



University of New South Wales Rowing Club
Tarban Creek, Huntleys Cove, NSW, 2111, Australia

Head Coach - Part Time

The University of New South Wales Rowing Club (UNSWRC) is comprised of a range of University students, masters and community members. We are a diverse club with an inclusive culture, and have achieved significant growth and success over the past three years. We are looking for an enthusiastic Head Coach, who is keen to lead rowing at UNSWRC and build upon the strong foundations in place.

Scope:

This part-time role will provide intensive high quality training, coaching and competitive opportunities to UNSWRC rowers. This would include the delivery of a high quality rowing program which would allow for the continuation of high student participation and competitive results at the Club. The Head Coach will work together with other UNSWRC coaches, the UNSWRC Executive team and the broader club structure.

Responsibilities:

- Strategic planning & coordination of the club's rowing programme, with direct coaching of the Senior Mens & Womens Squads.
- Development and delivery of on-water, indoor rowing and weights training programmes.
- Commitment to coaching 4 on-water sessions a week, with attendance at Rowing NSW regattas, University Championships and UNSWRC camps
- Ensure that lines of communication are maintained between the coaches and squads regarding training sessions, crews, boat allocations and regattas.
- Ensure there is consistent improvement in individual and crew performance at the appropriate level
- Provide equal opportunity to all athletes to develop their ability and potential
- Assist the UNSWRC executive committee in an advisory capacity, as well as increasing student participation rates and retaining student numbers

Knowledge and Skills:

- Excellent technical knowledge regarding rowing technique, training/racing strategies, rigging, biomechanics and rowing physiology
- Well developed oral and written communication, and people management skills
- Experience in teaching correct weights technique

- Experience with injury prevention and management.
- Outstanding leadership & ability to manage, and mentor more than 40 active rowers, an assistant coach and several volunteer coaches.
- Sound administration and organisational skills
- Ability to develop a full season programme that can be clearly communicated to athletes

Personal Attributes:

- Self motivated - able to work independently and as part of a team
- Demonstrated ability to meet competing demands through effective prioritisation
- Demonstrated success in managing individual differences and group dynamics
- Demonstrated ability to exercise sound judgement, observe confidentiality and use discretion
- Clear decision-making
- Enthusiastic and able to motivate a wide range of members
- Demonstrated ability to delegate and lead a team of coaches

Requirements:

- Demonstrated coaching experience [preferably at a club level], or in lieu of club experience, a combination of school coaching and elite participation
- Level 1 NCAS accreditation [Level 2 preferred]
- Working with Children Check
- 'Provide First Aid' certificate
- NSW Boat Driver Licence
- Driver Licence + trailer towing ability [preferred]

An attractive salary is on offer for this position.

For further information or to submit your CV please email UNSWRC President, Jack Sargeant at president.unswrowing@gmail.com