



EVENT REQUIREMENTS UNDER 19 AUSTRALIAN ROWING TEAM

Updated 16 August, 2021

Please Note: Rowing Australia Limited (“RA”) intends to review these Event Requirements by no later than September of each year but may review and update these Event Requirements at any time, including by announcing and publishing further or varied requirements and standards from time to time prior to the relevant event or trial and the publication or notification shall take effect in accordance with the RA Selection Policy.

Background:

The RA National Selection Policy – Underage Teams (“Selection Policy”) outlines the broad selection criteria for all rowers and coxswains and can be viewed on the RA website at www.rowingaustralia.com.au. This document operates as an appendix to the Selection Policy and outlines the activities that rowers and coxswains must complete to be eligible for selection consideration for the Australian Under 19 (“U19”) Team.

All athletes must complete all activities stipulated in these Event Requirements (except for activities marked “participation encouraged”) unless there are Extenuating Circumstances (as defined in the Selection Policy) that prevent this, in which case Rowing Australia is to be notified of the particular reason as soon as is practicable, and in accordance with the RA Medical Management Policy and the Selection Policy.

Specific Activity Details:

ACTIVITY	See Note(s)	2022 Team Activity Dates	2023 Team Activity Dates	2024 Team Activity Dates
State Championships/Regattas (participation encouraged)	1	From September 2021	From September 2022	From September 2023
Close of team nominations (for those seeking early selection)	4 - 5, 13	18 March, 2022	17 March, 2023	8 March, 2024
National Championships	9, 13	28 Mar - 3 Apr, 2022	27 Mar - 2 Apr, 2023	18 - 24 Mar, 2024
Close of team nominations (for those attending the Selection Trials)	4, 5	8 April, 2022	TBC	TBC
Close date for submission of entries for Selection Trials	6, 7	19 April, 2022	TBC	TBC
2km Ergometer Test	2	See note 2	TBC	TBC
Underage Selection Trials	6 - 14	1 - 8 May, 2022 SIRC	TBC	TBC
World Rowing Junior Championships		27 - 31 July, 2022 Varese, ITALY	TBC	18 - 25 Aug, 2024 St Catharine, CANADA

NOTES:

1. Athletes are strongly encouraged to participate in domestic regattas, including the Athlete's State Championships.
2. ALL athletes seeking selection, whether by early selection at the National Championships or through the Under 19 Selection Trials, must submit a 2km ergometer result:
 - (a) For those seeking selection at the National Championships the ergometer must have been completed in the window 1 January – 17 March and submitted by 18 March through the state Pathway contact.
 - (b) For those wishing to attend the Under 19 Selection Trials, the ergometer must be completed on 18 April and submitted by 19 April through the state Pathway contact.
 - (c) All **2km Ergometer Tests** are to be conducted in line with Australian Rowing Team Ergometer Testing protocols, available on the RA website at <http://www.rowingaustralia.com.au/sports-science/rowing-testing-protocols/>. Tests must be completed under the direction of the state Pathway contact (contact details available at <http://www.rowingaustralia.com.au/contact-us/>). Performances will be assessed against the National Ergometer Benchmarks available at <http://www.rowingaustralia.com.au/sports-science/rowing-testing-protocols/>.
3. Those athletes wishing to attend the Under 19 Selection Trials are strongly encouraged to participate in the **National Championships**.
4. **Eligibility:** Athletes attempting selection in the Under 19 Team must be 18 years of age or younger on 31 December in the year of selection (*eg in 2022, athletes must be 18 years of age or younger on 31 December 2022*). Please refer to the Rowing Australia website for the full nomination and eligibility requirements for national team selection (<http://www.rowingaustralia.com.au/national-team-selection-information/>).
5. **Nomination:** Athletes and coaches wishing to be considered for Under 19 team selection must complete the online nomination form found on the Rowing Australia website (<http://www.rowingaustralia.com.au/national-team-selection-information/>) by 17:00 AEST on the date specified.
6. **National Under 19 Selection Trials entries:** All entries into the National Under 19 Selection Trials must be submitted through the Athlete's state Pathway contact to nfernandez@rowingaustralia.com.au by the date specified.
 - (a) The National Under 19 Selection Trials may include:
 - Grading Race
 - Small Boat Regatta – heats and finals
 - Further trialling and/or Speed Order Trial, to be by invitation, as determined by Selectors.
 - (b) Competing in the Small Boat Regatta is an optional element that athletes can choose to compete in, or not. It is important to note that the Selectors may consider results in this activity in determining further participation in the trialling process so athletes that choose not to compete do so at their own risk. Therefore, athletes that elect to compete in the small boat regatta will have a further opportunity to be considered for selection.
 - (c) Athletes may race in either a single scull or coxless pair in the small boat regatta.
7. Crews vying for selection in **coxed boats** must nominate their preferred coxswain at the point of entry. Under 19 coxswains will be selected with their crew should the crew be selected.
8. The Selectors reserve the right at their sole discretion to choose the crew combinations, seat racing partners and the matrix of seat racing in the U19 Selection Trials, and to conduct ergometer and such other tests as required in order for the Selectors to assess the specified selection criteria.
9. **Minimum Standard On-Water Performance Benchmarks**
 The **minimum standard on-water performance benchmarks** in each boat class under consideration for the Under 19 World Championships are as follows:

