-49				Haines	Luke	Barwon RC	NT			
	M40-49				Turnbull	Toby	Ergfit	SCR			
	M40-49	1000m	1	Langford	John	Iron Cove		03:01.8			
	M40-49		2	Clews	Clayton	Radford College		03:02.8			
	M40-49		3	Wackett	Jim	Tara School		03:09.1			
	M40-49		4	Wilson	Guy	ADF		03:10.0			
	M40-49		5	Serafin	Armando	Core Strength Fitness, Maroochydore		03:11.5			
	M40-49		6	Brady	Steve	Iron Cove		03:13.6			
	M40-49		7	Lance	Henry	Iron Cove		03:14.3			
	M40-49		8	Wittchen	Sven	Radford College		03:15.9			
	M40-49		9	Pattison	Rhett	Taree		03:17.1			
	M40-49		10	Fitzsimmons	Hamish	Ergfit		03:18.7			
	M40-49		11	Griffiths	Ian	Core Strength Fitness, Maroochydore		03:19.7			
	M40-49		12	Polkinghorne	Tim	V2 CrossFit		03:20.2			
	M40-49		13	Davis	Harry	Shoalhaven Rowing Club		03:21.2			
	M40-49		14	Schammer	Mark	V2 CrossFit		03:22.8			
	M40-49		15	Morgan	Adam	Barwon RC		03:24.6			
	M40-49		16	Berry	Luke	Core Strength Fitness, Maroochydore		03:27.6			
	M40-49		17	Jenkins	Richard	Lourdes Hill College		03:47.3			
	M40-49		18	Shortis	Adam	ADF		03:49.4			
	M40-49			Morgan	Adam	Barwon RC		NT			

RANKING				COMPETITOR			RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR	
MALE 40-49	M40-49			Barclay	Nick	Surfers Paradise		NT				
	M40-49	500m	1	Nunan	John	Surfers Paradise			01:20.0			
	M40-49		2	Greenup	Aaron	Radford College			01:21.4			
	M40-49		2	Peters	Matthew	Ergfit			01:21.4			
	M40-49		4	Evans	Greg	Iron Cove			01:22.8			
	M40-49		4	Barclay	Nick	Surfers Paradise			01:22.8			
	M40-49		6	Langford	John	Iron Cove			01:23.3			
	M40-49		7	Pimm	Dave	Iron Cove			01:24.6			
	M40-49		8	Clews	Clayton	Iron Cove			01:24.8			
	M40-49		9	Wackett	Jim	Tara School			01:25.7			
	M40-49		10	Munnely	Frank	Ergfit			01:26.6			
	M40-49		11	Haines	Luke	Barwon RC			01:27.2			
	M40-49		12	Rowen	Thomas	V2 CrossFit			01:28.3			
	M40-49		13	Berry	Luke	Core Strength Fitness, Maroochydore			01:28.6			
	M40-49		14	Serafin	Armando	Core Strength Fitness, Maroochydore			01:28.7			
	M40-49		15	Lance	Henry	Iron Cove			01:29.1			
	M40-49		16	Langford	Luke	Shoalhaven Rowing Club			01:29.2			
	M40-49		17	Pattison	Rhett	Taree			01:29.3			
	M40-49		17	Ridley	Jim	University of New England			01:29.3			
	M40-49		19	Wittchen	Sven	Radford College			01:30.2			
	M40-49		20	Brady	Steve	Iron Cove			01:31.3			
	M40-49		21	Davis	Harry	Shoalhaven Rowing Club			01:31.6			
	M40-49		22	Barrett	Patrick	V2 CrossFit			01:32.1			
	M40-49		23	Clayton	Rowan	ADF			01:32.7			
	M40-49		24	Griffiths	Ian	Core Strength Fitness, Maroochydore			01:33.3			
	M40-49		25	Patman	Mick	ADF			01:36.8			
	M40-49		26	L'Barrow	Jeff	Lourdes Hill College			01:38.6			
