

Event Requirements for Senior Australian Para-Rowing Team

Updated 6 February 2019

Please Note: RA intends to review these Event Requirements by no later than September of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards from time to time prior to the relevant event or trial and the publication or notification shall take effect in accordance with the RA Selection Policy.

Background:

The Rowing Australia (RA) Selection Policy – Senior Para-Rowing Team (Selection Policy) outlines the broad selection criteria for all rowers and coxswains and can be viewed on the RA website at www.rowingaustralia.com.au. This document operates as an appendix to the RA Selection Policy and outlines the activities that rowers and coxswains must complete to be eligible for selection consideration for the Senior Australian Para-Rowing Team.

All athletes must complete all activities stipulated in these Event Requirements unless there are medical reasons or extenuating circumstances that prevent this, in which case Rowing Australia is to be notified of the particular reason as soon as is practicable, and in accordance with the RA Medical Management Policy and Selection Policy.

Specific Activity Details:

ACTIVITY	See Note(s)	2019 Para-Rowing Team Selection Activity Dates	2020 Para-Rowing Team Selection Activity Dates
Domestic 5 km Time Trial	4	27-29 September 2018	26-28 September 2019
Close of Team Nominations	1,2	31 October 2018	16 August 2019
Domestic 5 km Time Trial	4	25-28 October 2018	24-27 October 2019
5km Ergometer Test	5	5-8 November 2018	4-7 November 2019
Domestic 5 km Time Trial	4	9-11 November 2018	8-10 November 2019
Domestic 5 km Time Trial	4	12-15 December 2018	13-15 December 2019
2km Ergometer Test	5	21 January 2019	20 January 2020
NSW State Championships	6	15-17 February 2019	7-9 February 2020
Coxswain CVs Submitted	3	8 February 2019	31 January 2020
Para-Rowing Selection Trials	7-12	8-15 March 2019	28 February – 6 March 2020
National Championships	13	25 – 31 March 2019	23 – 29 March 2020
World Championships		25 August – 1 Sep 2019	Paralympic Games : 28-30 August 2020

NOTES:

- 1) **Eligibility:** Athletes attempting selection in the Para-Rowing Team must be nationally or internationally classified prior to the Para-Rowing Selection Trials. The main classification opportunity will be prior to the NSW State Championships. An athlete must receive an International Classification prior to representing Australia at a FISA event.
- 2) **Nomination:** Athletes and coaches wishing to be considered for Australian Para-Rowing Team selection must complete the online nomination form found on the Rowing Australia website (<http://www.rowingaustralia.com.au/national-team-selection-information/>) by the date specified.
- 3) **Nominating coxswains** must submit a coxing CV and two race recordings by 17:00 AEDT to nwagstaff@rowingaustralia.com.au on the date specified. The CV should outline coxing history, past performance and two coaching referees. Following the consideration of submitted information, coxswains may also be required to submit further recordings and/or participate in a coxswain selection interview.
 - a) RA will announce (in accordance with the Selection Policy) the selected coxswain no later than 2 days following the conclusion of the Para-Rowing Selection Trials. Coxswains will be selected subject to the selection of the PR3 4+ in each year.
 - b) In selecting any coxswain the Selectors will assess performances in the activities specified in these Event Requirements against the Selection Criteria in the Selection Policy.
- 4) **Domestic 5km Time Trials** are to be completed in the Athlete's domestic training environment. Athletes must complete each Domestic Time Trial in either a 1x or 2- in equipment that is compliant with RA Para-Rowing Competition Regulations and FISA Rules relevant to the category in which the athletes would like to be considered for national selection.
- 5) **National Ergometer Testing** is to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the RA website at <http://www.rowingaustralia.com.au/sports-science/rowing-testing-protocols/> and must be completed and submitted to the athlete's State Pathway Head Coach by the date specified. Performances will be assessed against the National Ergometer Benchmarks available at <http://www.rowingaustralia.com.au/sports-science/rowing-testing-protocols/>.
- 6) The **NSW State Championships** will be the primary activity for achieving an invitation to the Para-Rowing Selection Trials for nominated athletes.
 - a) Athletes must compete in a small boat within this regatta (1x and/or 2-) in equipment that is compliant with FISA rules relevant to the category in which the athlete would like to be considered for national selection.
 - b) Athletes nominating for PR3 selection must compete in a sweep event within this regatta (2-, 4-, 4+, 8+)
 - c) Races will be conducted as part of the NSW State Championship Regatta.
- 7) Participation of Para-Rowing athletes at the **Para-Rowing Selection Trials** will be by invitation only. RA will announce (in accordance with the Selection Policy) the list of athletes invited to the Para-Rowing Selection Trials by no later than five (5) days after the conclusion of the NSW State Championships. In determining the Athletes who will be invited to attend the Para-Rowing Selection Trials the Selectors will assess performances in the activities specified in these Event Requirements against the Selection Criteria in the Selection Policy.
- 8) The Selectors reserve the right at their sole discretion to choose the crew combinations, seat racing partners and the matrix of seat racing in the Para-Rowing Selection Trials, and to conduct ergometer and such other tests as required in order for the Selectors to assess the specified selection criteria. In applying this discretion, selectors must act in accordance with Clause 2.6 of the Selection Policy
- 9) Boats for the Australian Para-Rowing Team will be selected based upon their on-water speed, and the selectors' assessment of a boat's ability to contribute to the achievement of the objective of the Selection Policy. Selectors will take into account the selection criteria in the Selection Policy and

- 10) will be giving significant weighting to the athlete's boat-moving ability and his or her individual performance data as listed in these Event Requirements.
- 11) Coaches for the Australian Para-Rowing Team will be appointed by the HPC, which has responsibility for and discretion in respect of the selection and removal at any time of coaches.
- 12) RA will announce (in accordance with the Selection Policy) the Australian Para-Rowing Team no later than 2 days following the conclusion of the Para-Rowing Selection Trials.
- 13) Athletes and Coaches selected to the Australian Rowing Team will be required to attend all National Team Training Camps and International Preparation activities as specified by RA.
- 14) Participation in the **National Championships** will be mandatory for athletes selected to the Australian Rowing Team. Athletes will, as a minimum, be required to compete in their Australian Team selected boat.