	UNDER 19 WOMEN	UNDER 19 MEN
1x	07:59.9	07:12.4
2-	07:37.8	06:51.7
2x	07:23.3	06:38.0
4+	07:17.5	06:30.3
4-	06:59.7	06:14.3
4x	06:45.8	06:03.9
8+	06:36.9	05:49.2

The minimum standard on-water performance benchmarks assume competition over 2km in neutral environmental conditions. Accordingly, the Selectors may make adjustment (if any) to the benchmarks for environmental conditions as they see fit by reference to speed order or comparative trials or races as decided by the Selectors in their absolute discretion (the **Adjusted Performance Benchmarks**). The Selectors may also use the Adjusted Performance Benchmarks to rank the performance of crews.

Achievement of the **Adjusted Performance Benchmark** does not guarantee selection. The Adjusted Performance



Benchmarks are the minimum on-water performance standards required for the Selectors to consider a boat for selection. The Selectors will not recommend selection of a boat to compete at the Under 19 World Championships unless a crew has achieved an Adjusted Performance Benchmark in that boat at or prior to the **U19 Selection Trials**.

If an athlete races in two or more boats that achieve an Adjusted Performance Benchmark at a selection trial, the Selectors have a discretion to nominate each boat if the boat with the replacement athlete or athletes demonstrates to the Selectors' satisfaction that it can achieve an Adjusted Performance Benchmark.

Podium Standard On-Water Performance Benchmarks

The **podium standard on-water performance benchmarks** for each boat class under consideration for the Under 19 World Championships are as follows:

	UNDER 19 WOMEN	UNDER 19 MEN
1x	07:54.3	07:07.5
2-	07:32.8	06:47.2
2x	07:19.0	06:33.3
4+	07:13.1	06:26.7
4-	06:55.3	06:09.9
4x	06:41.5	06:00.5
8+	06:32.5	05:46.1

The podium standard on-water performance benchmarks assume competition over 2km in neutral environmental conditions. Accordingly, the Selectors may make adjustment (if any) to the benchmarks for environmental conditions as they see fit by reference to speed order or comparative trials or races as decided by the Selectors in their absolute discretion (the **Adjusted Podium Benchmarks**). The Selectors may also use the Adjusted Podium Benchmarks to rank the performance of crews.

A crew that achieves the **Adjusted Podium Benchmark** and is determined to be the fastest combination in that boat class will be nominated directly to the Speed Order Trial. In determining the fastest combination in the boat class, the

Selectors may make adjustments (if any) for environmental conditions as they see fit.

The Selectors reserve the right to set minimum and podium standard on-water performance benchmarks specifically for shortened racing.

10. RA will announce (in accordance with the Selection Policy) the Australian Under 19 Team by no later than 5 days following the conclusion of the Selection Trials.
11. Participants selected to the Australian Under 19 team must pay a seat fee contribution for international preparation and competition. The seat fee will be advised to the Participant by RA as soon as practicable.
12. The Interstate Schools Pathway Eight activity does not form part of the selection process for the Australian Under 19 Team. Therefore, the winning crew for this event will not be considered for selection to the Australian Under 19 Rowing Team. Athletes who are participating in the Interstate Schools Pathway Eight activity and who also wish to be considered for the Australian Under 19 Team are required to nominate as per Note 5, to complete all activities specified in these Event Requirements and to compete in the Small Boat Regatta or Grading Race (see note 6).
13. The Selectors have the right of early selection of an athlete or athletes to the Under 19 Australian Rowing Team as a single sculler or a named crew following the National Championships and before the Underage Selection Trials, based on performances at activities listed in these Event Requirements up to the Underage Selection Trials. Only those athletes competing in Under 19 events at the National Championships may be considered for early selection under this Note 13.

It is important to note that these crews must achieve the Podium Standard On-Water Performance Benchmark and win their respective event in order to be considered for early selection in accordance with this Note 13.
14. The Under 19 Team Training Camps are mandatory for all Athletes and coaches named in the Australian Under 19 Team.