	M40-49		27	Fellowz	Greg	Surfers Paradise			01:39.4			
	M40-49		28	Billings	Matt	Shoalhaven Rowing Club			01:44.4			
	M40-49		29	Dammers	Brett	Lourdes Hill College			01:44.6			
	M40-49			1	Barclay	Nick	Surfers Paradise				370	
	M40-49			2	Langford	John	Iron Cove				365	
	M40-49			3	Clews	Clayton	Radford College				362	
M40-49			4	Clews	Clayton	Iron Cove				361		
M40-49			5	Wackett	Jim	Tara School				355		
M40-49			6	Lance	Henry	Iron Cove				354		
M40-49			7	Munnely	Frank	Ergfit				353		
M40-49			8	Pongracz	Dave	West Australian Rowing Club				352		

RANKING				COMPETITOR			RACE RESULTS					
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR	
	M40-49	1min	9	Haines	Luke	Barwon RC				351		
	M40-49		10	Langford	Luke	Shoalhaven Rowing Club				351		
	M40-49		11	Pattison	Rhett	Taree				350		
	M40-49		12	Polkinghorne	Tim	V2 CrossFit				343		
	M40-49		13	Berry	Luke	Core Strength Fitness, Maroochydore				342		
	M40-49		14	Serafin	Armando	Core Strength Fitness, Maroochydore				342		
	M40-49		15	Brown	Nick	Iron Cove				341		
	M40-49		16	Davis	Harry	Shoalhaven Rowing Club				337		
	M40-49		17	Wittchen	Sven	Radford College				335		
	M40-49		18	Brady	Steve	Iron Cove				334		
	M40-49		19	Fellowz	Greg	Surfers Paradise				323		
	M40-49		20	L'Barrow	Jeff	Lourdes Hill College				321		
	M40-49		21	Griffiths	Ian	Core Strength Fitness, Maroochydore				319		
	M40-49		22	Billings	Matt	Shoalhaven Rowing Club				313		
	M40-49		23	Cotter	Stephen	University of New England				309		
	M40-49		24	Matthews	Lincoln	ADF				308		
	M40-49		25	Jenkins	Richard	Lourdes Hill College				307		
	M40-49		26	Dammers	Brett	Lourdes Hill College				297		
	M40-49				Peters	Matthew	Ergfit				SCR	
	M50-54		2000m	1	Boucher	Geoff	Barwon RC	06:43.3				
	M50-54	2		Roberts	Peter	Surfers Paradise	07:03.4					
	M50-54	3		Barden	Geoff	Mercantile Rowing Club	07:03.6					
	M50-54	4		Watts	Dean	Shoalhaven Rowing Club	07:05.9					
	M50-54	5		Papantonlou	Elliot	Radford College	07:07.0					
	M50-54	6		Turner	Chris	Shoalhaven Rowing Club	07:07.5					
	M50-54	7		Henriksen	Glenn	Ergfit	07:15.1					
	M50-54	8		Haythornthwaite	Gabriel	Iron Cove	07:27.5					
	M50-54	9		Haberecht	Stephen	Iron Cove	07:40.3					
	M50-54	10		McCrossin	Mark	Ergfit	07:42.0					
	M50-54	11		Edwards	Paul	Core Strength Fitness, Maroochydore	07:54.1					
	M50-54	12		Lahnstein	Marko	V2 CrossFit	07:54.2					
	M50-54	13		Denton	Peter	Taree	08:55.3					
	M50-54		1	Roberts	Peter	Core Strength Fitness, Maroochydore		03:14.5				
	M50-54		2	Gilbert	Adam	Iron Cove		03:17.5				
	M50-54		3	Boucher	Geoff	Barwon RC		03:19.5				
	M50-54		4	Papantonlou	Elliot	Radford College		03:22.2				
	M50-54		5	Watts	Dean	Shoalhaven Rowing Club		03:26.9				
	M50-54		6	Turner	Chris	Shoalhaven Rowing Club		03:27.4				

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
MALE 50-54	M50-54	1000m	7	Henriksen	Glenn	Ergfit		03:29.8			
	M50-54		8	Haberecht	Stephen	Iron Cove		03:34.4			
	M50-54		9	McCossin	Mark	Ergfit		03:36.4			
	M50-54		10	Haythornthwaite	Gabriel	Iron Cove		03:37.4			
	M50-54		11	Lahnstein	Marko	V2 CrossFit		03:39.2			
	M50-54		12	Edwards	Paul	Core Strength Fitness, Maroochydore		03:58.9			
	M50-54		13	Denton	Peter	Taree		04:17.1			
	M50-54	14	Denton	Peter	Taree		04:42.7				
	M50-54	500m	1	Jeffery	Paul	Surfers Paradise			01:14.4		WR*
	M50-54		2	Aaldering	Haico	Surfers Paradise			01:24.5		
	M50-54		3	Papantonlou	Elliot	Radford College			01:29.5		
	M50-54		4	Roberts	Peter	Surfers Paradise			01:29.6		
	M50-54		5	Gilbert	Adam	Iron Cove			01:29.7		
	M50-54		6	Boucher	Geoff	Barwon RC			01:30.8		
	M50-54		7	Stone	Robert	Ergfit			01:32.8		
	M50-54		8	Parry	Andrew	Shoalhaven Rowing Club			01:34.3		
	M50-54		9	Haberecht	Stephen	Iron Cove			01:36.8		
	M50-54		10	Turner	Chris	Shoalhaven Rowing Club			01:36.9		
	M50-54		11	Henriksen	Glenn	Ergfit			01:37.6		
	M50-54		12	Mensforth	Paul	Iron Cove			01:38.9		
	M50-54		13	McCossin	Mark	Ergfit			01:39.6		
	M50-54		14	Watts	Dean	Shoalhaven Rowing Club			01:40.1		
	M50-54		15	Lahnstein	Marko	V2 CrossFit			01:41.9		
	M50-54		16	Edwards	Paul	Core Strength Fitness, Maroochydore			01:46.2		
	M50-54		17	Hartley	Anthony	ADF			01:53.9		
	M50-54		18	Denton	Peter	Taree			02:05.3		
	M50-54	1min	1	Papantonlou	Elliot	Radford College				343	
	M50-54		2	Roberts	Peter	Surfers Paradise				341	
	M50-54		3	Gilbert	Adam	Iron Cove				338	
	M50-54		4	Parry	Andrew	Shoalhaven Rowing Club				337	
	M50-54		5	Stone	Robert	Ergfit				336	
	M50-54		6	Watts	Dean	Shoalhaven Rowing Club				333	
	M50-54		7	Mensforth	Paul	Iron Cove				330	
	M50-54		8	Roberts	Peter	Core Strength Fitness, Maroochydore				324	
	M50-54		9	Turner	Chris	Shoalhaven Rowing Club				324	
	M50-54		10	Lahnstein	Marko	V2 CrossFit				321	
M50-54	11		Henriksen	Glenn	Ergfit				318		
M50-54	12		McCossin	Mark	Ergfit				314		

	RANKING			COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
MALE 55-59	M50-54		13	Edwards	Paul	Core Strength Fitness, Maroochydore				296	
	M50-54		14	Denton	Peter	Taree				251	
	M55-59	2000m	1	Jackson	Brad	V2 CrossFit	06:46.7				
	M55-59		2	Kowal	Michael	West Australian Rowing Club	07:02.0				
	M55-59		3	Nugent	William	Ergfit	07:04.5				
	M55-59		4	Batt	Ron	Yarralumla	07:09.1				
	M55-59		5	Hamilton	David	Surfers Paradise	07:11.3				
	M55-59		6	Weaver	Anthony	Shoalhaven Rowing Club	07:39.5				
	M55-59		7	Peel	Ron	Ergfit	08:03.2				
	M55-59		8	Doyle	Martin	Ergfit	08:10.1				
	M55-59		9	Greenland	Rohan	Radford College	08:11.2				
	M55-59	1000m	1	Jackson	Brad	Loreto College - Adelaide		03:10.5			
	M55-59		2	Kowal	Michael	West Australian Rowing Club		03:25.0			
	M55-59		3	Batt	Ron	Yarralumla		03:26.4			
	M55-59		4	Crossley	Alex	Iron Cove		03:34.6			
	M55-59		5	Hunt	Graham	V2 CrossFit		03:34.8			
	M55-59		6	Weaver	Tony	Shoalhaven Rowing Club		03:43.4			
	M55-59		7	Voller	Carl	Core Strength Fitness, Maroochydore		03:44.3			
	M55-59		8	Lloyd	Chris	Bunbury		03:49.1			
	M55-59		9	Doyle	Martin	Ergfit		03:52.8			
	M55-59				Jackson	Brad	V2 CrossFit		NT		
	M55-59				Juzefowicz	Tim	Ergfit		SCR		
	M55-59	500m	1	FitzSimons	Peter	Channel 9			01:23.6		AR
	M55-59		2	Jackson	Brad	Loreto College - Adelaide			01:26.5		
	M55-59		3	Couchman	Ken	Surfers Paradise			01:28.7		
	M55-59		4	Hamilton	David	Surfers Paradise			01:35.2		
	M55-59		5	Broos	Colin	Taree			01:35.7		
	M55-59		6	Curran	Martin	Bunbury			01:36.0		
	M55-59		7	Voller	Carl	Core Strength Fitness, Maroochydore			01:37.1		
	M55-60		8	Kowal	Michael	West Australian Rowing Club			01:37.6		
M55-59	9		Batt	Ron	Yarralumla			01:37.6			
M55-59	10		Cursio	Peter	Ergfit			01:39.1			
M55-59	10		Thomas	Perry	ADF			01:42.0			
M55-59	11		Peel	Ron	Ergfit			01:46.7			
M55-59	12		Weaver	Tony	Shoalhaven Rowing Club			01:47.6			
M55-59	13		Doyle	Martin	Ergfit			01:49.5			
M55-59	14	Black	William	ADF			01:50.4				
M55-59				Jackson	Brad	V2 CrossFit			NT		

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	M55-59	1min	1	Jackson	Brad	V2 CrossFit				359	
	M55-59		2	Voller	Carl	Core Strength Fitness, Maroochydore				336	
	M55-59		3	Broos	Colin	Taree				329	
	M55-59		4	Hamilton	David	Surfers Paradise				328	
	M55-59		5	Cursio	Peter	Ergfit				326	
	M55-59		6	Kowal	Michael	West Australian Rowing Club				309	
	M55-59		7	Weaver	Tony	Shoalhaven Rowing Club				293	
	M55-59		8	Greenland	Rohan	Radford College				288	
	M55-59		9	Doyle	Martin	Ergfit				281	
	M55-59					Juzefowicz	Tim	Ergfit			SCR
MALE 60-64	M60-64	2000m	1	Luxford	Ian	Core Strength Fitness, Maroochydore	06:47.0				
	M60-64		2	Galofaro	Sam	Ergfit	09:07.9				
	M60-64	1000m	1	Dudley	John	Surfers Paradise		03:43.9			
	M60-64		2	Ryan	Vern	Ergfit		03:50.4			
	M60-64		3	Galofaro	Sam	Ergfit		04:13.8			
	M60-64	500m	1	Finney	Nigel	Mercantile Rowing Club			01:36.2		
	M60-64		2	Newell	Ian	Lourdes Hill College			01:37.2		
	M60-64		3	Dudley	John	Surfers Paradise			01:38.6		
	M60-64		4	McAlister	Rick	Shoalhaven Rowing Club			01:40.5		
	M60-64		5	Beeton	Tony	Taree			01:43.9		
	M60-64		6	Ryan	Vern	Ergfit			01:46.5		
	M60-64		7	Cossalter	Rob	Core Strength Fitness, Maroochydore			01:46.6		
	M60-64		8	Galofaro	Sam	Ergfit			01:51.5		
	M60-64		9	Hogan	Michael	Bunbury			01:58.2		
	M60-64	1min	1	Dudley	John	Surfers Paradise				330	
	M60-64		2	Finney	Nigel	Mercantile Rowing Club				320	
	M60-64		3	Newell	Ian	Lourdes Hill College				318	
	M60-64		4	Beeton	Tony	Taree				307	
	M60-64		5	Ryan	Vern	Ergfit				306	
	M60-64		6	Galofaro	Sam	Ergfit				280	
69	M65-69	2000m	1	Hay	Lindsay	Iron Cove	06:56.3				
	M65-69		2	Gunn	Keith	Taree	07:19.9				
	M65-69		3	Nix	Graham	Taree	07:24.0				
	M65-69		4	Choice	John	Shoalhaven Rowing Club	07:39.1				
	M65-69		5	Bazley	Kelvin	Core Strength Fitness, Maroochydore	08:05.7				
	M65-69	1000m	1	Hay	Lindsay	Tara School		03:16.7			
	M65-69		2	Nix	Graham	Taree		03:38.0			
	M65-69		3	Bazley	Kelvin	Core Strength Fitness, Maroochydore		03:44.6			

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
MALE 65+	M65-69	500m	1	Beare	Peter	V2 CrossFit			01:31.6		
	M65-69		2	Hay	Lindsay	Iron Cove			01:31.9		
	M65-69		3	Holland	John	V2 CrossFit			01:37.2		
	M65-69		4	Choice	John	Shoalhaven Rowing Club			01:39.0		
	M65-69		4	Bazley	Kelvin	Core Strength Fitness, Maroochydore			01:39.0		
	M65-69		6	Rogers	Tim	University of New England			01:40.6		
	M65-69	1min	1	Hay	Lindsay	Iron Cove				341	
	M65-69		2	Beare	Peter	V2 CrossFit				338	
	M65-69		3	Holland	John	V2 CrossFit				331	
	M65-69		4	Bazley	Kelvin	Core Strength Fitness, Maroochydore				322	
	M65-69		5	Choice	John	Shoalhaven Rowing Club				316	
	M65-69		7	Simpson	Wayne	Ergfit				258	
MALE 70-74	M70-74	2000m	1	Petelin	George	Surfers Paradise	07:08.7				
	M70-74		2	Dargan	Terry	Iron Cove	07:28.6				
	M70-74		3	Sheean	Peter	Iron Cove	07:46.0				
	M70-74		4	Sheean	Peter	Tara School	07:49.7				
	M70-74		5	Schmidt	Gordon	Iron Cove	07:53.0				
	M70-74		6	Blanch	Warren	Taree	07:53.9				
	M70-74		7	Davies	Gwynn	Core Strength Fitness, Maroochydore	08:16.0				
	M70-74		8	Prior	Gary	Core Strength Fitness, Maroochydore	08:17.6				
	M70-74				Pritchard	Trevor	Iron Cove	NT			
	M70-74	1000m	1	Petelin	George	Core Strength Fitness, Maroochydore		03:29.9			
	M70-74		2	Bugg	John	Launceston		03:42.5			
	M70-74		3	Sheean	Peter	Tara School		03:44.6			
	M70-74		4	Blanch	Warren	Taree		03:46.5			
	M70-74		5	Schmidt	Gordon	Iron Cove		03:48.0			
	M70-74		6	Davies	Gwynn	Core Strength Fitness, Maroochydore		03:50.8			
	M70-74	500m	1	Petelin	George	Core Strength Fitness, Maroochydore			01:36.9		
	M70-74		2	Davies	Gwynn	Core Strength Fitness, Maroochydore			01:41.9		
	M70-74		3	Prior	Gary	Core Strength Fitness, Maroochydore			01:42.9		
	M70-74		4	Blanch	Warren	Taree			01:44.3		
	M70-74		5	Bugg	John	Launceston			01:44.6		
	M70-74		6	Schmidt	Gordon	Iron Cove			01:45.4		
	M70-74		7	Sheean	Peter	Iron Cove			01:46.7		
	M70-74		8	Middleton	Malcolm	New Town			01:50.9		
	M70-74		1	Davies	Gwynn	Core Strength Fitness, Maroochydore				317	
M70-74	2		Bugg	John	Launceston				307		
M70-74	3		Blanch	Warren	Taree				303		

RANKING				COMPETITOR			RACE RESULTS				
	CAT	Distance	Rank	Competitor Last Name	Competitor First Name	Centre	2K	1K	500m	1 MIN	AR/WR
	M70-74	1min	4	Prior	Gary	Core Strength Fitness, Maroochydore				296	
	M70-74		5	Schmidt	Gordon	Iron Cove				294	
	M70-74		6	Sheean	Peter	Tara School				287	
	M70-74		7	Middleton	Malcolm	New Town				268	
MALE 75-79	M75-79	2000m	1	Mancey	Colin	Core Strength Fitness, Maroochydore	08:34.6				
	M75-79	2000m	1	Donohoe	Noel	Radford College	10:10.3				
	M75-79	1000m	1	Wojcik	Alfons	Core Strength Fitness, Maroochydore		03:34.0			
	M75-79		2	Burrows	Larry	Ergfit		03:39.6			
	M75-79		3	Mancey	Colin	Core Strength Fitness, Maroochydore		04:01.5			
	M75-79		4	Donohoe	Noel	Radford College		04:37.7			
	M75-79	500m	1	Wojcik	Alfons	Core Strength Fitness, Maroochydore			01:36.3		
	M75-79		2	Burrows	Larry	Ergfit			01:39.4		
	M75-79		3	Mancey	Colin	Core Strength Fitness, Maroochydore			01:51.0		
	M75-79		4	Cross	John	Taree			01:57.7		
	M75-79		5	Donohoe	Noel	Radford College			02:04.7		
	M75-79	1min	1	Wojcik	Alfons	Core Strength Fitness, Maroochydore				319	
	M75-79		2	Burrows	Larry	Ergfit				306	
	M75-79		3	Mancey	Colin	Core Strength Fitness, Maroochydore				285	
	M75-79		4	Donohoe	Noel	Radford College				250	
	MALE 80-84	M80-84	2000m	1	Stobbe	Dirk	Ergfit	09:48.4			
M80-84				Stobbe	Dirk	Barwon RC	NT				
M80-84		1000m	1	Stobbe	Dirk	Ergfit		04:25.6			
M80-84			2	Janes	Bert	Surfers Paradise		04:46.3			
M80-84			3	Janes	Bert	Core Strength Fitness, Maroochydore		04:59.6			
M80-84		500m	1	Stobbe	Dirk	Ergfit			02:02.3		
M80-84			2	Walker	John	Core Strength Fitness, Maroochydore			02:06.4		
M80-84			3	Janes	Bert	Surfers Paradise			02:09.9		
M80-84			4	Janes	Bert	Core Strength Fitness, Maroochydore			02:20.4		
M80-84		1min	1	Janes	Bert	Surfers Paradise				243	
M80-84	2		Janes	Bert	Core Strength Fitness, Maroochydore				218		
MALE 90-94	M90-94	2000m	1	Home	Vince	Core Strength Fitness, Maroochydore	10:33.3				
	M90-94	1000m	1	Home	Vince	Core Strength Fitness, Maroochydore		04:59.1			
	M90-94	500m	1	Home	Vince	Core Strength Fitness, Maroochydore			02:12.4		
	M90-94	1min	1	Home	Vince	Core Strength Fitness, Maroochydore				241	AR